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What would Walter say?



For many years, an evening ritual in American households would conclude at 7:30 p.m. with a TV sign-off: “And that’s the way it is. I’m Walter Cronkite. Good night.”

And in many houses across the country, mine included, viewers would reply, “Good night, Walter.”

Yes, there were other major news anchors in those days, but somehow Walter Cronkite stood out. Because he so scrupulously prepared his news broadcasts to ensure balance and accuracy, he rightly was a trusted figure — not just a reporter, but somehow a commentator in his own way on what was happening around the world and in our own country, reminding us at the same time of our responsibility and, really, of our better selves.

Yes, he reported the news of the day, but occasionally the news itself would overtake him and the very human side would show, as on the occasions of the assassinations of JFK, MLK, and RFK, and the moon landing. Those events that touched us as a nation were the ones that touched him deeply, and it showed. And very rarely, he broke through the veil of impartiality and told us what was truly his judgment — as when in 1968 he concluded the U.S. was “mired in stalemate” in Vietnam, he challenged us to “...negotiate not as victors, but as honorable people.”

Were Walter with us today, what would he make of the current political climate? A presidential campaign that is presidential neither in content nor in dignity. A polarization of special interests seeking to advance their positions at the expense of others. A media often more concerned with drama and sensationalism than with the conveying of timely and important information. A society where “compromise” is equated with sell-out. And communities unwelcoming of those desperate and homeless. Might he break the restraint of impartial reporting and challenge us once again to be “honorable people”?

Not many watch network news these days, much less talk back to the anchors — this because the news is with us 24/7, and to keep interest up, the drama and flourish must escalate. But what is lost in this sea of unlimited news aggregators, special interest outlets and social media options is anything remotely resembling a shared forum of respectful discourse.

And, yes, there are times when I also wonder what that other Walter (the one from Peterborough) would say as well these days.

Stephen Reno is the executive director of Leadership New Hampshire and former chancellor of the University System of New Hampshire. His email is stepreno@gmail.com.



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 49 Hollis St., Manchester, N.H. 03101
 P 603-625-1855 F 603-625-2422
 www.hippopress.com
 e-mail: news@hippopress.com

EDITORIAL

Executive Editor
 Amy Diaz, adiaz@hippopress.com

Managing Editor
 Meghan Siegler,
msiegler@hippopress.com, ext. 113

Editorial Design
 Ashley McCarty, hippolayout@gmail.com

Copy Editor
 Lisa Parsons, lparkers@hippopress.com

Staff Writers
 Kelly Sennott
ksennott@hippopress.com, ext. 112
 Allie Ginnwala
aginnwala@hippopress.com, ext. 152
 Angie Sykeny
asykeny@hippopress.com, ext. 130
 Ryan Lessard
rlessard@hippopress.com, ext. 136

Contributors Sid Ceaser, Allison Willson Dudas, Jennifer Graham, Henry Homeyer, Dave Long, Lauren Mifsud, Stefanie Phillips, Eric W. Saeger, Michael Witthaus.

To reach the newsroom call 625-1855, ext. 113

Listings
 Arts listings: arts@hippopress.com
 Inside/Outside listings: listings@hippopress.com
 Food & Drink listings: food@hippopress.com
 Music listings: music@hippopress.com

BUSINESS

Publisher
 Jody Reese, Ext. 121
jreese@hippopress.com

Associate Publisher
 Dan Szczesny

Associate Publisher
 Jeff Rapsis, Ext. 123
jrapris@hippopress.com

Production
 Katie DeRosa, Emma Contic,
 Kristen Lochhead, Haylie Zebrowski

Circulation Manager
 Doug Ladd, Ext. 135
dladd@hippopress.com

Advertising Manager
 Charlene Cesarini, Ext. 126
ccesarini@hippopress.com

Account Executives
 Alyse Savage, 603-493-2026
asavage@hippopress.com
 Katharine Stickney, Ext. 144
kstickney@hippopress.com
 Roxanne Macaig, Ext. 127
rmacaig@hippopress.com
 Stephanie Quimby, Ext. 134
squimby@hippopress.com
 Tammie Boucher, support staff, Ext. 150

Reception & Bookkeeping
 Gloria Zogopoulos

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ON THE COVER 12 TACO NATION

Have you ever tried a traditional, authentic taco? Have you gone vegan with a tofu taco, or ended a meal with a sweet ice cream taco? Hard shell or soft, meat or no meat, sweet or savory — tacos are so versatile it’s impossible not to find a combo you like. Check out what local taco-makers are serving and where they get their inspiration.



ALSO ON THE COVER, it’s no coincidence that we’re talking tacos just in time for Cinco de Mayo — and the annual Hippo de Mayo Taco Tour Challenge, happening that day. Find out what kinds of tacos downtown Manchester restaurants are serving up for the event on pages 36 and 37. Plus, the 15th annual Free Comic Book Day is Saturday, May 7. Check out what’s happening at local comic book stores on p. 53.

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9:00am-10:30am **ASHTANGA PRIMARY SERIES**
5:30pm-6:30pm **BARRE**
TUESDAY
6:00am-7:00am **YOGYAM**
11:45am-12:30pm **POWER LUNCH SERIES**
5:30pm-6:30pm **HOT YOGA**
7:00pm-8:00pm **GENTLE YOGA FOR WEIGHT LOSS**
WEDNESDAY
9:00am-10:15am **FITNESS FUSION YOGA**
11:45am-12:30pm **POWER YOGA FLOW**
5:30pm-6:30pm **FITNESS FUSION YOGA**
THURSDAY
6:00am-7:00am **HOT YOGA**
8:00am-9:00am **GENTLE YOGA FOR WEIGHT LOSS**
7:00am-8:00am **YOGALATES**
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11:45am-12:30pm **POWER LUNCH SERIES**
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Drug take-back

Just two days before the 11th National Prescription Drug Take Back Day, in which many local police stations participated on April 30, the state Senate passed a related bill, killed another and delayed voting on a third.

The Union Leader reported the Senate voted to approve a plan allowing residents to return extra prescription medications, including opioids, to pharmacies. Proponents argued it made more sense than the few times a year when folks dropped off the pills at police stations. But a bill that would have required police to accept illicit drugs like heroin and drug paraphernalia during drug take-back days was voted down. Opponents argued it would have removed disincentives for addicts and dealers to use or deal illicit substances because, under the bill, those returning illicit drugs would be given amnesty from prosecution. Some police departments accept unused drugs year-round.

Voting on a third bill that would enable needle exchanges by making it no longer a criminal offense to possess a used needle with trace amounts of a controlled drug was put off for another week. The bill would also remove syringes from the state paraphernalia prohibition and allow clean syringes to be sold at retail stores other than pharmacies. Its sponsor, who is

also a physician, says enabling addicts to safely dispose of used needles and easily obtain clean ones is a proven method of reducing the spread of serious diseases like AIDS and hepatitis C.

Last year, the U.S. Drug Enforcement Administration collected more than 67,100 pounds of unused prescription drugs at nearly 600 drop sites during Drug Take Back Day.

Ashooh PAC

A new super PAC called Granite Voices has been set up to raise and spend money in support of Republican congressional candidate Rich Ashooh, who is running for incumbent Frank Guinta's 1st District seat. The Union Leader reported Matt Mowers, the former state director for New Jersey Gov. Chris Christie's presidential campaign and a former director of the state GOP, is the general consultant for the PAC. Mowers said the Granite Voices PAC would raise significant funds and invest them in targeted ads, mailers and grassroots engagement. Ashooh and Guinta are the only Republicans in the Sept. 13 primary so far, after state Rep. Pam Tucker suspended her campaign on May 2. Guinta defeated Ashooh, a former executive at BAE Systems and director of the Rudman Center at the UNH Law School, during his first congressional race in 2010.

Dems for District 1

The race for the Democratic nominee who would vie for Frank Guinta's congressional seat has taken a strange turn. NHPR reported Bedford businessman Shawn O'Connor has accused former Congresswoman Carol Shea Porter of starting a whisper campaign against him, based on the rumor that O'Connor has been accused of domestic violence. He discussed the incident in question on WMUR and said he was the victim of domestic violence, not the other way around, and at one point left the house on a stretcher. State Senator David Pierce said he heard the rumor from someone close to Shea-Porter but doesn't go as far as saying it came from her. After O'Connor threatened to sue the state Democratic Party, the party lawyer responded with

an open letter saying O'Connor asked to be paid to leave the race. In a written statement, O'Connor denied that and further accused the party lawyer of implying he'd get O'Connor arrested on trumped up charges.

Drone bill

A House-passed bill to regulate drone use and preserve privacy was given initial approval by the Senate. The Union Leader reported that the bill would require personal and government drone operators to get written permission from landowners when flying over their property at an altitude lower than 250 feet. The same limitations would apply to law enforcement, though they can use drones to search property if they have a court warrant. The bill would also make flying drones over correctional facilities illegal, as some drones have been used to smuggle items into prisons.

NH board game

Two men from Keene are raising money on Kickstarter for a satirical board game based on the presidential campaign season. NHPR reported Blake Amacker and Stephen Polzwartek created the game "Trunks 'n Asses," which they describe as a cross between Candyland and Cards Against Humanity or Apples to Apples. Players are presidential candidates and they progress on a board based on cards won (referred to as delegates) when their completed sentence is selected. An added element, chance cards, can either be a

A new fire chief was sworn in for the town of **Hooksett**. The Union Leader reported James Burkush, who served at the Manchester Fire Department since the 1970s and as chief since 2008, will start in Hooksett after retiring from Manchester and receive \$99,000 annual pay for 30 hours a week on top of a \$140,000 annual pension.

The two peregrine falcons living in the human-built nest atop the Brady Sullivan tower in **Manchester** are now parents to at least three baby falcons with one more egg still unhatched at press time. The falcon mother started laying the eggs in late March to the delight of live webcam viewers, and they began to hatch May 1.

A **Salem** official is fighting to keep his job amid allegations he released confidential information about an internal police investigation. The Union Leader reported the majority of town selectmen are trying to oust Selectman Stephen Campbell for sharing a confidential letter with the press in 2014.

A dusky pionus parrot named Falcon has been lost since April 27. She is likely within two to five miles of her Mudgett Hill Road home in **Loudon** and can be identified by her smoke-alarm-like call and uncanny R2-D2 impression. The bird was still missing as of Tuesday morning but was spotted May 1, her owner told the Hippo.

To help alleviate the cost of an annual hazardous waste collection event in **Derry**, the town received a state grant of \$6,012. The Union Leader reported this year's collection event will take place on May 14 from 9 a.m. to noon at West Running Brook Middle School.

scandalous setback to your campaign or a surprise boost.

Dispensary

The first medical marijuana dispensary to begin operations in the state opened its doors April 30. According to the announcement by Sanctuary ATC in Plymouth, only those with a state-issued Therapeutic Cannabis Card and a valid photo ID can enter the facility. NHPR

reported a second dispensary operated by Temescal Wellness is on track to open soon. Temescal will open two locations in different regions of the state. The third and largest dispensary, operating in the Merrimack Valley area, Prime ATC, is behind the others because it had to move its cultivation location. It's still renovating the facility, which it must do before the state gives it permission to grow cannabis.

Clarification

In the April 28 story "Measuring solar," environmental activists were quoted saying Manchester could provide households and businesses with an incentive for solar by adopting a tax-neutral program, which ensures solar panels won't result in raised property taxes. Manchester also didn't appear on a statewide list of towns that had adopted this program through 2015. But Manchester did adopt a tax-neutral program in February of 2015, according to Robert Gagne, the city's top assessor. However, since his office has yet to establish a formula to calculate solar value, no one has received any tax exemption yet, or tax increase for that matter. Assessors will work with a third party company to establish a valuation scheme by later this summer, according to Gagne.

BEST WEEK



The National Science Foundation awarded a significant grant to the University of New Hampshire to foster scientific innovation and commercialization. The Union Leader reported the \$300,000 Innovation Corps Site Grant is very exclusive and is used to support entrepreneurialism and the commercialization of federally funded research. One possible example of this, according to UNH Innovation Director Marc Sedam, would be marketing existing sensor technology to oyster farmers so they can detect illness-causing bacteria before the shellfish go to market. Sedam says he's working with the business school to bridge that gap between scientific discovery and developing products that can solve everyday problems.

WORST WEEK

BOW WELL OWNERS

Based on the results of a new water study in Bow, high salt and arsenic levels in some residents' wells could be causing problems. The Union Leader reported the study found wells installed prior to 1984 had corrosive water that could contain lead from pipes, while wells built after '84 had high levels of arsenic and uranium. The affected part of town is the Brown Hill Road area, where residents complained of water corrosion in 2013, prompting the study. It's believed salt from road treatment and other sources is seeping into old wells because they were built before standards were in place that required the wells be sealed in bedrock. Newer wells had casings sealed into the bedrock through which the arsenic and uranium can seep.

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Megan



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Namaste Nashua

How a large Indian population is making waves in the Gate City

By Ryan Lessard
news@hippopress.com



Latha Mangipudi

The largest population of Indians living, studying and working in the Granite State can be found in Nashua, and Indian leaders active in the city say the group represents a significant asset to the area's economy, culture and civic life.

Population shift

When Latha Mangipudi came to Nashua with her husband and 1-year-old daughter in 1989, they packed light.

"My husband and I came with two suitcases in our hands and I had my master's in speech and hearing and he had his bachelor's in engineering," said Mangipudi. "So education and hard work is the two trump cards that we hold in our hands."

Both are active in the community through the Rotary Club, the Greater Nashua Chamber of Commerce, Great American Downtown and other organizations. Mangipudi, after a stint as a school board member between 2002 and 2005, was elected to the state House in 2013 through a special election. She was reelected in 2014 for her first full term.

Mangipudi was the first Indian American to hold elected office in New Hampshire, and she says she's still the only one. Over the years, she's been a voice for a minority group the city could no longer call small.

"When you look at the state of New Hampshire, the largest ... Indian population is in Nashua," Mangipudi said.

When she first moved to the city, she says, only about 350 Indians lived there. Today, U.S. Census Bureau data through 2014, which includes immigrants, citizens and visa workers, suggests about 3,353 now live there, an increase from 1,506 in 2000 and 3.9 percent of the total city population. Indians also make up the second-largest minority in Nashua after Hispanics as a whole, but the largest compared to Mexicans and Puerto Ricans separately.

Only Conway — with an estimated 64 Indians out of a population of 1,232 — has a higher percentage in the state. Manchester doesn't come close to Nashua, with only 0.6 percent of the population identified as Indian in the latest census. Black, Hispanic and other Asian groups all outnumber the estimated 679 Indians who call the Queen City home.

With the Indian population growth in Nashua doubling between 2000 and 2010,

Great American Downtown Director Paul Shea believes it's already exceeded 4 percent of the city's population, and maybe 5 percent.

While the Nashua School District does not track the number of Indian students in the classroom, administrators said anecdotally that most schools, and Bicentennial Elementary School in particular, have a high number of Indian students. Principal Kyle Langill confirms this.

"We've seen a steady shift in that direction," Langill said.

She says the Indian community has enriched the school's community and made the school more special.

Why Nashua?

Mangipudi says Indians settling in Nashua are active in the area's booming technology and healthcare sectors. Kedar Gupta, the founder and CEO of ARC Energy in Nashua, echoes that.

"Indians are very technically oriented people. The people who come from India here, they are the cream of the crop in India. Highly educated. Then their children ... here are highly educated," Gupta said.

And he says the city's proximity to Boston is also a huge draw.

"Nashua being close to Boston helps because a lot of ... people [are] working in the Boston area, [which is] a very technically oriented place," Gupta said.

Chamber of Commerce President Tracy Hatch noted how tightly interconnected the Indian community is.

"They came here to Nashua and brought family members, brought colleagues, brought friends, and it's been here in Nashua for a while," Hatch said.

Giving back

A number of recent events have highlighted the role the Indian community plays in the Gate City.

"They have so much to give back to the community and they are looking for opportunities to do that," Hatch said. "Anything we can do to help the community as a whole understand cultural differences and embrace them rather than seeing them as a barrier is a positive thing."

Mangipudi worked with community organizers to start the annual Indian Independence Day celebration in Nashua in August 2014. She said Boston's Indian Independence Day celebration attracts 5,000 to 10,000 people each year. Her long-term vision is to evolve the celebration into an Indian food and health-centric festival, which would showcase both south-Indian and north-Indian cuisine as well as the health benefits of yoga and other

homeopathic remedies popular in India.

Last year, she helped incorporate elements from the Hindu festival of lights known as Diwali into the Holiday Stroll. The Indian diya, or lamp, was drawn into the stroll logo, and they were distributed for people to carry during the stroll and keep as souvenirs.

Plus, Mangipudi said, the Indian community is a driving force for economic prosperity.

"[There are] over 100 businesses started by Indian Americans in the greater Nashua area," Mangipudi said.

Beyond tech firms, those businesses represent medical and dental practices, hairstylists, jewelry retailers, restaurants, convenience and food franchises and grocery stores.

Food

There are about four Indian restaurants in Nashua, each representing different sides of India's culinary traditions. India Palace provides a north-Indian menu with some Asian fusion meals, while Udipi offers more of the vegetarian south-Indian cuisine, like the dosa (a sort of crepe). There's also Taj India in downtown Nashua and the Kurry Masala Express, which offers Indian fast food.

Some of the local grocery stores and food markets have been expanding their produce selections and importing some prepackaged Indian foods. Mangipudi said even major chains like Market Basket, Hannaford and Whole Foods are responding to Indian-centric demand with things like thin Chinese eggplant, plantains, curry leaves and coconut.

Cultural impact

Next, Mangipudi hopes to start a New Hampshire chapter of Saheli, a South Asian domestic violence prevention coalition.

And she's already in talks with the mayor of Nashua and the mayor in her hometown of Mysore to officially partner the two as "sister" cities. Mangipudi hopes the Indian sculptor coming to the ninth annual Nashua International Sculpture Symposium (May 12 to June 4) will bring with him a sister city invitation letter from the mayor of Mysore.

Over the years the Nashua Public Library has expanded its offering of Hindi literature, Indian music and Bollywood films, and they are used frequently by community members today, according to Mangipudi.

In March 2015, Chunky's Cinema & Pub hosted a live broadcast of a One Day International cricket match from midnight into the early morning, due to the time difference.

This year, organizers of the Downtown Dinner & Movie Series (hosted by the Nashua Chamber of Commerce) plan to include a Bollywood movie among the films screened outdoors. 🍿

Gas to power your home

DEKA perfects base generator technology

By Ryan Lessard
news@hippopress.com

The Stirling engine concept celebrates its bicentennial this year, just in time for people to start learning what the heck a Stirling engine is and how it could be the missing link in home electricity generation. New Hampshire inventor Dean Kamen and his R&D firm, DEKA, have been tinkering with the engine for decades and say it's finally coming of age now that engineers have overcome longstanding efficiency problems.

Regeneration

Invented in 1816 by its Scottish namesake, Reverend Robert Stirling, the Stirling engine was developed as an external combustion engine to rival steam engines.

The way it works is actually very simple. One end of the engine is cold while the other is hot, and the air (or another gas) in between moves pistons from the expansion and contraction of the air caused by the interplay of hot and cold. The process is considered "external combustion," as it's the heat, not the pressure from the small explosions harnessed by internal combustion engines, that powers it. Jim Scott, DEKA's head of business development, says that's what makes it a cleaner source of energy.

"The beauty of a Stirling engine is its external combustion," Scott said. "This is more like a gas burner on your stove."

One of the things that makes Stirling engines unique is that the excess heat produced by the engines can be recaptured, stored and reused for energy — a process called regeneration.

Over the generations that followed, small improvements were made, like using different gasses. But it was not efficient enough to compete with new internal combustion and electric engines.

That's where DEKA comes in.

"I can tell you the Stirling cycle has always been a passion for ... Dean Kamen," said DEKA Executive Vice President Brian Toohey. He said Kamen has long been enchanted by the technology's potential for environmental friendliness, longevity and applicability in vehicles and homes.

Scott estimates there have been about 20 generations of Stirling engine prototypes going back about two decades.

In 2008, Kamen unveiled a Stirling engine-powered hybrid car, but the focus now is on creating base generators for homes, apartment complexes and small businesses.

Through a partnership with NRG Energy, DEKA designed and assembled about 20 prototypes of the current iteration of generators,

which Scott says have an overall efficiency greater than 85 percent when used for both power and heat. In other words, it can cut down overall fuel use and greenhouse gas emissions by about 20 percent.

It uses helium gas as the "working fluid" and the burner is fueled by natural gas, though Toohey says it's designed to work with propane and home heating oil as well.

Evolution

Toohey said the advances DEKA made to the Stirling engine that fixed inefficiencies did not come from one major invention.

"It has to do with the use of certain materials. It has to do with the types of gasses involved and the whole range of the types of fuels that are used — a whole range of items," Toohey said.

DEKA folks think the NRG generator, which produces up to 10 kW, is going to be just the right size and capacity for the market they're aiming for: distributed energy production.

People interested in weaning their home or business from its dependency on the grid have turned to solar panels and, in some cases, windmills. But those both suffer from being intermittent sources of power that dry up when there's no wind or sunlight.

Toohey says a Stirling engine could fill that gap.

"Ideally, ours could be a solution to enable distributed energy in a way where you don't have the intermittency problem," Toohey said. "Our system, we believe ultimately, could be the glue that sort of brings those things together, because when those aren't available, you can use propane or natural gas or any sort of fuel to create electricity."

While no one can say what the price for such a generator will be just yet, Toohey says it will be competitive once it's mass-produced, which is something he hopes will happen soon.

Coming to a government building near you?

Legislation approved by the New Hampshire House (pending a committee vote) would allow one of the NRG-branded generators to power and heat a to-be-determined government building as a test and public demonstration.

"We do appreciate Sen. [Jeb] Bradley's initiative on this legislation. It's something that we'd like to [try] here in New Hampshire and improve it here in New Hampshire," Toohey said. "We think it's a great initiative with zero cost to the state [to] demonstrate advanced New Hampshire technology and take us to another level of energy development."

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New Wolfman

Longtime actor fills famous role at Clark's

Larry Vigus of Barrington is the newest Wolfman at Clark's Trading Post in Lincoln, playing the role of an old, unkempt and ornery hermit who lobs hillbilly insults at the passing tourists riding the White Mountain Central Railroad.

Q: *Can you explain what you will be expected to do as the new Wolfman?*

I think the important thing is to amuse, excite and entertain the guests, primarily the children. ... I'm going to drive a car, I'm going to scare people, I'm going to jump up and down, I'm going to make people laugh. ... Among the tasks that I need to do that might be interesting is, I have to watch for sparks from the train... make sure everything is safe before the train trips start, I have to walk the curves, and I also have to do what they call "greasing the corners." ... So I go around with a grease bucket and I check the rails and I grease the corners, which I think is a great expression. I'll also, of course, be taking care of my car, which takes a little bit of TLC because it's cobbled together from a bunch of different automobiles over the years. ... There's some [standard lines] that are always expected and some of them go as long ago as the first Wolfman. ... I will be very careful not to use any profanity... but it will be kind of colorful language [like, for example] "You slope-nosed lily-livered flatlander! You pigeon-lickin' city slicker! Get on back where you belong!"

What is your most recent job?

I am currently on staff at Boston College. I teach in the theater department. I work in technical theater as well as a little bit in the other areas. I have the sort of most amazing office at Boston College because it's full of things like deer skulls and fake seal heads and paintings and banners and model airplanes and model boats and there's Einstein's bust and there's a Complete Works of Shakespeare Illustrated and there's a Buddha and there's a crucifix and a picture of Kennedy and a picture of James Dean. ... When I worked as a prop master in the film business, I used to try to explain to people that the props man is in charge of anything that moves on the screen that isn't an actor.

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Five favorites

- Favorite Book:** *The Complete Works of Shakespeare*
- Favorite Movie:** *Miracle on 34th Street*
- Favorite Musician:** John Prine
- Favorite Food:** Ice cream
- Favorite Thing About NH:** The White Mountains and the ocean



Courtesy photo.

what I do in the winter. I'm Santa Claus. So, it's sort of the equal opposite of Wolfman. Wolfman is like Santa Claus' secret identity and vice versa [laughs].

What other sorts of things did you put on your resume when you applied for the role?

Well, I've been an actor for over 40 years. That alone kind of got them interested, but I think it was more the personal appearance, the actual being there that made the difference. I've done a lot of improvisational entertainment, like you do in an improv club, but also like you do at corporate entertainment dinner theaters, mystery theaters. I helped develop the Mystery Train in southern California that used to go from Los Angeles to San Diego or Los Angeles to San Francisco with stops on the way. So that improv background, that improv training to make it up as I go along, to work with people face to face, moment to moment is really something that's really valuable in this kind of characterization. If you're just doing lines, you're not going to reach the people. You've got to tailor the lines to the individual moment and to the response you're getting.

What first got you interested in this kind of work?

[It's] kind of a great story. My first commercial, I was picked up as a little kid in the Midwest, in Ohio, to be on a paid political announcement as a young man, part of the typical Ohio family who would vote for the Democratic candidate who happened to be JFK. So we went to the little TV studio, filmed the commercial and JFK came in and shook hands with all of us — my fake mom and dad and my fake little sister. So that was pretty exciting and that was probably the first little slice of fame that made me think "this is pretty interesting." — Ryan Lessard

QUALITY OF LIFE INDEX

Fewer homeless

According to a press release by the New Hampshire Department of Health and Human Services, the number of homeless people counted in the state during the annual one-day count is the lowest it's been over the last five years. The total count of 1,317 homeless is a 9-percent decrease from 2015. The survey found that the share of homeless people staying in shelters decreased by 16 percent compared to last year and the number of unsheltered homeless people increased by 8 percent. The total number of folks staying with friends and family is 26 percent lower than last year. Of the adults surveyed, a third self-reported a mental illness, slightly more than a third reported a substance abuse issue, 25 percent were chronically homeless and 11 percent (123 individuals) were veterans.

QOL Score: +1

Comment: *The biggest decline was in the number of homeless veterans, which saw a drop of 34 percent.*

Parents in prison

A recent study shows there are more than 15,000 children in the Granite State with parents in prison, which is about one kid for every 20 living in the state. The report by the Annie E. Casey Foundation was called "Shared Sentence" and covered data from 2011 to 2012, shortly before the opioid epidemic in New Hampshire took shape. NHPR reported New Hampshire Kids Count is calling for more resources to help this population of children. Advocates say kids of incarcerated parents suffer traumatic effects similar to those experienced by victims of abuse.

QOL Score: -1

Comment: *Having an incarcerated parent also has an effect on household finances, which, in turn, affects the child's nutrition and health care.*

Haddock for all

Good news, New Hampshire fishermen — you're now allowed to catch five times more haddock than last year. The bag limit change from 3 to 15 went into effect Sunday, according to WMUR, due to haddock population recovery. The seasonal closure period for haddock has also been shortened from March 1 to April 14 annually.

QOL Score: +1

Comment: *It's the best-tasting fish, in QOL's opinion.*

More water issues

A study has found drinking from private wells in New Hampshire might have contributed to an elevated risk of bladder cancer, according to WMUR. The National Cancer Institute released the results of a study Monday that looked at populations in New Hampshire, Maine and Vermont and found people who drank the most water from private wells had almost twice as much risk of getting bladder cancer as those who drank it the least. Researchers also found bladder cancer is 20 percent higher here than in the rest of the country, as dug wells, especially those put in before the 1950s, can contain arsenic.

QOL Score: -1

Comment: *As such, the state recommends getting wells checked every few years. According to the story, the presence of arsenic can happen naturally, or it could come from pesticides that were used on crops from the 1920s to the 1950s.*

QOL score: 61

Net change: 0

QOL this week: 61

What's affecting your Quality of Life here in New Hampshire? Let us know at news@hippypress.com.

75

50



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SPORTS DAVE LONG'S LONGSHOTS

Celtics report card has arrived in the mail



Well, that's all she wrote for your Boston Celtics after an uneven, at best, end to their season, which consisted of a brutal two-and-a-half-game stretch in the final three regular-season games producing a bad loss in Atlanta, a worse one at home vs. Charlotte and one of the worst halves I've ever seen vs. Miami, followed by an amazing second-half comeback from 25 down to win.

The win, however, turned out to be the worst thing that could've happened. It created a four-way tie between the Hawks, Heat, Hornets and Celtics, bringing tie-breakers into play that once seemed less likely than **Kelly Olynyk** playing big in the playoffs. As a result they fell from the three seed to six, to cost them home court advantage in Round I and putting them in the worst match-up they could get vs. Atlanta. Then they lost two in Atlanta while losing **Avery Bradley** for the series, before a rousing we're-not-gonna-get-swept effort in Game 3 and inspirational comeback win in Game 4. Mixed in was 42-point night by (the good) **Isaiah Thomas** in Game 3, which was the most points scored in a Celtics playoff game ending in regulation since **John Havlicek** in 1972 and more than **Larry Bird** ever had in a playoff game. Then came two routs and it was over.

The end result left a few things pretty clear. As I said two weeks ago, when the end comes it will be because they can't make threes and they'll keep taking them anyway. By shooting a third-most-in-the-playoffs 31.5 per while hitting at an awful 27.1-percent clip, check to that. Plus the energetic punk that made them such a nightly tough out during the rigors of the regular season wasn't as big an advantage when teams had the same rest between games. And that was clearly the case, because Boston, not Atlan-

ta, looked like the tired team at the end of the series. It's also clear they're still a work in progress that needs another 20-a-night (or close to it) scorer to prevent teams from running three guys at Thomas like Atlanta did after he scored those 42. They also need a bigger defensive and rebounding presence in the middle. I like **Jared Sullinger**, who had a mostly terrible series, but he's too small to be a center and more suited to come off the bench.

Having said all that, I mostly like what I saw as **Brad Stevens** pretty much wrung every drop out of what they had to give, which is all fans should ask for. I said 45 wins and a playoff series win would make it a successful year. They got the first, but just missed the former. But I do wonder what happened in the final 10 days — fatigue, a bad patch at an inexplicable time, a hint that not all of the current band will rise to the occasion when needed or they just played teams that were better during the stretch.

Whatever the answer is, it's time for **Danny Ainge** to flip the page to first assess which of those things are behind the way the season ended, make a plan to correct that, and find a lucky charm that actually will deliver some luck on lottery night for once. Then they need to use the draft, free agency and summer trades to add the couple of quality players still needed to become a real contender.

Now, much to the delight of my NBA-loving friend **Dick Lombardi**, we'll have to make the overall report card in two parts. Today we'll hand out grades for the team overall, with player grades coming in a few weeks.

Team Play: They move the ball and being sixth best in assists shows they share it. Even when Isaiah took a boatload of shots vs. Atlanta it was because his teammates knew they needed to rely on him. **Grade: B+**

All-Around Scoring: Consistency from player to player is not a strength and that

needs to be addressed. It's also why (along with bad three-point shooting) they lost so many double-digit leads. They did score a sixth-best 104 points per game. But total points are often a function of pace, not necessarily great offense. They have some scorers off the bench, and while it comes sometimes, when Thomas is off, you're never quite sure where the points will come from. **Grade: C+**

Three-Point Shooting: They were second worst in the league and have six guys shooting under 30 percent. And their best three-ball shooter is a 6'11" glider, which makes me nuts for another reason. **Grade: F**

Defense: They led the league in opponent turnovers and held teams to a fourth-best 33.6 percent on threes. I love their perimeter defenders because in a three-ball league you need people who can play one on one beyond the line. In **Jae Crowder**, **Avery Bradley** and **Marcus Smart** they have three who do that exceptionally. That's why they played Golden State tough twice. When inside scoring is included they slide to seventh-best, so where they need help is down low. But that has to do with size, not lack of fight. **Grade: B+**

Rebounding: Sullinger was the leader at eight a game, which is one of the reasons I like him and they rebounded well as a team. Generally a sign of good coaching. Overall they were sixth best at 44.9, but if they can acquire a dominant rebounder that would make them much better. **Grade: B**

Hustle: They're primo in this department. They still keep doing it when many other teams coast when playing their fourth game in six nights. **Grade: A**

Entertainment Quality: All the blown double-digit leads make me nuts, but as that Miami game and others show, they never gave up. I love that type of fight in a team. They are Patriots-like in that regard. **Grade: A-**

Email Dave Long at dlong@hippypress.com.

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Lavigne's 3-homer day

High School Baseball Question of the Week: When was the last time a New Hampshire high school baseballer hit three homers in a game as Bedford's **Grant Lavigne** did in a 15-7 win over Rochester just after our deadline last week? Can't remember seeing that, which makes it a pretty rare feat.

Sports 101: Three players are tied for having hit the most game-winning walk-off homers in their careers. How many can you name? Hint: The stat has only been recorded since 1950.

No-No Nallette Award: It honors the week's no-hitters, named after a Trinity hurler who shared one last week, to Memorial lefty **Grant Corbett**, who hurled a no-no in the Crusaders' 7-0 win over Keene when he struck out six and walked two.

Justin Tyme Award: For the two-run, top of the seventh inning homer hit by **Caitlyn Fletcher** to give Bedford the boost it needed in a back-and-forth 9-7 win over Memorial when **Avery Stalling** knocked in three for the Crusaders.

Knick of Tyme Award: To Trinity's

Dylan O'Sullivan for his seventh-inning walk-off sac fly that knocked in **Cam Gagnon** for a 4-3 win over Salem.

Knick of Tyme II: To **Makayla Reed** and **Madison Leavitt** where the former tripled with two outs in the bottom of the seventh and then scored on Leavitt's game-winning double to give Memorial an 11-10 win over Dover in NHIAA softball action.

Sports 101 Answer: The record for most career walk-off homers is 12 and was earned by Hall of Famers **Frank Robinson** and **Mickey Mantle**, along with soon to be famer **Jim Thome**.

On This Date – May 5: 1935 – Jesse Owens of the U.S. sets long jump record at 26' 8½". **1966 – Willie Mays** becomes National League and SF/NY Giants all-time home run leader by hitting his 512th career bomb to pass New York Giants star **Mel Ott**'s 511. **1969 – In Bill Russell and Sam Jones'** final game, the Celtics leave L.A. owner **Jack Kent Cook**'s celebratory balloons hanging in the rafters of the L.A. Forum by taking take Game 7 over the Lakers of **West, Baylor and Chamberlain** for Russell's 11th title in 13 years. 🐼

The Numbers

5 – consecutive batters to get hits before an out was recorded as Pinkerton sent 15 to bat in the top of the first while scoring 9 runs in an 11-1 mercy-rule-shortened win over Alvirne.

6 – goals scored by **Michael Chiasson** to lead Derryfield's 21-3 lacrosse assault on Central when **Jon Maclean** had three more as the Cougars moved to 5-0.

16 – runs scored by Der-

ryfield in their first win of the year in a 16-0 decision over Hinsdale as **Miles Fey, Harrison Mahan and Richie Tarpey** each had two hits.

18 – runs scored on 12 hits by the Goffstown softball team in an 18-3 win over ConVal when the key blows were back-to-back homers by **Melissa Mullen** and **Kate Misiorski**.

22 – margin of victory and goals scored when Bishop Guertin ran away from the

Memorial laxsters 22-0 to stay undefeated at 7-0 as **Kate Bradford, Madison Gilbride and Kayli Kennan** each had three goals in the win.

61 – runs scored for the rampaging Bedford baseball team during a five-game winning streak after beating Trinity 10-6 on Friday when the aforementioned Lavigne boosted the OBP with a single and three walks while **Connor Lee** and **Ryan Linehan** each had two hits and scored twice. 🐼

Sports Glossary

John Havlicek: Sort of forgotten Celtics great and franchise team leader in points, games, minutes, and positions played. Arguably hit the NBA's highest degree of difficulty clutch shot ever, on the fastball banker off the glass that temporarily gave the Cs a late lead in the second OT in their 1975 classic triple-OT game with Phoenix. Also was the last cut as a wide receiver of the Cleveland Browns after leaving The Ohio State, where his best bud was sixth man **Bobby Knight**.

1975 Classic Triple-OT Game: Hondo's fastball banker came just before **Garfield Heard**'s top-of-the-key rainbow sent it to OT-3 and almost gave play-by-play announcer **Brent Musburger** a stroke. The game also saw **Jo-Jo White** score a game-high 33 and buried-deep-on-the-bench rookie **Glen McDonald** score the game's two key buckets after everyone else fouled out, and referee **Richie Powers** was attacked at mid-court by a deranged fan probably because so many locals fouled out!

Larry Bird: President of the Indiana Pacers who got run out of the playoffs by Toronto to a game after **Danny Ainge**'s Cs went down. Throw in **Kevin McHale** getting fired in Houston after 10 games, it's safe to say 2015-16 wasn't a great year for Celtics alums currently active in the association.

The Good Isaiah Thomas: Diminutive Celtics point guard stolen from Phoenix in a trade deadline deal last February, as opposed to the dastardly leader of the cheap-shot '80s-'90s Detroit Pistons.

This Week - Strategies For Selling A Home



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Taco Nation

WHERE TO FIND CRAZY FLAVOR COMBOS AND MORE TRADITIONAL TASTES



With so many variations — hard shell or soft, meat or no meat, spicy or sweet — it would be tough for even the pickiest eater not to like *some* kind of taco. There are traditional tacos (which may not be what you think they are), fish tacos and wacky tacos that can be made up of, well, anything, really. You could even have a tofu taco for dinner and an ice cream taco for dessert. Whatever flavors you crave, there's a taco for you, whether it's one you can get at a local restaurant any day of the week or a taco made just for the Hippo de Mayo Taco Tour Challenge, happening Thursday, May 5. (Check out the map on p. 36 to find out what tacos are available where and how to vote for your favorite!)

TACOS TRADICIONALES

Original Mexican tacos are not what you think

By Ryan Lessard
news@hippopress.com

Hold the lettuce, cheese and sour cream. Hard shells? No thank you. They have no place on traditional tacos.

HELLO CILANTRO, GOODBYE SOUR CREAM

The chef and owner of Taco Beyondo in Hillsborough, Adam Mosher is relatively late to the taco game, and the classically trained upscale chef knows how to make tacos with unusual things like lobster, mango, soy sauce, kale or even eggs.

"The sky's the limit. ... I could probably make a taco out of anything," Mosher said.

But he also knows what to do if anyone walks into his taco place and asks for a traditional street taco.

"Typically a street taco would just have a little chopped onion, maybe a little cilantro and some hot sauce on there as well as some highly seasoned protein on ... the corn tortilla," Mosher said. "Double-

wrapped is a must."

Maricela Cortes at El Rincon Zacatecano Taqueria in Manchester echoes this.

"The best part of a taco to give it more flavor is cilantro and onion and spicy sauce," Cortes said.

Mosher, who graduated from the New England Culinary Institute with a focus on classical French cuisine, learned how to make authentic tacos from Mexican house-keeping staff while working as a chef for wealthy families in Colorado. So he knows that things Americans take for granted as taco staples, like cheese and iceberg lettuce, are actually not parts of the traditional taco.

"It's definitely an Americanized thing," Mosher said.

Daniel Chávez, a UNH professor of Spanish and Latin American studies, grew up in Mexico. He says sour cream is also an American addition to the taco.

"We do not use sour cream, chopped lettuce or cabbage," Chávez said.

A BRIEF HISTORY OF TACOS

The taco's origin starts with tortillas, going as far back as the indigenous people in what is today Latin America.

"The tortilla was the bread at the table of the Aztecs and other Mesoamerican peoples," Chávez said.

It was made from plentiful corn and used as an edible delivery device for food.

"It comes with the easiness of putting things on it," Chávez said.

They would use meat from game or raised

animals and chopped nopales cactus plants.

Even today, tortillas are a common household snack with very little added.

"One of the big pleasures for kids is to get some freshly made, still-hot tortillas and just put some grains of salt, maybe a drop of lemon and that would be a burrita de lemon, burrita de sal or a taco de sal, which I guess is the most elementary form of taco. A salt taco," Chávez said.

Some parts of Mexico, like Oaxaca or Guerrero, still offer an ancient variety of traditional taco using ingredients most Americans would find unsettling.

TONS OF TACOS

Get your fill of tacos for only \$2 each during the sixth annual **Hippo de Mayo Taco Challenge** on Thursday, May 5, from 4 to 9 p.m. More than 45 eateries in Manchester's downtown and millyard welcome thousands of guests to enjoy specially created tacos like a choco taco, Chinese chicken taco, chorizo and duck taco, maple smoked pork taco, beef brisket barbacoa and fish taco. Once you have found the taco creation that suits your taste buds spectacularly, visit hippode-mayo.com to vote by selecting your favorite from a drop-down menu. The judges' choice winner (chosen by a panel of Hippo staff foodies) will be awarded \$2,000 for their charity of choice. See last week's story at hippopress.com for more.



“Where they keep very close to indigenous traditions, they have tacos with jumiles, which is a form of cricket that are toasted on top of a ... hot plate,” Chávez said. “Or you can have your maguey worm tacos, [which] you will find in very fine restaurants. At very high-cuisine Mexican restaurants, I can get that. The taste of that is close to shrimp, between shrimp and chicken. ... It’s very traditional.”

Most agree the popularity of the American hard shell taco was probably due to the novelty when modern food manufacturing processes made it widely available, but that popularity appears to be on the decline as the original soft tortillas make a comeback.

Chávez thinks the hard shell was inspired by deep fried tacos called durados, which were eaten mostly at parties and special occasions.

“It’s not the everyday taco we eat,” Chávez said.

COW HEAD AND OTHER MEATS

The main variety in authentic tacos has to do with the type of meat you want and the way it’s prepared.

Chávez says the primary modern varieties of taco include tacos de carnitas (pork shoulder), tacos de asada (grilled meat, usually beef), tacos adobada (meat, usually pork, marinated in red chilli sauce and cut in strips) and tacos de cabeza (cow head).

The cheeks and tongues of cow heads are usually incorporated into the tacos de cabeza. The original barbacoa (from which the word barbecue derives) was made with cow head but most American barbacoa tacos are made with any kind of spicy, shredded, slow-braised beef.

Other authentic varieties include tacos de pollo (chicken), de pescado (fish) and de chicharrón. Chicharrón is fried pork belly.

REGIONAL VARIATION

Different parts of Mexico may offer slightly different taco assemblies, according to Chávez. For instance, fish tacos are more of a coastal novelty. But while on a passenger train ride, he noticed an interesting pattern with the types of tortillas being offered.

“When you ask for a taco in Guadalajara, Mexico, or in Colima, if you want, or also in maybe in Acapulco ... when you’re asking for a taco, it will be on corn,” Chávez said. “If you want it on flour, you have to specifically ask for it.”

That’s true for most of west and south-east Mexico. But that changes the farther northwest you go up through Sinaloa.

“Starting in the [southern] third of Sinaloa and all the way up to the border with the United States, flour tortillas will become more common or even dominant. If you don’t clarify that you want a corn tortilla, they will give you a flour tortilla taco,” Chávez said. “I would think that producing wheat became more common in the northern areas and flour tortillas made more sense.” 🌱

A FEW PLACES WHERE YOU CAN FIND AUTHENTIC TACOS

Consuelo’s Taqueria, 36 Amherst St., Manchester, 622-1134, consuelostaqueria.com

El Rincon Zacatecano Taqueria, 10 Lake Ave, Manchester, 232-4530, see Facebook

Sabroso food truck, 315 Lake Ave, Manchester, 461-1182, sabrosotaqueria.com

La Carreta Mexican Restaurant, four locations, in Manchester, Nashua and Derry; see lacarretamex.com

El Colima Mexican Restaurant, 116 W Pearl St., Nashua, 889-8226, elcolima.com

Taco Beyondo, 53 Henniker St., Hillsborough, 464-5986, tacobeyondo.com

Taqueria La Guadalupeana, 917 Valley St., Manchester, 232-3348, taquerialaguadalupeana.com

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NOT YOUR AVERAGE TACO

How NH mixes it up



Gale Motor Co. Eatery has a taco on its menu with pulled pork and a superfood slaw. Courtesy photo.

By Kelly Sennott
ksennott@hippopress.com

The last taco you ate probably had some sort of combination of the following: chicken, beef, rice, beans, salsa, sour cream, cheese and pico de gallo.

But the nature of the taco is flexible, allowing for lots of different kinds of ingredients, and New Hampshire does it a lot of different ways. Here are some of our quirkier, less traditional finds on our search for New Hampshire's unusual tacos.

VEG OUT

David Spagnuolo, chef and owner at **Gale Motor Co. Eatery**, thinks the taco is a great vessel that allows for creative freedom, and he has two tacos on the restaurant menu. One is the spicy pulled pork taco with super-

food slaw (broccoli stems, Brussels sprouts, soy sauce, apple cider vinegar, mayo), spicy pulled pork, cilantro, sour cream and sriracha sauce in a corn and flour shell.

His other taco menu item is the yakitori steak taco, which includes the same fixings — slaw, cilantro, sour cream, in a flour and corn soft shell — except with yakitori steak instead of spicy pulled pork for an Asian twist. The slaw, Spagnuolo said, “adds a little health to it,” and the combination complements the menu’s “culinary food fusion.”

Taco Beyondo regularly has taco specials a little out of the norm — store manager Sandra Roy said via phone it recently ran a taco with pulled pork, a Southwestern style homemade barbecue sauce and red cabbage slaw, and another with chicken, bacon, avocado, ranch dressing and pico de gallo. Regularly on its menu is a marinated grilled baby portobello taco, which contains chopped and marinated portobello mushrooms, pico de gallo, cheese and sour cream.

You’ll also find a mushroom “chorizo” taco at **Vida Cantina**, which, in addition to mushrooms, comes with house corn tortillas, salsa de aguacate, kale slaw, pickled habaneros and Spanish rice.

SWEET TREAT

For taco eaters with a sweet tooth, **Dos Amigos Burritos** has a sweet potato taco made with deep fried sweet potatoes mixed with spices (cumin, chili powder, salt, pepper) and choice of tomato, lettuce, yogurt or ranchero sauce.

At **Las Olas Taqueria**, tacos are made to order, but one of its most popular toppings is its pineapple salsa, which used to be seasonal to spring and summer but became regular on the menu due to popularity.

“It’s super fresh and summery. It gives a sweetness and is spicy as well — it gives very

WHERE TO FIND THESE QUIRKY TACOS

Gale Motor Co. Eatery, 36 Lowell St., Manchester, 232-7059

Taco Beyondo, 53 Henniker St., Hillsborough, 464-5986, tacobeyondo.com

Vida Cantina, 2456 Lafayette Road, Portsmouth, 501-0648, vidacantinanh.com

Dos Amigos Burritos, 26 N. Main St., Concord, 410-4161; 286 Central Ave., Dover, 834-6494; 107 State St., Portsmouth, 373-6001, dosamigosburritos.com

Las Olas Taqueria, 30 Portsmouth Ave., Exeter, 418-8901; 345 Lafayette Road, Hampton, 967-4880, lasolastaqueria.com

Amigos Mexican Cantina, 20 South St., Milford, 673-1500, amigosmilford.com

El Rincon, 10 Lake Ave., Manchester, 232-4530

Hermanos Cocina Mexicana, 11 Hills Ave., Concord, 224-5569, hermanosmexican.com

well with the locally-farmed chorizo from Kellie Brook Farm and the pork,” Courtney Lasalle, a restaurant manager, said.

Amigos Mexican Cantina in Milford also has a tropical salsa — it’s featured on the restaurant’s Jamaican tacos, which also contain Jamaican jerk seasoned mahi mahi, shredded cabbage, avocados and lime and sour cream. It also has a citrus chicken taco, filled with citrus-marinated chicken breast, pepper jack cheese, tropical salsa and avocado.

NOT BEEF OR CHICKEN

El Rincon’s tacos are made to order — all come with the option of cilantro, onion, rice, radishes, lemon and hot, spicy homemade or mild salsa — but if you’re not into chicken or beef, the restaurant also offers tongue. Kaila Davis, a waitress at the restaurant, said the item is often ordered among its more adventurous customers and that it comes seasoned

and tender.

You might not even notice you’re not eating meat while devouring tacos with **Hermanos Cocina Mexicana’s** spicy veggie crumble, which has onions, peppers, spices and a gluten base. It’s usually served with the option of rice, black beans, cheese, lettuce, tomatoes, Spanish onions, scallions or black olives.

If tofu’s more your thing, there are some nearby restaurants who do that,

too. **Vida Cantina** in Portsmouth’s tofu option is its OG tofu ranchero taco, which in addition to tofu, contains carrot slaw, peanuts, lemon and onion. At **Dos Amigos Burritos**, your option is the organic tofu taco, which includes tofu sautéed in sofritos and seasoned with salt, pepper and cumin. It’s served with a choice of lettuce, sour cream, cheese or yogurt, said Concord kitchen manager Bradford Gage. 🌱

SOMETHING FISHY

Seafood tacos with tilapia, shrimp, mahi mahi and more

By Angie Sykeny
asykeny@hippopress.com

Take your taco experience offshore with these seafood tacos offered at local Mexican eateries, bars and grills, seafood restaurants and even food trucks. From conventional fish and shrimp tacos to more inventive tacos with mahi-mahi and Baja-inspired flavors, there are plenty of options to satisfy both the taco traditionalist and the fish fare foodie.

KEEP IT CLASSIC

Traditional fish tacos use a white fish, usually haddock or tilapia, which can be

paired with a variety of flavors without conflict.

Hermanos Cocina Mexicana in Concord has a fish taco with baked tilapia crusted with crispy tortilla, topped with a spicy chipotle sour cream, shredded cabbage and tomatoes, and wrapped in a flour tortilla.

“Tilapia, since it’s a white fish, it’s pretty bland, but once you get it spiced up, it’s pretty good and it takes on flavors really well,” manager Berta DeJohn said.

For more chipotle flavor, try the fish tacos at **El Rincón Zacatecano Taquería** in Manchester, which have battered tilapia, rice, diced tomato, lettuce, cilantro and mayonnaise-chipotle salsa stuffed in a corn tortilla.

For a tilapia taco that’s a little less spicy, there’s the tacos de pescado at **La Fiesta Mexico Restaurante & Cantina** in Manchester, featuring grilled tilapia paired with tartar sauce, lettuce, pico de gallo and Spanish rice in a soft corn tortilla.

If you prefer haddock to tilapia, there’s plenty of that, too. **El Rodeo Mexican Restaurant** in Concord offers a corn tortilla taco filled with grilled haddock, tomatillo sauce, pico de gallo, rice and beans. For deep-fried haddock, get the fish tacos at **Shorty’s Mexican Roadhouse**, paired with Napa cabbage, pickled onions and salsa fresca in a soft tortilla.

If you’re passing by **B’s Taco** food truck in Londonderry, be sure to ask what the

taco of the day is. Fish tacos are usually featured once a week, and owner Ken Spillman said they’re always a hit.

“We make them with haddock, sole, shrimp, whatever we can get that week, and we make a fresh pico de gallo for the base, add lime juice and our special mix of herbs, and the combination is so tasty,” he said. “The people who like fish tacos absolutely love them.”

SHRIMP IT UP

Shrimp tacos aren’t quite as common as the white fish tacos, but a lot of Mexican eateries offer some form of them. For grilled shrimp, order the tacos de 16 ▶



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◀ 15 camaron at Agave Azúl in Nashua. It comes with rice, refried beans, cilantro, onions, lemons, red and green sauces and lime in your choice of a corn or flour tortilla. The tacos de camaron at Puerto Vallarta Mexican Grill in Manchester also feature grilled shrimp, paired with pico de gallo, tomatillo sauce and rice in a soft corn tortilla. El Rincón Zacatecano Taquería has two shrimp dishes. The regular shrimp tacos are served in a double corn tortilla with cilantro, onion, radishes and lemon. The shrimp El Rincon, one of the restaurant's newer dishes, is a fried shrimp taco topped with avocado salsa, pico de gallo and shredded cabbage wrapped in a soft corn tortilla. For a shrimp taco that's a bit more creative, get the shrimp option for the taco pastor at Hermanos. The shrimp is sauteed with Spanish onions, scallions, black olives, tomatoes and jalapenos, topped with cheese and cilantro in a soft corn tortilla.

"Most tacos have the lettuce and tomatoes but what makes [taco pastor] special is that all the veggies are warm and sauteed," DeJohn said. "It's pretty popular and a good choice for anyone who loves shrimp."

FIND A FISH TACO

Hermanos Cocina Mexicana, 11 Hills Ave., Concord, 224-5569, hermanosmexicana.com

El Rincón Zacatecano Taquería, 10 Lake Ave., Manchester, 232-4530, elrinconzt.com

La Fiesta Mexico Restaurante & Cantina, 300 S. Willow St., Manchester, 518-5830, lafiestamexico.com

Shorty's Mexican Roadhouse, 206 Route 101, Bedford, 488-5706; Nashua Mall, 48 Gusabel Ave., Nashua, 882-4070; 1050 Bicentennial Drive, Manchester, 625-1730, shortysmex.com
B's Taco food truck, BP Gas Station, 3 Mohawk Drive, Londonderry, find them on Facebook

Agave Azúl, 96 Main St., Nashua, 943-7240, dinemexican.com

Puerto Vallarta Mexican Grill, 865 Second St., Manchester, 935-9182, puertovallartamgrill.com

Cactus Jack's Great West Grill, 782 S. Willow St., Manchester, 627-8600, cactusjacksnh.com

Surf Restaurant, 207 Main St., Nashua, 595-9293; 99 Bow St., Portsmouth, 334-9855, surfseafood.com

Mint Bistro, 1105 Elm St., Manchester, 625-6468, mintbistroh.com

British Beer Co, 1071 S. Willow St., Manchester, 232-0589; 103 Hanover St., Portsmouth, 501-0515, britishbeer.com

Hooked Seafood Restaurant, 110 Hanover St., Manchester, 606-1189, hookedonignite.com

El Rodeo Mexican Restaurant, 22 Loudon Road, Concord, 224-9600, elrodeo-nh.com



B's Tacos fish taco. Courtesy photo.

CREATIVE TASTES

Not all of the Mexican restaurants stick with the traditional white fish or shrimp taco. Take the Baja grilled fish tacos at Cactus Jack's Great West Grill in Manchester, made with seared mahi-mahi, catfish or salmon, Napa cabbage, avocado and red peppers in a grilled flour tortilla, served with salsa, rice, refried beans, and drizzled with sour cream. Another Baja-inspired option is El Rodeo's Baja tacos, made with your choice of battered haddock or fried shrimp, and flavored with special Azteca slaw and Baja salsa verde.

"It's different from the traditional taco. It's more of a summertime flavor," owner Gilbert Reyes said. "It's a little sour, but at the same time tastes sweet-ish and fresh."

While Mexican cuisine offers the most fish taco options, some local seafood restaurants and even bars and grills have adopted the dish with their own creative twists.

Surf Restaurant's tacos have a unique combination of flavors, mixing your choice of blackened cod or fried haddock with mango salsa, guacamole, Napa cabbage, grilled onions and peppers, cheddar cheese and chipotle-lime sour cream in a flour tortilla. Less is more with the flavor-packed mini fish tacos at Mint Bistro in Manchester, made with Key lime blackened haddock, cilantro, sour cream, romaine, avocado, smoky plum tomato and sriracha in a soft tortilla. There are a couple options for mahi-mahi lovers. Try British Beer Company's tacos with blackened mahi-mahi, fire-roasted jalapeno guacamole, lettuce, red onion, roma tomato and a sour cream drizzle in a soft tortilla. The Costa Rican fish tacos at Hooked Seafood Restaurant in Manchester also feature mahi-mahi, fried, grilled or blackened, and paired with greens, pico de gallo and cayenne lime tartar sauce in a soft tortilla.

"It's one of our more popular appetizers. A lot of people even get them as an entree," Hooked bartender Courtney Chagnon said. "They're a little bit spicy, but not too much. It's the tartar sauce that really gives it that spicy Spanish flavor."



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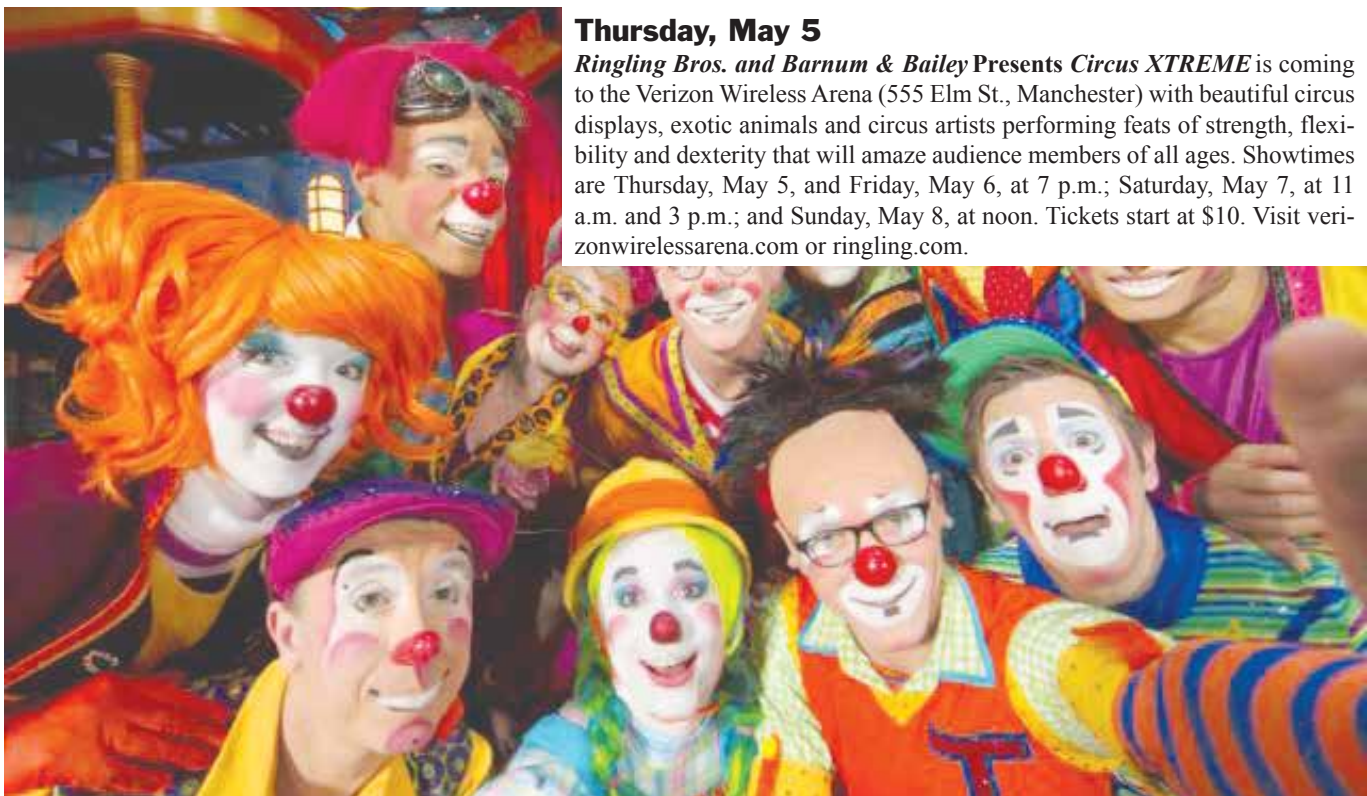
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THIS WEEK

EVENTS TO CHECK OUT MAY 5 - 11, 2016, AND BEYOND

Thursday, May 5

Ringling Bros. and Barnum & Bailey Presents Circus XTREME is coming to the Verizon Wireless Arena (555 Elm St., Manchester) with beautiful circus displays, exotic animals and circus artists performing feats of strength, flexibility and dexterity that will amaze audience members of all ages. Showtimes are Thursday, May 5, and Friday, May 6, at 7 p.m.; Saturday, May 7, at 11 a.m. and 3 p.m.; and Sunday, May 8, at noon. Tickets start at \$10. Visit verizonwirelessarena.com or ringling.com.



Thursday, May 5

Don't miss the final weekend of ***Singin' in the Rain*** at the Palace Theatre (80 Hanover St., Manchester), a theater production based on the classic 1952 musical film. Showtimes are Thursday, May 5, and Friday, May 6, at 7:30 p.m., and Saturday, May 7, at 2 and 7:30 p.m. Ticket costs range from \$25 to \$45. Call 668-5588 or visit palacetheatre.org.



Thursday, May 6

At O'Neil Cinemas (24 Cal-ef Highway, Epping) from 4 to 7 p.m. before the premiere of *Captain America: Civil War*, attend a pre-screening party with local comic book store staff. There will be trivia, cosplay and more. Thursday screenings that night are at 7 p.m., 7:30 p.m., 8 p.m., 9:30 p.m. and 10:15 p.m. Visit oneilcinemas.com or call 679-3529. The event is also a prelude to Free Comic Book Day; see story on p. 53.



Friday, May 6

The final day of artist Christy Coiro's art show **"Duality"** with a reception takes place from 5:30 to 7 p.m. at The Derryfield School Lyceum Gallery (2108 River Road, Manchester). The New York artist will talk about her work, which explores the boundaries between abstract and representational through patterns that aren't clearly one or the other — masculine or feminine, urban or suburban, geometric or organic. Visit derryfield.org.



Saturday, May 7

The Music Hall hosts its **25th Anniversary Kitchen Tour 2016** in downtown Portsmouth from 10 a.m. to 4 p.m. The self-guided walking tour features numerous styles of kitchens inside modern, historic and waterfront homes. Start the tour at any home location on the map. Tickets cost \$27 in advance or \$30 the day of the event. Tickets can be purchased in person, online at themusichall.org or over the phone by calling 436-2400.

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Eat: A wine dinner

Head to Tuscan Kitchen (67 Main St., Salem) on Friday, May 6, at 6 p.m. for a **wine dinner** hosted by wine director Joseph Comforti, featuring special guest Claudio Viberti of Viberti Giovanni. The four-course meal includes arugula salad, lobster ravioli, agnello and buttermilk ricotta torta alongside wine pairings. The cost is \$150 per person. Reservations are required. Visit tuscanbrands.com.

Drink: Wine

WineNot Boutique (170 Main St., Nashua) is hosting a **wine tasting** on Wednesday, May 11, from 5 to 8 p.m. Try five or more wines, paired with cheeses and other specialty foods, and learn from staff the story behind each wine and how to find a wine that suits you. This event is free. Visit winenotboutique.com or call 204-5569.

Be Merry: With books & baked goods

The Friends of Brookline Public Library present a **Mega Book & Bake Sale** on Saturday, May 7, from 9 a.m. to 4 p.m., at Brusch Hall (36 Main St.) and Kilduff-Wirtanen Legion Post 74 (38 Main St.). The bake sale menu boasts homemade cupcakes, cookies, brownies, coffee cakes, bread and free coffee. The book sale features thousands of hardback and paperback books ranging from fiction and mystery to nonfiction and children's literature, as well as DVDs, CDs and puzzles. For more information, call Louise at 673-7084 or Jodi at 673-1417.

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Spreading the love

New youth company to bring theater back to schools

By Kelly Sennott

ksennott@hippopress.com

Southern New Hampshire resident Jocelyn Duford is starting a new theater company, TheaTricks of the Trade, with the goal of the sharing her love of theater with area elementary and middle schoolers.

Duford, who grew up in Pinardville, has been immersed in theater since age 5. At her elementary school, she performed in plays regularly — one year, the kids even wrote a musical — and it was through drama clubs that Duford made friends and developed skills that would help her learn other subjects, using songs, rhymes and mnemonic devices to remember facts.

“For me personally, most of the things I remember from history or math class are music-related, like *Schoolhouse Rock* or the songs from *Animaniacs*. Those are the things that really stuck with me,” Duford said during a recent interview at the Bridge Cafe.

Theater also taught her how to speak and communicate in front of a crowd, so it’s troubling for her to see local schools cutting drama programs.

“Theater at any point in your life is positive, which is why I’m appalled that theater and music is going away [in schools],” she said.

She’ll bring TheaTricks of the Trade to



Jocelyn Duford addressing a group of theater students. Courtesy photo.

public schools across the state, presenting straight theater workshops and programs that connect drama to other subjects. One Language Arts-esque workshop incorporates Mad Libs and helps teach the parts of speech. For history, programs might require kids to impersonate famous people from the past.

“My cousin just did a project — and I know I did it in middle school — where you impersonate somebody from the past. She was Florence Nightingale. ... That’s theater right there. ... Yes, for a project like that, you have to do research, but you also have to be able to talk and think like a character. And that will stick with you,” Duford said.

Even math and science can lend themselves to theater because, like those subjects, most plays and stories have problems or conflicts that need to be resolved.

In addition, Duford has two camps planned for this August in Salem and Londonderry. One is all about making and performing with puppets, for which she draws on her experience performing as Kate Monster in *Avenue Q* with the Winthrop Playmakers. The other is a “grab bag” dedicated to learning improv, musical theater, Shakespeare and mime work.

“I co-taught a Shakespeare camp before, which was really successful. The thing with Shakespeare — it’s not this lofty, amazing

thing we have to kowtow to, but it’s something to play with, and something that’s fun,” she said. “One of the first things we did was, we had a picture of Shakespeare you had to color. You could draw on him, and make him look ridiculous, and this is what Shakespeare is. It’s not something you have to color in the lines for. You can really take it and expand it.”

Duford, who earned her BFA at Dartmouth College, drew inspiration from Mad Science, where she works part-time as a children’s educator/entertainer, traveling to schools to lead science workshops, summer camps, birthday parties and special events. She’s also a part-time substitute teacher and has acted in New Hampshire with Not Your Mom’s Musical Theatre, the Palace Theatre, theatre unmasked, Jean’s Playhouse, the Majestic Theatre, the New London Barn Playhouse and the Nashua Actorsingers.

She began envisioning TheaTricks of the Trade in January when groups began advertising for summer camps. Having felt like an outsider teaching with many local youth companies, she wanted something all her own.

“I had all these ideas for some really cool programming, but it’s hard to implement them in a place that already kind of has its own stuff going on,” Duford said.

Focus will be on process, not productions.

“I think, sometimes with kids’ theater camps, it’s just a production. Like, we’re going to put on *Annie Jr.* So you’re only learning the skills for that production. You’re not necessarily broadening your range for other things,” Duford said. 🍀

Theatricks of the Trade

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20 Theater

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• **CURTAINS** Murder mystery musical comedy presented by Riverbend Youth Company. Thurs., May 5, at 7:30 p.m.; Fri., May 6, at 7:30 p.m.; Sat., May 7, at 2 and 7 p.m. Amato Center for the Performing Arts, 56 Mont Vernon Road, Milford. \$12. Visit amatocenter.org.

• **SINGIN' IN THE RAIN** Palace Theatre production. April 15 through May 7. Palace Theatre,

80 Hanover St., Manchester. \$25-\$45. Visit palacetheatre.org. Call 668-5588.

• **TITANIC: THE MUSICAL** Seacoast Repertory Theatre production. 125 Bow St., Portsmouth. April 15-May 15. Visit seacoastrep.org.

• **THE TOXIC AVENGER** Rochester Opera House production. Mature content. Presented by Jetpack Comics. May 5 through May 15. Rochester Opera House, 31 Wakefield St., Rochester. \$18. Visit rochester-operahouse.com.

• **SCREEN PLAY** A.R. Gurney play. Produced by Late Bloomer Productions. April 29 through May 15. Fridays and Saturdays at 7:30 p.m., Sundays at 2 p.m. Hatbox Theatre, 270 Loudon

Road, Concord. \$15. Visit hatboxnh.com.

• **PIRATES OF PENZANCE** Community Players of Concord production. Fri., May 6, at 7:30 p.m.; Sat., May 7, at 7:30 p.m.; Sun., May 8, at 2 p.m. Concord City Auditorium, 2 Prince St., Concord. \$16-\$18. Visit communityplayersofconcord.org.

• **EVANGELINE** Pontine Theatre original stage adaptation. April 22 through May 8. Fridays at 7:30 p.m., Saturdays at 4 p.m., Sundays at 2 p.m. West End Studio Theatre, 959 Islington St., Portsmouth. \$24. Visit pontine.org. Call 436-6660.

• **DECISION HEIGHT** Back Alley Productions show, New England premiere. May 6-May 22. Shows 8 p.m. Fridays and

Saturdays, 3 p.m. Sundays. Players' Ring, 105 Marcy St., Portsmouth. \$15. Visit playersring.org. Call 436-8123.

• **THE LITTLE MERMAID** Peacock Players production. Fri., May 13, at 7 p.m.; Sat., May 14, at 2 and 7 p.m.; Sun., May 15, at 2 p.m.; Fri., May 20, at 7 p.m.; Sat., May 21, at 2 and 7 p.m.; Sun., May 22, at 2 p.m. Janice B. Streeter Theater, 14 Court St., Nashua. \$10-\$17. Visit peacockplayers.org. Call 886-7000.

• **SPAMALOT** Nashua Actorsingers production. Fri., May 13, at 8 p.m.; Sat., May 14, at 8 p.m.; Sun., May 15, at 2 p.m. Edmund Keefe Auditorium, 117 Lake St., Nashua. Visit actorsingers.org.

• **GUYS AND DOLLS** Majestic Academy of Dramatic Arts production. Fri., May 13, at 7 p.m.; Sat., May 14, at 7 p.m.; Sun., May 15, at 2 p.m. Derry Opera House, 29 W. Broadway, Derry. \$18. Visit majestictheatre.org. Call 669-7469.

• **DANCING WITH THE LAKE SUNAPEE STARS** Sat., May 14, at 5:30 p.m. Colby-Sawyer College, 541 Main St., New London. \$30. Visit centerfortheartsnh.org.

• **HIGGLEDY PIGGLEDY** Donald Tongue play. Produced by New World Theatre. May 27 through June 12. Fridays and Saturdays at 7:30 p.m., Sundays at 2 p.m. Hatbox Theatre, 270 Loudon Road, Concord. \$15. Visit hatboxnh.com.

Workshops/other

• **CASINO NIGHT FUND-RAISING EVENT** Seacoast Repertory Theatre. Fri., May 20, 7-11 p.m. Seacoast Repertory Theatre, 125 Bow St., Portsmouth. \$50. Call 433-4472.

Art

Events

• **MOTHER'S DAY SECOND SUNDAY JAZZ BRUNCH** Sun., May 8, 10 a.m.-2 p.m. Currier Museum of Art, 150 Ash St., Manchester. Call 669-6144.

• **ZIMMERMAN HOUSE FOCUS TOUR** Behind-the-scenes restoration of Zimmerman House. Sun., May 8, 3:30-5 p.m. Currier Museum of Art, 150 Ash St., Manchester. \$20. Visit currier.org. Call 669-6144.

CURTAIN

CALL

Notes from the theater scene

• **Argh Matey!** The Community Players of Concord reach deep into the past and bring back Gilbert and Sullivan's comic opera, *The Pirates of Penzance*, this weekend, with shows at the Concord City Auditorium, 2 Prince St., Concord, on Friday, May 6, at 7:30 p.m.; Saturday, May 7, at 7:30 p.m.; and Sunday, May 8, at 2 p.m. The Players have not performed Gilbert and Sullivan for more than 70 years. The show is a musical farce with absurd characters stumbling through a ridiculous plot. It centers around a pirate, Frederic, who doesn't really want to be a pirate but is bound by the terms of his apprenticeship to serve the Pirate King. Meanwhile, he's in love with a woman named Mabel, who would marry him if he weren't a pirate. Cast members run the gamut, from seasoned performers — Erik Peter Hodges, who plays with the Pirate King, performed with the Players first exactly 50 years ago — to newbies, according to the press release. Tickets are \$20. Visit communityplayersofconcord.org.

• **Songs without words:** The next two weeks, the Concord Community Music School, 23 Wall St., Concord, features music of Mendelssohn, Chopin and Bach in its free Bach's Lunch series. The first installment is Thursday, May 5, from 12:10 to 1 p.m., with music school President Peggy Senter, who will present a lecture,



Jillian Spring, who plays Mabel in the Community Players of Concord's take of *The Pirates of Penzance* this weekend. Courtesy photo.

"Songs With and Without Words: Romantic Melody." The presentation will explore the vocal qualities of 19th-century romantic-era piano music. The following week, on Thursday, May 12, from 12:10 to 1 p.m., music school faculty member Catharine Dornin will perform a concert, "Songs Without Words: Music of Mendelssohn, Chopin, Grieg and Bach," according to a press release. Both events are free. Call 228-1196 or visit ccmusicschool.org.

• **Last show:** Nashua North Drama Director Walt Freeman's last show at the high school is *The Mouse That Roared*, which is at the school auditorium (10 Chuck Druding Drive, Nashua) Thursday, May 12, at 7 p.m.; Friday, May 13, at 4 p.m.; and Saturday, May 14, at 7 p.m., according to the school's website. Freeman has been the drama director at the school since it opened and was previously director at Elm Street Junior High School. According to the drama club page, he began his acting career in sixth grade. Tickets are \$10.

— Kelly Sennott

• **ALZHEIMER'S CAFE** People with Alzheimer's and dementia can enjoy art in good company and a safe space. Wed., May 11, 2-4 p.m. Currier Museum of Art, 150 Ash St., Manchester. Free. Call 669-6144, ext. 108.

• **NASHUA INTERNATIONAL SCULPTURE SYMPOSIUM: OPENING** Three international sculptors spend three weeks in Nashua creating three pieces of art for the city. Theme is "Conversation." May 12 through June 4. Opening reception Thurs., May 12, 6-8 p.m. Visit the sculptors May 16 through June 2, 8:30 a.m. to 5:30 p.m. each day. Closing reception Sat., June 4, at 1 p.m. behind City Hall. NIMCO, 1 Pine St. Ext., Nashua. Free to attend all events or visit the sculptors while they work. Visit nashuasculpturesymposium.org. Email nashua.sculpture@gmail.com.

• **ART IN ACTION** Twenty-five artists demonstrate painting, fiber arts, jewelry making, woodworking, making clay garden figures. Sat., May 14, 10

a.m.-4 p.m.; Sun., May 15, 10 a.m.-4 p.m. Mack's Apple Farm, 230 Mammoth Road, Londonderry. Free. Call 434-4799.

• **ALICE ATTIE** Visual artist, writer, works and lives in NYC, discusses and shows her work part of the Salon Series. Fri., May 20, at 7 p.m. Capitol Center for the Arts, 44 S. Main St., Concord. \$25. Visit ccanh.com. Call 225-1111.

• **VACATIONS & DESTINATIONS IN THE CURRIER COLLECTION TOUR** Tour themed on summer travel. Sat., May 21, at 11:30 a.m. Currier Museum of Art, 150 Ash St., Manchester. Free with museum admission. Visit currier.org.

• **STORYTIME IN THE GALLERY: THE MOST MAGNIFICENT THING** Recommended for ages 2 to 5. Mon., May 23, at 11:30 a.m. Currier Museum of Art, 150 Ash St., Manchester. Free with museum admission. Visit currier.org.

Fairs

• **MOTHER'S DAY WEEK-**

END CRAFT FESTIVAL Sat., May 7, 10 a.m.-5 p.m.; Sun., May 8, 10 a.m.-4 p.m. Town Common, Route 1, Hampton Falls. Visit castleberryfairs.com.

• **WRONG BRAIN SPRING BIZAARE ALTERNATIVE CRAFT FAIR** 30 vendors selling handmade, recycled, vintage, unconventional, unique gifts, including art, clothes, records, cassettes, zines, books, jewelry, zines, etc. Entertainment by local musicians, pop-up gallery. Sat., May 7, 11 a.m.-5 p.m. Newmarket Mills, 55 Main St., Newmarket. Request of \$1 donation at the door. Visit mill-space.org.

• **APPLE COUNTRY SPRING CRAFT FAIR** More than 50 juried crafters and artisans display handmade crafts. Sat., May 14, 9 a.m.-4 p.m. St. Peter's Episcopal Church, 3 Peabody Row, Londonderry.

Openings

• **ERIN MORAN** Meet-the-artist event, part of Art 'Round the Town. Seacoast potter. Fri., May

ECK Worship Service

The ECK worship Service offers an opportunity to open your heart to more of God's love. It consists of a discussion of the current theme and a short HU chant. Music is often included. Spiritual experiences and questions are welcomed. We respect the spiritual freedom of every seeker. This month's topic is:

Dreams: Keys to a Higher Reality

Sunday, May 8th at 10:30AM

Holiday Inn, 2280 Brown Ave, Manchester

Sunday, May 22nd at 11:00AM

Hampton Inn, 9 Hotel Drive, Dover

Community HU Chant

Sunday, May 8th at 9:30AM

Holiday Inn, 2280 Brown Ave, Manchester

Thursday, May 12th at 7:30PM

Keene Public Library, 60 Winter St., Keene

Thursday, May 19th at 7:30PM

Holiday Inn, 2280 Brown Ave, Manchester

Sunday, May 22nd at 10:00AM

Hampton Inn, 9 Hotel Drive, Dover

Wednesday, May 25th at 7:00PM

Exeter Public Library, 4 Chestnut St., Exeter

ECKANKAR Spiritual Chat

Saturday, May 7th at 10:00AM

Nashua Public Library, East Wing, 2 Court St., Nashua

Recognizing Spiritual Guidance

Saturday, May 28th at 10:00AM

Me & Ollie's Cafe, 64 Water St., Exeter

Spiritual Experiences; Past Lives, Dreams & Soul Travel

Saturday, May 28th at 10:00AM

Flight Coffee House, 478 Central Ave., Dover

Have You Had a Spiritual Experience?

Saturday, May 28th at 10:30AM

Water Street Cafe, 141 Water St., Laconia

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Killer Heels: The Art of the High-Heeled Shoe is organized by the Brooklyn Museum. Image: Roger Vinter, "Virgine Houndstooth," Fall 2014. Call hair: Courtesy of Roger Vinter, Paris. Photo: Jay Zukoski

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ARTS

Art and memories

Sparkling creativity in people with Alzheimer's, dementia

By Kelly Sennott
ksennott@hippopress.com

Once a month, Easter Seals participants visit the Currier Museum of Art to talk about and respond to gallery artwork. During their most recent trip, one of the subjects was "My Family" by Marisol.

The Easter Seals group, made up of people with Alzheimer's and dementia, sat on wooden stools while observing the sculpture depicting a grouchy-looking family with two kids and a baby, dressed to go out. Lynn Thomson wanted to know: What do you see? What materials are here? Where is this family going?

"Maybe they're going to church? To a wedding? What other times do you get dressed up?" asked Thomson, assistant educator for adult and family audiences at the museum.

Maybe they're going dancing, someone said. Or maybe Hawaii.

"If they're going to Hawaii, they do not look happy about it. Maybe they're thinking about that 16-hour flight. Or maybe the kids are going to Grandma's house, and that's why they're not happy," Thomson said.

The crowd laughed, and one observer suggested the man in the sculpture looked like Donald Trump.

The Currier-Easter Seals Alzheimer's Cafe program is a new outreach project for the two nonprofits in which folks from Easter Seals with Alzheimer's and dementia and their caregivers are immersed in art once a week for three months. Three Wednesdays a month, art educator/outreach coordinator Corie Lyford leads art projects at Easter Seals. The last week, participants take a bus to the museum and Thomson leads conversations about gallery artwork.

The program began about a year ago after a discussion between a museum director and an Easter Seals director. The idea was to strengthen what was already at the museum — the Alzheimer's Cafe, which meets the second Wednesday of the month and is free for people with Alzheimer's and dementia and their caregivers — and on the Easter Seals end, find a way to measure the results of incorporating art in Alzheimer's and dementia programming through an evaluation system designed for this project.

"If you can keep someone focused on the

Visit the Currier Museum of Art

Where: 150 Ash St., Manchester

Contact: currier.org, 669-6144, ext. 122

"Experience this Moment": On view downstairs through June 18

Alzheimer's Cafe: Wednesdays, May 11, June 8, July 13 and Aug. 10, from 2 to 4 p.m.



Easter Seals participants talk about "My Family" by Marisol. Kelly Sennott photo.

task at hand, there's a lot of reminiscing that happens. [Art] is a powerful, engaging tool for individuals with cognitive impairment," said Laurie Duff of Easter Seals via phone. "Being in the business of providing this care for more than 40 years, we know that it's always a positive thing when we introduce creative expression. ... But funders want more than that. They want to see measurable outcomes. ... We're trying to experiment with some indicators for measuring those outcomes as well, but it's a little bit tricky. You're dealing with people who are not necessarily able to voice their expressions. You need to look at those nonverbal indicators sometimes."

The art projects that resulted from this program are on view now through June 18 in the downstairs community gallery, "Experience this Moment." Along the hallway hang paintings, collages and text panels about the program and Alzheimer's and quotes by participants. One display asks, do you need to have a good memory to make art? The responses: "No, but it helps." "No, it just comes out." "I don't think so. You need to listen to do it right."

In general, participants responded best to projects with bright, joyful colors and subjects with people, places or topics that triggered memories or discussion. One of the most successful projects was one in which participants made clay, gold-painted cats.

"You were making something cute that you could hold in your hand, and it really sparked memories and conversations about pets," Lyford said. "I think the biggest trend, or what I've seen in the art projects, is seeing the change in people's level of happiness and relaxation from the beginning."

Eva St. Jacques and her daughter and caregiver Lori Ann St. Jacques echoed that sentiment and suggested this was the best part of the Easter Seals program.

"It allows her to express herself through art, and she always used to do that — she was

LOCAL — COLOR — NH art world news

• **New partnership:** The New Hampshire Institute of Art recently partnered with the University of New Hampshire Manchester. This comes one year after the two schools signed a memorandum of understanding, identifying a wide array of shared interests and potential areas for collaboration, from the classroom to residence life. The first phase of this partnership saw UNH Manchester students residing in NHIA residence halls and enrolling in design courses offered at NHIA that complemented the university's Bachelor of Arts in Communications curriculum. In the second phase of this partnership, full-time students enrolled at either college can now take a wide variety of courses offered at both campuses.

"By fusing NHIA's art and design focus with Manchester's STEM and liberal arts programs, students gain a wider range of marketable skills that prepare them for a fulfilling career," said UNH Manchester Dean Mike Decelle in a press release.

NHIA President Kent Devereaux also expressed enthusiasm for the partnership in the release.

"This is a natural partnership that will lead to many more exciting interdisciplinary collaborations between our colleges and our faculty," he said. "It also offers students at either college unparalleled access to educational and career opportunities as we work together with UNH Manchester to develop new programs at the intersection of fine arts, design, technology and engineering."

Manchester is home to more than 17,000 college students and was named by Fast Company as one of the top 10 cities for tech jobs in America. Visit nhia.edu or unh.edu.

in the choir for 20 years. ... She's always had that artistic ability, and coming here brings out that artistic talent. She was a big gardener and decorator," Lori Ann St. Jacques said during that Wednesday visit at the museum, and her mom laughed and agreed.

That day, their favorite piece of art depicted a couple ladies and cat laughing hysterically. ("Isn't it lovely?" Eva St. Jacques said. Her daughter added, pointing to a glass of wine at the center of the painting, "Even the cat's laughing. Our idea is, the cat might have taken a sip of wine.")

When Thomson picks out artwork to talk about, she sticks to realistic pieces with figures or places.

"The art is sort of neutral. If nobody has seen the painting before — or even if they have seen it — you can just sort of look at it and make up stories," Thomson said. "Today



Beaded scarves by Deb Fairchild. Courtesy photo.

• **Sculpture month:** In Nashua, May is sculpture month, and this week there's a plethora of sculpture events to partake in. The "Sculptors on Review" exhibit and sale is at 30 Temple St., Nashua, is on view now through May 7, and on Thursday, May 12, from 6 to 8 p.m., at NIMCO, 1 Pine St. Ext., Nashua, there's an opening reception for the 2016 Nashua Sculpture Symposium, whose theme is "Conversation." Tickets are \$15 at the door. Asta Vasiliauskaite, Gopinath Subbanna and Vasilis Vasili are traveling from Lithuania, India and Greece, respectively, and staying in Nashua for three weeks to create artwork for its downtown. You can visit them while they work Monday through Saturday, May 16 through June 2, from 8:30 a.m. to 5:30 p.m., followed by a closing event Saturday, June 4, at 1 p.m., behind City Hall.

• **Beaded scarves:** Deb Fairchild is the Exeter Fine Crafts May artist of the month, and she'll be at the Exeter Fine Crafts Gallery, 61 Water St., Exeter, for an opening reception Saturday, May 7, from noon to 3 p.m., to share her love of beadweaving. Fairchild fell into the craft by chance; she studied anthropology at Harvard and fell into a financial administration career until an accident forced her to become bedridden and learn that she loved beading. Her pieces, though made of beads, move like fabric, and some of her most popular products are beaded scarves. Call 778-8282.— *Kelly Sennott* 🍀

there was a Norman Rockwell painting, and instantly, people said, 'That's a soldier returning home. That's probably his fiance.' They were talking about the stars and the flags in the window. ... You can take the story in any direction, and it can bring up memories."

This partnership represents a larger effort by the Currier to focus on community outreach. They worked very closely with Easter Seals to tell the story of Alzheimer's and art.

"It's really important to us to certainly raise awareness about Alzheimer's and what it's like to live with that day to day, both from a client perspective as well as the family perspective, but also really help make people aware of how art fits into that and how art can really play a role in someone's life," Duff said. "It's not the end result — it's the process and the journey. ... For [this population], every moment really does count." 🍀

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ART TO ZEN

Twiggs Gallery, 254 King St., Boscawen, has a new show, "A to Z: Art to Zen," which features work by seven artists whose contemplative practices inform their life, work and art. The artists combine their art and meditative practices in a variety of ways -- Bruce Iverson and Sally Gordon Shea have mastered the meditative art of Asian brush painting, while mixed media artist Hari Kirin teaches and writes about art and yoga. Bette Abdu is a certified Zentangle teacher, Anne Boedecker facilitates "soul collage," Julie

Püttgen teaches art and meditation, and artist blogger Kathryn Costa creates and connects with mandala enthusiasts worldwide, according to a press release. The show's on view May 7 through June 12, with an opening Thursday, May 12, from 5 to 7 p.m. In addition, local Concord High School student Lauren Simpson's illustrations hang in the Twiggs "student's corner" gallery. Call 975-0015 or visit twigsgallery.wordpress.com. Hours are Thursday through Saturday 11 a.m. to 5 p.m. and Sunday from noon to 4 p.m. or by appointment. Pictured, "Sumi Bamboo" by Bruce Iverson. Courtesy image.

6, 5-8 p.m. Valerie's Gallery, 117 Market St., Portsmouth. Visit valeriesgalleries.com. Call 766-3737.

• **"HAVING A GOOD TIME"** Featuring artwork by Jane Kaufmann, Ree Katrak. On view through May. Reception Fri., May 6, 5-8 p.m. Robert Lincoln Levy Gallery, 136 State St., Portsmouth. Visit nhartassociation.org. Call 431-4320.

• **"DUALITY"** Featuring artwork by Christy Coiro. On view April 4 through May 6. Reception Fri., May 6, 5-7 p.m. Derryfield School, 2108 River Road, Manchester. Visit derryfield.org.

• **"ALONG THE WATERFRONT"** Exhibition of 15 paintings based on various waterfronts in New England, featuring work by Ann Trainor Domingue. On view now

through May 28. Opening Fri., May 6, 5-8 p.m. New Hampshire Art Association, 136 State St., Portsmouth.

• **"NATURE'S HARMONY"** Art show featuring local landscape paintings by artist Debbie Campbell. On view May 6 through July 30. Reception Fri., May 6, 5-7 p.m. Lake Sunapee Bank, 321 Main St., Newbury. Visit beyond-design.net.

• **"FLORA, FAUNA, AND BACKROADS TO THE BIG CITY: AN EXPLORATION OF LIFE IN OUR WORLD"** Souhegan Valley Photographers group spring photography show. On view May 1 through the end of the month. Reception Sat., May 7, noon-3 p.m. A&E Coffee Roastery and Whole Leaf Tea, MC Square 135, #7, NH-101A, Amherst. Visit facebook.com/souheganvalleyphotographersgroup.

• **DEB FAIRCHILD** May artist of the month. Featuring beaded jewelry. On view through May. Reception Sat., May 7, noon-3 p.m. Exeter Fine Crafts, 61 Water St., Exeter. call 778-8282.

• **"CAPTURED MOMENTS"** Photographers from Ash Street Group show. 16 artists, 50 photos. Opening reception Thurs., May 12, at 6:30 p.m. Hooksett Library, 31 Mount Saint Mary's Way, Hooksett. Visit ashstreetgroup.com.

Open calls

• **BEDFORD HANDMADE FAIR** Looking for local artisans to participate in fair set to happen Nov. 6, 2016. Accepting applications now through May 13. Bedford High School, 47B Nashua Road, Bedford.

• **CALL FOR ART: GREELEY PARK ART SHOW** Looking for artists to participate in Gree-

ley Park Art Show Aug. 20-21 in Nashua. Submissions due by July 1. Greeley Park, Nashua. \$140 fee. Visit nashuaareaartistsassoc.org.

Workshops/classes/demonstrations

• **EMPTY BOWLS WORKSHOP** Free workshop, donate to local Empty Bowls events. All ages welcome. Fri., May 6, 3-6 p.m. Studio 550, 550 Elm St., Manchester. Visit 550arts.com. Call 232-5597.

• **WET-FELTED SOAP ART** Workshop taught by Melinda Labarge. Sat., May 7, 10:30 a.m.-12:30 p.m. League of NH Craftsmen Nashua Retail Gallery, 98 Main St., Nashua. \$20 tuition, \$12 materials. Call 595-8233. Visit nhcrafts.org.

• **FAMILY POTTERY WORKSHOP** Crash course for kids to learn to try throwing on the wheel alongside parents. Sat., May 7, noon-1 p.m. Studio 550, 550 Elm St., Manchester. \$60 per parent/child pairing. Visit 550arts.com. Call 232-5597.

Classical Music

Events

• **UNH CONCERT, SYMPHONIC BAND** Concert. Thurs., May 5, at 8 p.m. Paul Creative Arts Center, 30 Academic Way, Durham. Free. Visit unh.edu/music. Call 862-2404.

• **LOWELL PHILHARMONIC ORCHESTRA** Spring pops concert. Fri., May 6, at 8 p.m. Butler Middle School, 1140 Gorham St., Lowell. \$10. Visit lowellphilharmonic.org.

• **CAT AND THE MOON** Celtic/bluegrass concert. Fri., May 6, at 9 p.m. Shaskeen Pub, 909 Elm St., Manchester. Visit theshaskeenpub.com.

• **"SINGING WITH CARE"** Local choral group The Volunteers made up of Elliot Hospital Associate Volunteers present concert in honor of Mother's Day and caregivers. Fri., May 6, at 2 p.m. Massabesic Audubon Center, 26 Audubon Way, Auburn. \$5 donation appreciated. Call 668-2045.

• **GREGG PAULEY** Final concert, finishing off Beethoven's 32 piano sonatas, "Beethoven: A State of Wonder." Fri., May 6, at 7:30 p.m. Concord Community Music School, 23 Wall St., Concord. \$20. Visit greggpauley.com.

• **UNH CHAMBER SINGERS** Concert, featuring William Kempster, conductor. Sun., May 8, at 3 p.m. Paul Creative Arts Center, 30 Academic Way, Durham. Free. Visit unh.edu/music. Call 862-2404.

• **UNH YOUTH SYMPHONY ORCHESTRA** Concert. Sun., May 8, at 7 p.m. UNH Paul Creative Arts Center, 30 Academic Way, Durham. Free. Visit unh.edu/music. Call 862-2404.

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Derryfield School
2108 River Road, Manchester, NH

107924

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Anna Sarno Ryan, MD



Hamad Alabdulrazzaq, MD

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From yoga to pilates, cooking to languages to activities for the kids, Hippo's weekly listing offers a rundown of all area events and classes. Get your program listed by sending information to listings@hippopress.com at least three weeks before the event.

Looking for more events for the kids, nature-lovers and more? Check out **Hippo Scout**, available via the Apple App Store, Google Play or online at hipposcout.com.

INSIDE/OUTSIDE

Days of old

Jousting, dragons and more at the Renaissance Faire

By Angie Sykeny
asykeny@hippopress.com

'Tis the time of year when knights, nobles, minstrels and royals gather in Kingston for the New Hampshire Renaissance Faire. For two weekends — Saturdays and Sundays, May 7, May 8, May 14 and May 15, from 10 a.m. to 5 p.m. — fair manager Marghi Bean will once again lend her 35-acre property as a medieval village, with period music and theater performances, merchants and craftsmen at work, jousting demonstrations and more.

"It's going to be a great year," Bean said. "It's not terribly big. It's smaller than King Richard's, but it's a nice fair and the property really feels like you're out in a medieval village in the woods."

New this year is an expanded children's area with a storyteller, added games, crafts, face-painting, a Jacob's Ladder and educational demonstrations. As always, young ladies will have the chance to have tea with the Queen, and young pages can be knighted by the Queen's knights.

New Hampshire Renaissance Faire

When: Saturdays and Sundays, May 7, May 8, May 14 and May 15, from 10 a.m. to 5 p.m.

Where: 9 Thorne Road, Kingston

Cost: \$12 for adults, \$10 for active military or veterans, \$8 for kids ages 5 to 12, free for children 4 and younger. Proceeds benefit NH Food Bank and Rockingham Meals on Wheels.

Visit: nhrenfaire.com



Visitors join in a traditional dance around the maypole at the NH Renaissance Faire. Courtesy photo.

Even outside the children's area, the fair is family-friendly, which Bean said isn't always easy to uphold at a Renaissance fair.

"The humor of the 1400s and 1500s can be very bawdy, but we've decided not to do any of that," she said. "A lot of Renaissance fairs do, so we make sure everyone who works and performs here knows that this is a family fair and to keep the entertainment family-friendly."

Kids and adults can also participate in activities like traditional maypole dancing, belly dancing lessons and archery with guidance from instructors.

Actors, dancers and musicians will perform throughout the day, some in a wandering or improvisational

style, others in scheduled performances held at several small stage areas and the main Queen's stage. This year's fair will be the first to utilize the rebuilt Queen's stage, which now includes a backstage area to allow for more complex performances.

Some of the entertainment featured includes educational historical theater, fiddle, harp and a capella music, musical comedy and interactive comedy acts, recited poetry, belly dancing and more. Also, Zoo Creatures of Plaistow will make their debut at the fair with real-life dragons and fun tidbits about reptiles.

Throughout the day in the backfield, knights will be showcasing their armor and weapons, how they

prepare for battle and how they fight. Then, at scheduled times, skilled knights will face off in a demonstration jousting match.

"The whole rest of the fairgrounds is always empty when the knights are fighting and jousting," Bean said. "A lot of people come just for that. And as a teaching thing, well, you never get that out of a history book. They make it interesting to learn."

There will be plenty of opportunities for shopping among the 65 merchants stationed around the fair. Food vendors will have regular lunch items like hot dogs, soups and sandwiches; ice cream, cotton candy, popcorn and other snacks; and of course, the Renaissance fair favorite, jumbo turkey legs. Other merchants will be selling a wide selection of wares, including clothing, costume accessories and props, leather goods, jewelry, herbal products, pottery, artwork, chainmail items and more. Service vendors will be offering tarot readings, face painting, henna art and hair braiding, and a handful of fantasy authors will be onsite selling and signing their books. Finally, craftsmen will be doing demonstrations of their weaving, blacksmithing, wood burning and letterpressing.

Bean said a lot of people arrive at the fair in costume, ready to immerse themselves in the imaginary village.

"Everyone is on the same page [with the fact that] it's a Renaissance fair and it's a fantasy type of setting," she said. "I think of it as theater-in-the-round ... and if you can think of it that way, you can really get in the mood. You get pulled into it, and you become part of the chorus." 🍷

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IN/OUT

KIDDIE — POOL —

Family fun for the weekend

Spaced out

Families can enjoy a day of science and engineering fun at McAuliffe-Shepard Discovery Center's (2 Institute Drive, Concord) annual **Aerospacefest** happening on Saturday, May 7, from 10:30 a.m. to 4 p.m. There will be a premiere of the planetarium show *The Little Star that Could*, presentations by special guests including a NASA astronaut, a premiere of Mitchell Comics' new special-edition *Mercury 7* comic book, aviation simulators and all kinds of STEM activities. Admission for the day is \$15 for adults, \$13 for students and seniors, \$10 for children and free for members and children under age 3. Call 271-7827 or visit starhop.com.

Animal fun

Join Amoskeag Fishways (4 Fletcher St., Manchester) on Friday, May 6, from 6:30 to 8 p.m., for a **Fabulous Fish Family Fun Night**. Find out what makes different kinds of fish unique and which ones live in the Merrimack River. There will be a fish-inspired art project to learn about how fish survive.

For younger kids ages 4 and 5, the Fishways is having a **Spring Serenade Fishways Funday** on Saturday, May 7, from 12:30 to 2 p.m. Discover what animals are making all that noise in the springtime and why they're doing it. Then, try mimicking their sounds and make an animal call to take home. The cost for either of these events is \$8 per family. Advance registration is required. Call 626-3474 or visit amoskeagfishways.org.

Shear joy

It's **Shearing Day** at Charmingfare Farm (774 High St., Candia) on Saturday, May 7, from 10 a.m. to 4 p.m. Kids and families can watch the sheep, alpacas and llamas get sheared for spring, then meet the shearers and ask questions about the process. There will be craft projects with wool, spinning and carding demonstrations, activities with



Aerospacefest at McAuliffe-Shepard Discovery Center. Courtesy photo.

the local 4-H club, horse-drawn and tractor train rides, pony rides and more. Admission costs \$19 per person. Call 483-5623 or visit visitthefarm.com/shearing-day.

Off the walls

Don't miss the **open gym event** at Granite State Gymnastics (71 River Road, Bow) on Saturday, May 7, from 4 to 6 p.m., to support two Concord kids who will be representing the U.S. at the World Tap Championships in Germany this fall. There will be tumble track, climbing rope, a foam pit, bouncy houses and trampolines to play on, plus music and games. Tickets cost \$15 at the door or \$10 when purchased in advance online at concord-tap-kids.ticketleap.com.

Head to Cowabunga's Indoor Inflatables Playground (1328 Hooksett Road, Hooksett) on Friday, May 6, from 5 to 8 p.m., for a **jump party with Captain Jake** from the Disney Junior series *Jake and the Neverland Pirates*. Bounce around, play fun games, take part in a free craft and get your picture taken with Captain Jake. Admission costs \$10 for kids and free for adults and babies. Call 625-8008 or visit mycowabunga.com.

Spring creations

Parents and kids are invited to the Currier Art Center (180 Pearl St., Manchester) for a **Day to Play in Clay** parent-child workshop on Saturday, May 7, from 1 to 3 p.m. Using the colors of spring as inspiration, create flowers on your own handmade tiles with sculpting, carving and stamping textures. Projects will be glazed during the workshop, then fired and available for pickup two weeks later. This activity is for children ages 5 and older and costs \$25 per parent-child pair. Call 669-6144 or visit currier.org.

Clubs

Events

•BLUE BONNET LUNCHEON This year's special presentation, "The Three Bonnets" by Carol Jaudes & Karen Krinjak, celebrates the lives of Salvation Army women. The Salvation Army is celebrating 150 years of service. Fri., May 13, 11 a.m. Manchester Country Club, 180 S. River Road, Bed-

ford. Tickets are \$30. and may be purchased in advance from Rosemarie Ducharme, President of Women's Auxiliary, by calling 622-5613. Deadline for tickets is May 2nd.

•NH TOA ANNUAL MEETING New Hampshire Timberland Owners Association holds their 105th annual meeting with tours, a business meeting, awards, a live auction and raffle.

Sat., May 14, 8 a.m. Huddleston Hall, University of New Hampshire, 105 Main St., Durham. \$38, free for kids 12 and under. Call 224-9699.

Garden

•NASHUA GARDEN CLUB New members are welcome to join at any time of the year by contacting Garnette Westbrook, membership coordinator, at

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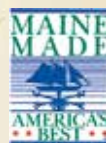
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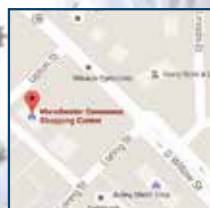
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From A and B to Z

Tips for growing veggies

By Henry Homeyer
listings@hippopress.com

It's time to start thinking about the vegetable garden. I can't cover all plants I will grow, but I'd like to share tips on plants I love, starting with artichoke and ending with zucchini.

Twenty years ago it was unheard of to grow artichokes in a New England garden. The first time I grew an artichoke from seed it developed into a huge plant but didn't start to produce "chokes" until cold weather came in the fall. So I built a little plastic-sheathed hoop house over it, and harvested my one and only artichoke in October — after snow! The local paper sent a reporter and a photographer.

Here's what I've learned since that first effort: start early. I planted seeds March 3 this year in six-packs and transplanted seedlings into bigger plastic pots in mid-April. Now the plants have four large leaves and are ready to go to my cold basement (45 degrees) where I will set them up under lights on a timer, giving only 10 hours of light per day for the next 10 days. This will fool those artichokes into thinking they have gone through winter. Artichokes, you see, usually only produce in their second year. I'll plant mine in early June.

Now locally grown artichokes are sold at farms, and seedlings are, too, in case you haven't started any. They will produce foliage plants and a few small artichokes. Some farms grow them in unheated greenhouses to stimulate them to produce their first year.

"B" is for beans. There are many varieties; all can be placed in one of two categories: bush beans or pole beans. Bush beans produce a nice yield of beans over a three- to four-week period and are done. Pole beans, once they start producing, will continue to produce some beans until fall, if you keep picking them. Not only that, pole beans are better for casual gardeners, as many varieties still are yummy even if the beans are not picked on time and get large. Bush beans that get large, get woody. My favorite pole bean is Kwintus. Kentucky Wonder is also great.

Beans are legumes, and have nodules in their roots that can harbor nitrogen-fixing bacteria. These bacteria take nitrogen from the atmosphere and fix it in the soil, transforming it into nitrogen useable by plants. Free fertilizer, if you will. You can buy a packet of inoculant at garden centers. Wet your beans at planting time, then sprinkle the inoculant on the beans, and plant. A packet of inoculant will do a lot of beans, but won't work next year, so share your leftovers with another gardener. And if you don't get any in time, you can sprinkle it over the soil and water it in.

"B" is also for broccoli. I start mine by seed, but it's getting a bit late for that now if



Photo by Johnny's Selected Seeds

you want early broccoli. But it is plentiful at garden centers, and quite cold-tolerant once hardened off and well established. You can plant seeds outdoors by seed in mid-July for a fall crop.

My favorite broccoli substitutes are two relatives that don't ever produce a big head, but are quick-growing and produce very numerous mini-heads, what we would call side-shoots on broccoli. One is called piracicaba, and is available from Hudson Valley Seed Library (seedlibrary.org). It's actually a tropical broccoli and does well in the heat.

The other is Happy Rich, a hybrid sold by Johnny's Selected Seeds (johnnyseeds.com). Like piracicaba, it has a lovely flavor, and you can eat the leaves and stems if you are so inclined. It produces all summer and well into the fall.

The last of the "B" vegetables, for today, at least, is Brussels sprouts. This vegetable is not universally well loved — too many cooks overcook it, serving mushy sprouts. But they are wonderful if lightly steamed and served with butter or vinegar.

Some gardeners never get big Brussels sprouts because they let the plants grow taller and taller, putting all their energy into growing tall. So here is what you need to do: cut off the top of the plant in early September. Labor Day at 10 a.m., to be precise. Cut off the top 3 to 4 inches, which is where upward growth occurs. Then the plant will use its energy to create big sprouts.

Skipping forward to "Z" as promised, my favorite zucchini is one called Romanesco. It has a striped, ridged exterior and firm flesh that is very tasty. What's wonderful about it is that, unlike many summer squash and other zucchini, the flesh is still tasty and usable even if the squash goes unnoticed and develops into a big fruit. Romanesco zucchini plants are rarely found at garden centers, but seeds are readily available. Buy the seeds now, plant outdoors in June or early May indoors in 4-inch pots.

I skipped a few vegetables in this year's tips, but there will be more in future columns. Meanwhile, I'm going outside to plant some carrots — they come after the "Bs."

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IN/OUT TREASURE HUNT

Dear Donna,

I am interested in your thoughts on a bedroom set (bed frame and dresser) that has been in my husband's family for several generations. Both pieces have carvings of a bunch of grapes with leaves, and there's a note indicating the set was originally purchased in the 1800s. Would you be able to give us an idea how much the set is worth?

A small piece of trim has fallen off the footboard, but we have the piece. Should we re-attach it, or are we better off just keeping everything together for a professional to repair?

Sarah

Dear Sarah,

What you have is a part of a Victorian bedroom set (mid to late 1800s). It's not uncommon over time for it to be either split up — perhaps someone in the family needs it for another home — or damaged.

The dresser you sent photos of has the typical glove boxes on the top. It could have had a large mirror as well. The wood is usually walnut with a mahogany finish. The pulls, just like the design on the headboard and footboard, would be hand-carved. To complete this set there could have been another chest and possibly even side tables and an armoire (for hanging clothes). Sometimes they all are wood or can have marble tops.

The values on such pieces have dropped

garnney@aol.com or by phone at 888-1586. First Wed., doors at 6:30 p.m., meeting at 7 p.m. First Baptist Church, 121 Manchester St., Nashua. Members of the public are welcome to attend a meeting for a \$5 fee. Annual dues are \$20. More information about the club can be found at nashuagardenclub.com or on their Facebook.

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Hobby

•PHOTOGRAPHY CLUB
Informal club offering opportunities to enhance photographic skills and meet people with similar interests. First and third Mon. Bishop Guertin High School, 194 Lund Road, Nashua. \$35 per year, \$60 for dual families, and

\$15 for full-time students. Go to photographersforum.org.

•PHOTOGRAPHERS FORUM CAMERA CLUB
An informal club offering educational opportunities for all ability levels and the opportunity to meet people with similar interests. Meets on the first and third Mon. Bishop Guertin High School, 194 Lund Road, Nashua. For more information, visit photographersforum.org or find them on Facebook.

•MANCHESTER STAMP CLUB
Add to your stamp collection, swap stories and learn about philately from the birth of the postage stamp in 1840 until 2016. Fourth Mon., 7 to 9 p.m. Immanuel Lutheran Church, 673 Weston Road, Manchester. First meeting is free. Call 486-5750.

Professional

•MANCHESTER YOUNG PROFESSIONALS NETWORK MYPN
aims to create business and social opportunities for new and existing young professionals in Manchester. Meets monthly and for networking events at various Manchester



due to the generation not really embracing the style. Replacement value appraisal would be higher due to the fact that they just don't make furniture like this any more so it is tough to replace. Keeping this in mind, I would say the appraisal is in the \$300+ range for insurance purposes, but I'm not sure it would bring that in the market today. It would depend on whether you could find the right buyer.

I would leave the pieces as they are, so as to not repair them improperly. I hope this helped, and thanks so much for sharing your family treasures with us.

Donna Welch has spent more than 20 years in the antiques and collectibles field and owns From Out Of The Woods Antique Center in Goffstown (fromoutofthewoodsantiques.com). She is an antiques appraiser and instructor. To find out about your antique or collectible, send a clear photo of the object and information about it to Donna Welch, From Out Of The Woods Antique Center, 465 Mast Road, Goffstown, N.H., 03045. Or email her at footwdw@aol.com. Or drop by the shop (call first, 624-8668).

venues. Manchester, NH Manchester, Membership is free. See mypn.org.

Toastmasters

•MERRIMACK MOTIVATORS
Come practice and improve your public speaking skills and your leadership skills with a fun welcoming group. Tues., 5 to 6:15 p.m. Merrimack Town Office, 6 Baboosic Road, Merrimack. Visit merrimackmotivators.org.

•TOASTMASTERS
Meetings for those who want to learn, practice and improve their public speaking, listening and leadership skills. Fri., 7 to 8:30 a.m. American Red Cross, 2 Maitland St., Concord. Free. Visit concord.toastmastersclubs.org.

•CONCORD TOASTMASTERS
Improve your ability to reach and motivate people while improving your speaking, listening and thinking skills. Mon., 6:30 to 8 p.m. Granite Ledges of Concord, 151 Langley Parkway, Concord. To learn more, stop by a meeting, call 715-1881 or visit facebook.com/capitaltoastmasters.

And they're off!

Soap box derby takes over NH Motor Speedway

By Angie Sykeny
asykeny@hippopress.com

Soap box derby is often seen as an icon of years past, reminiscent of *The Little Rascals* or a Norman Rockwell painting, but in the Granite State the sport is alive and well.

On Saturday, May 7, and Sunday, May 8, from 9 a.m. to 3 p.m., more than 30 racers ages 7 through 20 will compete in the New Hampshire Soap Box Derby Annual Spring Rally Weekend, held at the south entrance roadway of New Hampshire Motor Speedway in Loudon.

The rally is one of three major events hosted by New Hampshire Soap Box Derby each year and gives participants a chance to qualify to race in the FirstEnergy All-American Soap Box Derby World Championship held every July in Akron, Ohio.

"A lot of the kids have been racing around each other for a number of years, so it's exciting to see the competition between them," said Chris Mikus, NHSBD Southern New Hampshire rep. "There's a good core group of families in New Hampshire that do this. There's even a kind of East-West rivalry going on between families who have been at this for two or three generations."

In a soapbox race, two competitors ride their self-built gravity-powered cars side by side down a softly sloped track or street. The standard rally race has a course of 700 feet and lasts under 30 seconds. To ensure fairness, the competitors race two times, switching lanes and swapping wheels for the second round. The winner is determined by the overall time difference between the drivers as they cross the finish line in both rounds, and it's not uncommon for a race to be won by milliseconds. For accuracy, an electronic timing device at the finish line records the drivers' times.

One purpose of the spring rally is to generate interest for the NHSBD Annual Local Championship race happening Sunday, June 5, on Broadway in Dover.

"It's an opportunity to see what it's all about and what the race is like," Mikus said. "People can meet with members, ask questions and learn how to order a car and get involved for the June race, which is the primary way to qualify to go to Ohio."

There are three race divisions: the Stock division is open to racers ages 7 through 13 and up to 5'3" tall and 125 pounds. Super Stock is for racers ages 9 through 18 and up to 6'0" and 150 pounds. The Masters division is designed for racers ages 10 through 20 up to 6'0" tall and 160 pounds.

The rally is scored tournament style with one double and one single elimination race on each day. Rally racing allows competi-



Courtesy photo.

itors to practice and improve their skills while earning points to qualify for the championship. Trophies will also be awarded in categories like best sportsmanship, best constructed car, rookie of the year and more.

Competitors build their own cars according to the style and specifications set for their divisions. The cars are ordered online through the official Soap Box Derby website and come as kits with sanctioned parts. It takes about 4 to 8 hours to put one together, depending on the kind of car.

How well a racer performs is equally dependent on their strategy in building the car and their skill in handling the car during the race.

Mikus, who is also a father of soap box derby racers, said the sport isn't just fun, but also a way for kids to learn about STEM concepts and good sportsmanship.

"When I practice with my boys, I teach them about the physics of the car, about the potential energy and kinetic energy of going down a hill, how to reduce friction and wind resistance, so there's a lot of science and math that goes into it," he said. "It's a great activity for families to do together."

NH Soap Box Derby Spring Rally Weekend

When: Saturday, May 7, and Sunday, May 8, from 9 a.m. to 3 p.m.

Where: New Hampshire Motor Speedway, 1122 Route 106 North, Loudon

Cost: Free and open to the public. Check in at the main entrance security office for an admission wristband.

Visit: newhampshire.soapboxderby.org



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COWS IN CANTERBURY

Canterbury Shaker Village (288 Shaker Road, Canterbury) has its annual Heifer Parade on Saturday, May 7, from 10 a.m. to 3 p.m. The spring celebration features a parade of heifers to their first spring grass, maypole dancing, food, outdoor barn dancing and make-your-own head wreaths, tutus and May baskets. The parade begins at 11 a.m., but come early to decorate yourself for the parade.

Be sure to wear your spring bonnet; prizes will be awarded for the best hat. Admission is free, and guided tours will be available for \$10 per person. Visit shakers.org. Pictured: Courtesy of Canterbury Shaker Village.

Continuing Education Open houses

•ST. JOSEPH SCHOOL OF NURSING ADMISSIONS OPEN HOUSE Registration opens May 1. Open house takes place Wed., June 1, with information sessions at 3, 4 and 5 p.m. 5 Woodward Ave., Nashua. Free parking in hospital garage. Visit sjson.edu.

Professional development
•HARNESSING THE POWER OF LINKEDIN LinkedIn is a powerful networking site for people who want to connect with new clients, build brand awareness, or expand their personal networks. Learn

how to set up your profile, find and add contacts, request recommendations, use groups to connect with your target audience, and more. Thurs., May 19, 7 p.m. Nashua Public Library, 2 Court St., Nashua. Free. Registration is required. Visit tinyurl.com/npllectures.

Crafts

Fairs
•MOTHER'S DAY WEEK-END CRAFT FESTIVAL Saturday, May 7, from 10 a.m. to 5 p.m., and Sunday, May 8, from 10 a.m. to 4 p.m. Town Commons, 4 Lincoln Ave., Hampton Falls. Free admission. Visit castleberryfairs.com.

Health & Wellness
Childbirth & parenting
•SCREENAGERS: GROWING UP IN THE DIGITAL AGE Premiere of the new documentary which probes into the vulnerable corners of family life, including the director's own, and depicts the messy struggles over social media, video games, academics and internet addiction. Through surprising insights from authors and brain scientists solutions emerge on how we can empower kids to best navigate the digital world. Afterward there will be a guided discussion on how screen time affects teens in our community. Thurs., May 5, 7 p.m. Pine Hill Waldorf School, 77 Pine Hill Drive, Wilton. \$10.

Email jhipp@pinehill.org or call 654-6003.
•FLEDGLINGS NATURE-BASED PRESCHOOL OPEN HOUSE Tour the classroom, learn about their teaching philosophy and meet the staff. Sat., May 14, 10 a.m. to noon, and Mon., June 6, noon to 1 p.m. Prescott Farm, 928 White Oaks Road, Laconia. Visit prescottfarm.org.

Miscellaneous

Card, board & dice games for adults
•MONOPOLY GAME NIGHT Come to play a variety of Parker Brothers Monopoly games on Mother's Day eve. Ages eight to one hundred and eight are welcome, bring a snack to share, punch will be provided. Sat., May 7, 5:30 p.m. Northwood Congregational Church, 881 First NH Turnpike/Route 4, Northwood.

Festivals and fairs
•SPRING INTO WARNER FESTIVAL Main Street will be filled with artists demonstrating and exhibiting their work, live music, food, the Warner Farmers' Market at Town Hall, and a "5K Relay for the PreK" Fund-raiser. Sat., May 14, 9 a.m. to 3 p.m. Main Street, Warner. Visit kearsargechamber.org or mainstreetwarnerinc.org.
Religion-related events
•ISRAELI DANCE NIGHT

Kiddush, music, dancing will follow immediately after the Friday night service. Fri., June 3, services begin at 7:30 p.m. Etz Hayim Synagogue, 1 Hood Road, Derry. Free. Visit etzhayim.org.
•END OF LIFE RITUALS AND TRADITIONS Panel will present perspectives from the Catholic, Muslim, Protestant, and Jewish faiths, followed by a question and answer period. Conversation and refreshments afterward. Mon., May 16, 6:45 p.m. Temple Adath Yeshurun, 152 Prospect St., Manchester. Please RSVP to interfaithwomennh@gmail.com or call 315-9386. Visit interfaith-womennh.org.

Workshops

•POOL SCHOOL Classes on swimming pool care. Intro to Pool Maintenance on June 8. Intro to Pool Chemistry on May 11 and June 15. Pool Care Lite on July 13. Easy Pool Opening on April 27 and May 25. Wed., 7 to 8:30 p.m. Seasonal Specialty Stores, 120 Route 101A, Amherst. Free. Space is limited, so register in advance. Register in the store or by calling 880-8471.

Yard sales/fundraisers

•SPRING FLING FAIR Features a silent auction, crafts, plants, baked goods, clothing, books, deli items and more. Sat., May 7, 9 a.m. to 1 p.m. East Con-

gregational Church, 51 Mountain Road, Concord. Call 224-9242.

Museums & Tours
History & museum events
•THE STUDY OF WOOD AS AN ARCHAEOLOGICAL TOOL IN UNDERSTANDING THE PAST Presentation will explore the use of wood as an archaeological tool in researching the past. Examples include lumber samples discovered in historic structures as well as in early cemeteries of New Hampshire. Fri., May 13, 7 to 8:30 p.m. Massabesic Audubon Center, 26 Audubon Way, Auburn. Call 668-2045.

Tours

•GUIDED GALLERY TOUR Sat., May 14, 2 p.m., and Fri., May 20, noon. New Hampshire Historical Society, 30 Park St., Concord. Visit nhhistory.org.

Nature & Gardening
Animals/insects
•INTRO TO PELAGIC WILDLIFE Enjoy a brief slideshow on wildlife you might see just off New Hampshire's coast. Learn how to identify some common pelagic birds as well as a few commonly sighted whale species. Sat., May 28, 3 to 4 p.m. Massabesic Audubon Center, 26 Audubon Way, Auburn. \$5 (free to those attending the Pelagic Trip on May 30). Call 668-2045.

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1. 1 Oak on Elm TACO: Duck Confit: Pickled beets, roasted shallot and duck powder, crumbled Cherve CHARITY: Susan G Komen	6. Baked TACO: Choco Taco: Corn taco dipped in dark chocolate, filled with chocolate cake, sliced strawberries, green buttercream frosting, orange zest and whipped cream. CHARITY: Autism Speaks	11. Consuelo's Taqueria TACO: Texcoco Taco: A zesty chipotle ground beef and potato taco, topped with lettuce and an optional super hot sauce. CHARITY: Greater Manchester Aids Project	16. The Farm Bar and Grille TACO: Pulled Pork Taco: Pulled pork on a flour tortilla with coleslaw and barbecue sauce CHARITY: Kupenda Children	21. Funktion Spirits and Spoonfuls TACO: The Butcher - The Garden: The Butcher is a spiced braised short rib, kale & Brussel sprout slaw, pickled radishes, cheese with cilantro creme fraiche. The Garden is chipotle roasted cauliflower, tri-color baby carrots, arugula, tomato relish & vegan avocado creme fraiche. CHARITY: American Cancer Society
2. 900 Degrees TACO: Italian Roast Beef Taco: A soft taco shell filled with Italian roast beef, savory Tuscan salsa, fresh mozzarella and fresh basil. CHARITY: Norris Cotton Cancer Center@CMC in the name of Marion Legsdin Niemi	7. Ben & Jerry's Ice Cream TACO: Mexicone Dream: A waffle taco shell cone filled with American Dream ice cream, caramel and white corn tortilla chips. CHARITY: CHAD	12. Currier Museum TACO: Killer Taco: BBQ pulled pork, Asian pear slaw and sharp cheddar cheese. CHARITY: Easter Seals/Inti Academy	17. Finesse Pastries TACO: Salted Caramel Dessert Taco: A cookie shell filled with chocolate caramel cake topped with chocolate caramel mousse. CHARITY: New Horizons	22. Gale Motor Co. Eatery TACO: Spicy Pulled Pork Taco: Spicy pulled pork taco topped with superfood slaw, cilantro cream and Sriracha. CHARITY: Manchester Animal Shelter
3. A & E Coffee and Tea TACO: Coffee Chipotle Mole Chicken Taco: Pulled chicken spiced with a southwestern coffee rub, drizzled with a coffee mole and with lettuce and tomato. CHARITY: Fundación Amigo Del Cafe	8. Café la Reine TACO: Freddie Mercury Taco: A soft taco filled with chicken, Buffalo sauce, lettuce and tomato topped with ranch dressing. CHARITY: Manchester Animal Shelter	13. The Dugout TACO: Mojo Pork: Jicama black bean and corn salsa, pickled onion, plantain chips. CHARITY: Manchester Animal Shelter	18. Firefly Bistro and Bar TACO: Voodoo Chicken Taco: Cajun pulled chicken, andouille sausage, and cheddar. With a build-your-own fixin' bar to dress it up. CHARITY: Granite United Way	23. Gauchos TACO: Traditional Chicken Taco: Grilled chicken smothered in a traditional chile sauce in a grilled flower tortilla. CHARITY: St. Jude's
4. B & B Cafe and Grill TACO: Fish/Chip - Chicken BBQ - Gyro: Fish/ chip taco with coleslaw and tartar sauce. Chicken BBQ taco with shredded chicken and barbecue sauce. Gyro taco with lamb and beef with a cucumber and garlic yogurt sauce. CHARITY: Animal Rescue	9. Campo Enoteca TACO: Eggplant Polpetti Taco (vegetarian): Artichoke white bean puré and pico de gallo pepper relish. CHARITY: Manchester Animal Shelter	14. Doogies Bar and Grill TACO: Cheesy Beef Taco: Three delicious cheeses with beef, lettuce, tomato and onion on a crunchy a taco. CHARITY: Manchester Food Bank	19. The Foundry TACO: Smoked Brisket Taco: Smoked brisket topped with marinated cabbage and Contoocook cheddar cheese. CHARITY: The Food Bank	24. Granite State Candy Shoppe TACO: Unfried Ice Cream Bowl: Vanilla ice cream rolled in cinnamon and sugar drizzled with honey. CHARITY: Salvation Army
5. Bada Bing Pizzeria TACO: Mexican Steak and Cheese or Buffalo Chicken Feta Taco: Mexican taco- shaved steak with Monterey jack, lettuce, cilantro and spices. Buffalo chicken feta taco- lightly battered chicken tender, with feta cheese, shredded lettuce and hot sauce. CHARITY: Boston Children's Hospital	10. Club Manch- Vegas TACO: Chinese Chicken Taco: Battered chicken with jasmine rice drizzled with sweet and sour sauce on a hard shell taco. CHARITY: Greater Manchester Aids Project	15. El Rincon TACO: Taco Barbacoa: Barbacoa (beef) taco topped with onion, cilantro, tomato and with a choice of hot or mild sauce. CHARITY: St. Anns - St. Augustin Church	20. Fratellos TACO: Chorizo and Duck Taco: Chorizo and Duck Taco with sweet potato hash, blood orange aioli and mango salsa. CHARITY: St. Anns - St. Augustin Church	25. The Gyro Spot TACO: OPA Taco: A taco filled with pork, chicken, tzatziki sauce, mayo, dijon mustard, cayenne pepper and french fries. CHARITY: Alzheimer's Association

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<p>26. Hanover Street Chop House</p> <p>TACO: Fire Grilled Steak Taco: Brown sugar & spice rubbed sirloin, Ben's Ancho jam, queso fresco, avocado ketchup, and flame-grilled onions on a whole wheat or corn tortilla.</p> <p>CHARITY: The Webster House</p>	<p>31. Loafin' Life Bakery</p> <p>TACO: Apperito-Jalapeno Quesito: Apperito is an apple pie taco with caramel sauce topping. Jalapeno Quesito is a jalapeno cheddar cheese taco with an egg scramble and salsa topping.</p> <p>CHARITY: Bedford Animal Shelter</p>	<p>36. N'awlins Pub & Grille</p> <p>TACO: Cajun Chicken Salad Taco: Chicken tenders mixed with celery and cajun mayonnaise topped with lettuce and tomato.</p> <p>CHARITY: Maggie's Beat</p>	<p>40. Stark Brewing Co. / Milly's Tavern</p> <p>TACO: Stark Pig-Porter Beer Taco : Porter steamed pulled pork with siriacha bourbon sauce, bacon bits and cheddar sauce.</p> <p>CHARITY: New Horizon</p>	<p>44. The Pint</p> <p>TACO: Jamaican Pork Taco: Jamaican brown stew pork spiced to perfection with jerk seasoning, mango, pineapple and topped with lettuce and cheddar jack cheese.</p> <p>CHARITY: IAAF Local 856 Operation Warm</p>
<p>27. Hilton Garden Inn at Fisher Cats Stadium</p> <p>TACO: Smoked Brisket Taco: Smoked brisket taco with tomatillo salsa, fresh tomatoes and cilantro sour cream</p> <p>CHARITY: CHAD</p>	<p>32. Manchester Fire Department</p> <p>TACO: Fire House Taco: Mexican spiced pork shoulder with pico de gallo and a special firehouse sauce on a soft flour tortilla.</p> <p>CHARITY: MDA</p>	<p>37. Queen's Pub & Grille</p> <p>TACO: QPG Reuben Taco: Thinly sliced corned beef with melted imported swiss cheese, sauerkraut and Russian dressing wrapped in a soft taco.</p> <p>CHARITY: Liberty House Manchester</p>	<p>41. Strange Brew Tavern</p> <p>TACO: Beer Can Beef Brisket: Beef brisket slow roasted in Dos Equis with pico de gallo.</p> <p>CHARITY: Habitat for Humanity</p>	<p>45. Thirsty Moose Taphouse</p> <p>TACO: Alcitas Carnita's: Succulent slow roasted pork, marinated in an ale, citrus & herb infusion, topped with homemade avocado, ranch, lettuce, tomato & onion.</p> <p>CHARITY: Dana-Farber and Jimmy Fund</p>
<p>28. Ignite/Hooked Bar</p> <p>TACO: Fish Taco: A soft shell taco filled with fried haddock, fresh greens, pico de gallo and our own creole tartar sauce.</p> <p>CHARITY: Hope for NH</p>	<p>33. Margaritas</p> <p>TACO: The Pollo Fresca Taco: A fresh combination of seasoned chicken and salsa fresca, topped with cilantro crema on a flour tortilla.</p> <p>CHARITY: Manchester Lions Club</p>	<p>38. Red Arrow Diner</p> <p>TACO: The Red Arrow Dessert Taco: A taco shell made of pancake, filled with a dinah finger, strawberries and whipped cream.</p> <p>CHARITY: Girls at work</p>	<p>42. Suddenly Susan's Gourmet Deli</p> <p>TACO: The Amoskeag Taco: All white chicken salad with dried cranberries, sliced green apples and leafy green lettuce on a soft taco shell.</p> <p>CHARITY: Bedford Bobcats Special Olympics Team</p>	<p>46. USA Chicken and Biscuits</p> <p>TACO: Sambosa Taco: Seasoned ground beef, lettuce, tomato, American cheese with a white mayonnaise sauce.</p> <p>CHARITY: Wounded Warriors Project</p>
<p>29. JD's Tavern</p> <p>TACO: Maple Smoked Pork Tacos: Maple smoked pork belly with spicy pickled red onion and cilantro fraiche.</p> <p>CHARITY: Easter Seals of NH</p>	<p>34. Midtown Cafe</p> <p>TACO: Pulled Pork Taco: Pulled pork taco with Carolina Slaw</p> <p>CHARITY: Serenity House</p>	<p>39. Republic</p> <p>TACO: Curry Potato & Cauliflower Taco: Curry potato and cauliflower taco with red cabbage slaw and tahini sauce.</p> <p>CHARITY: Manchester Animal Shelter</p>	<p>43. Taj India</p> <p>TACO: Chtikka Taco: Chicken taco with tomato and masala (Indian) sauce.</p> <p>CHARITY: Wounded Warriors Project</p>	<p>47. Veranda</p> <p>TACO: Fish Taco- Chicken Tikka Taco: The fish taco is a fresh haddock with pico de gallo, mixed greens and topped with a Louisiana Aioli. The Chicken Tika Taco is chicken tenders marinated in delicate Indian spices and baked. Served with pico de gallo and mixed greens. Topped with a curry aioli.</p> <p>CHARITY: New Horizons</p>
<p>30. La La's Hungarian Restaurant</p> <p>TACO: Transylvanian Taco: Crepes filled with apricot, blueberry and cherry filling.</p> <p>CHARITY: Wounded Warrior Project</p>	<p>35. Mint Bistro</p> <p>TACO: Beef Brisket Barbacoa: Beef Brisket Barbacoa with pickled vegetables, avocado sauce, cilantro and our own homemade hot sauce.</p> <p>CHARITY: Make A Wish</p>			

Mom is right to be worried about safety in an old car



By Ray Magliozzi

Dear Car Talk:

My daughter wants a "classic car" for her first car — e.g., a 1969-'70 Cougar, Maverick or some such thing. I'm not comfortable with her driving an older car, for several reasons:

(1) safety features; (2) gas mileage; and (3) maintenance/fix-up costs. What are your thoughts about a "classic car" for a new driver? Or what newer used car would you recommend? Thanks! — Nancy

Well, years ago, we used to recommend older heaps for new drivers, for several reasons:

1. Safety features.
2. Gas mileage, and
3. Maintenance/fix-up costs.

In the late 1970s and the 1980s, newer cars were smaller, lighter and more fuel-efficient than their predecessors. And we felt that the hulking bulk of older American cars made them somewhat safer for new drivers. Since safety equipment hadn't changed much in that time, we thought the added mass made older cars a bit safer.

And because gas mileage in those old heaps was so lousy, the teenager couldn't

afford to do too much "driving around," which we also thought was a plus.

Same with the maintenance costs. There's nothing safer than a car in the driveway that won't start. The Maverick your daughter has her eye on certainly would fit that description on most days.

But things have changed. Newer cars are incredibly safer. And they have some truly spectacular safety equipment that does, without a doubt, save lives. Newer cars have anti-lock brakes, stability control, front and side air bags, seat-belt pre-tensioners, blind-spot monitors, lane departure warning and, lately, pre-accident warning and automatic braking. Those technologies really do prevent accidents and reduce their severity.

So it's hard to argue for an older car for a brand-new driver these days. New drivers do have accidents. That's a known fact. The Centers for Disease Control and Prevention says that six teenagers a day die in car accidents.

So I think, above all, Nancy, your first duty is to get your kid through childhood -- even if she's mad at you (and me) for saying "no" to the Maverick. At the very least, you want your daughter in a car with air bags and anti-lock brakes. I'd set that as the minimum requirement. So that means going

back no further than the 1990s.

So tell her to refine her search. Let her know you won't consider anything without ABS and air bags. And that you'd give her extra points for finding something with stability control. And see what she comes back with.

I understand that she wants something that's "different." And, frankly, I admire that about her. She's got an artistic personality. She likes things that are interesting, and not the same old Toyota Camry everyone drives. Someday, she'll be a famous artist, and she can have a fleet of old cars. But in the meantime, she's going to have to settle for something a little more utilitarian.

Tell her she can get her Maverick when she graduates from art school. Besides, that'll be what she can afford on her barista's salary at that point.

Good luck, and keep her safe, Nancy.

Dear Car Talk:

I have a 2005 Chrysler 300C with about 95,000 miles and automatic temperature control. On hot days, on trips of 30-45 minutes or more, the fan speed gradually slows down, and if the trip is long enough, the fan will pretty much cease to move any air at all. I've had the fan resistor replaced twice,

and I believe that it is failing again. But before I take it in again, I'm wondering if something else could be causing the problem. — Steve

I think something else is causing the problem, Steve; it doesn't sound like the resistor.

Usually, if the resistor burns out, you get either one speed (high), or no speeds (all of the other settings). The resistor is what allows the fan switch to give you three or four different speeds, by varying the amount of power that gets sent to the fan motor. If it's just slowing down over time, it's much more likely that your fan motor is dying.

I'm surprised it hasn't blown the fuse yet. Usually, if the fan motor is dragging, that'll create a lot of resistance. Then the current draw will go way up and the fuse will blow. That may be the next thing you notice, Steve.

A less-likely possibility is that a faulty blend door is slowly closing and not allowing the air to blow into the passenger compartment. But a fan motor would be my first guess.

Ask your shop to put an ammeter in the circuit and see how many amps the fan is drawing. I'll bet if it has a 20-amp fuse, it's drawing about 19.8 amps. Good luck, Steve.

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ON THE JOB

DANA WHITE

ARCHERY INSTRUCTOR

Dana White is a Level II Certified Archery Instructor based in Manchester. He teaches summer camps and year-round programs throughout the state for kids and adults of all skills levels through his Art of Archery business.

Q: Explain in one sentence what your current job is.

I'm an archery coach for kids and adults.

How long have you worked there?

I've been teaching for over 40 years.

How did you get interested in this field?

When I was young, I had a bow and started shooting. I went out and did some stupid things with it, so that's why I decided I wanted to teach kids how to do it properly, and I started going to classes for it.



Courtesy photo.

What kind of education or training did you need for this job?

My first training was about 45 years ago. I went and took an instructors course down in Massachusetts. I had been teaching for four or five years without [certification]. At that time, people didn't pay much attention to [certification], but I decided that I needed more information about it. When I started getting more into it, I decided to get my Level I and II in archery instruction.



How did you find your current job?

I wanted kids to learn archery, so I started up the business. It was called White Shooting at first, but my wife decided it was too far down on the list, so she thought of Art of Archery.

What's the best piece of work-related advice anyone's ever given you?

Usually I give all the advice. ... Some of [my advice] is, to be able to work with other people you have to be focused and teach them how to focus. Don't raise your voice at them; just bring the subject to them over and over until they learn it.

What do you wish you'd known at the beginning of your career?

I wish I had known a bit more [about archery] when I was younger, and I wish I had had someone to teach me.

What is your typical at-work uniform?

I have a shirt with my "Art of Archery" logo on it, and then just regular pants and sneakers.

What was the first job you ever had?

I started working with small jobs like any regular kid, mowing lawns and things like that. — Angie Sykeny 🍌

Five favorites

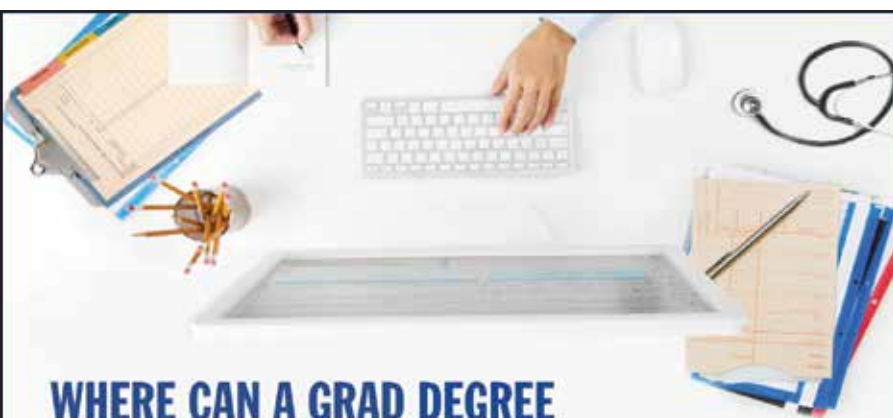
Favorite book: I'm not really a book person.

Favorite movie: I don't have a favorite movie, but I like to watch Discovery programs.

Favorite type of music or musician: Country and western

Favorite food: Turkey

Favorite thing about NH: The seasons



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News from the local food scene

By Allie Ginwala
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FOOD

VegFest returns

Annual festival highlights vegan culture

By Allie Ginwala
aginwala@hippopress.com

Find out what it's like living an animal product-free life or exactly what seitan is at the fourth annual NH VegFest in Manchester on Saturday, May 7.

The "celebration of food and life" will be held at Manchester Community College, featuring food, live music and educational sessions throughout the day.

Event founders Kathy DesRoches and Norma Koski (owner of Susty's Cafe in Northwood) had been to a number of vegetarian and vegan festivals in neighboring states before deciding New Hampshire needed one of its own.

"I was brainstorming with Norma one day and saying [that] we should have a VegFest here in New Hampshire and said, 'Why don't we do this together?'" DesRoches said.

Though VegFest showcases all aspects of an animal product-free lifestyle, you don't have to be a vegan or vegetarian to attend. DesRoches said anyone who's considering making a change or even those who are simply curious are welcome to come out.

"It's an opportunity to learn what it means to be vegan, how you can be a healthy vegan," she said. "We're having a sprouting class and a class on fermenting foods [and] we've had them on how to travel, so a variety of courses."

She hopes that this festival will help dispel some of the myths about what a vegan lifestyle is and why people choose it, that it's more than just a dietary or health choice.

One of the main features DesRoches and Koski had in mind when they designed NH VegFest was to make sure it stayed local and low-key.

"[NH VegFest] is more of a people-to-people network instead of corporate," Koski said. "I used to do Boston VegFest ... and it got so big ... wall-to-wall people all going around and getting more frenzied and people wanting to get in and get samples."

Trying to avoid that hectic setting, NH VegFest is smaller, including only local people and businesses so it's easier for guests to network with one another and find

NH VegFest

When: Saturday, May 7, from 9 a.m. to 3 p.m.

Where: Manchester Community College, 1066 Front St., Manchester

Tickets: Free admission

Visit: nhvegfest.com



Enjoy food from vegetarian and vegan vendors at VegFest. Courtesy photo.

out about the vegan and vegetarian resources in their community.

Since no festival would be complete without fun foods to try (not to mention lots of desserts, because "vegans are crazy about desserts," DesRoches said), there will be plenty of food samples and food for purchase from area restaurants and chefs like The Farm Concessions, Willow's Plant-Based Eatery and Susty's Vegetarian Cafe.

"We always bring sandwiches. ... A pesto tomato tofu foccacia bread — that is one of our best things," Koski said. "And tofu sandwiches and seitan, so people can try things they've never heard of."

Introducing people to vegan foods is one of the driving factors of NH VegFest, which DesRoches said purposefully has an educational focus.

"We both believe in being vegan first of all, and a lot of people make decisions without having all the info so we're trying to get as much info out as we can," she said.

"It's a lot easier to take on if you know other people are doing it."

Multiple speakers and instructors will present throughout the day, some focused specifically on diet, like Jennifer Burzycki's talk called "Reversing the Effects of the Standard American Diet" and Mark Dillon's "Simplify Your Path to Plant-Based," while others take on broader foodie discussions like Andy Siver, a vegan farmer, fermenter and homesteader in Maine who will share about growing microgreens, shoots and sprouts and give an introduction to fermentation, and chef Mary Lawrence who will share tips for those transitioning to a vegan diet and give a cooking demo.

The educational aspect reaches further than the nutritional and dietary component of veganism too, with Tim VanOrden's discussion of "A Compassionate Approach to a Plant-Based Diet." Business owner Cayla Mackey will lead "Beyond Food and Vegan Fashion," a look at non-food vegan items and surprising places one might find animal products. DesRoches is looking forward to this discussion in particular, noting that this aspect of veganism may take many people by surprise.

A number of vegan-friendly vendors will set up for the day selling food, clothing and artwork or sharing information, like New

Hampshire Animal Rights, Greater Keene Wildlife Rehab and Sanctuary, Pembroke FitWorks, Rubywater Jewelry and Well on Wheels, to name a few.

"There is music and aromatherapy and places to go and bring kids and we have a food truck coming called The Farm Concessions

from Keene," DesRoches said.

New this year is a vegan drum circle, led by Sandra Koski, which involves learning basic rhythms before playing a few songs and drum circle games. Drum skins are typically made of animal hide, so for this circle guests are asked to bring their own non-animal skin drums or try one of the extras provided.

Live music and vendors' tables will be set up in the main multipurpose room with two classrooms holding the educational sessions throughout the day. People are welcome to stay for the entire day or drop in for a specific workshop and a bite to eat. 🍌

“It's an opportunity to learn what it means to be vegan, how you can be a healthy vegan.”

KATHY DESROCHES

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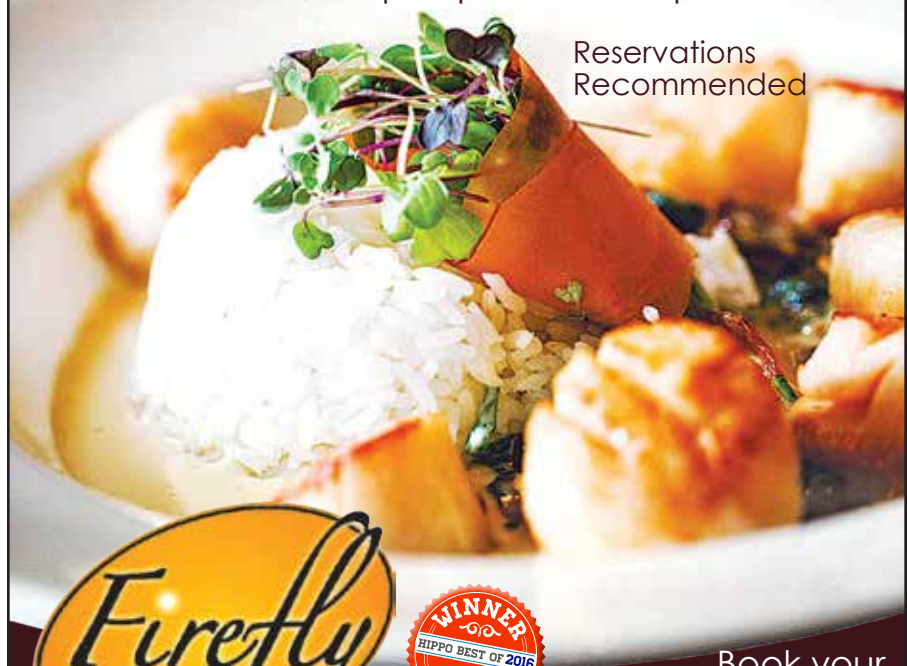
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IN THE KITCHEN

WITH **AIDAN CUNNINGHAM**

For Aidan Cunningham, there's nothing better than working in his Portsmouth kitchen preparing creative seafood dishes. As head chef at Blue Mermaid Island Grill (409 The Hill, Portsmouth, 427-2583, bluemermaid.com) for the past eight years, Cunningham enjoys putting a Caribbean spin on fresh New England seafood like pollock, haddock and cod. Both his parents are chefs, so he spent a lot of time in the kitchen when he was growing up, prior to working in various Seacoast restaurants. Settled among many eateries in Portsmouth, Cunningham uses the "good, healthy competition" that surrounds Blue Mermaid as inspiration to grow and look for fresh ideas.



What is your must-have kitchen item?

I do love a nice KitchenAid mixer, but I guess at the end of the day all you need is a sharp chef's knife.

What would you choose for your last meal?

I would go with a nice roast chicken, gravy, mashed potatoes, green beans. Keep it simple, but one of my favorites.

What is your favorite local eatery besides your own?

The Black Birch [Restaurant] in Kittery — that's tough to beat. That's my favorite spot.

What celebrity would you like to see eating at your restaurant?

I guess as a Caribbean-inspired restaurant it would be cool to have a reggae artist like Damien Marley come in and see how legit we do it.

What is the biggest food trend in New Hampshire right now?

Right now definitely coming back around to just fresh, local, all the way, which is amazing. I love that that's become popular and in right now to have everything local and as fresh as possible because I think that's how it's got to be done.

What is your favorite meal to cook at home?

I like to keep it simple for myself so stir-fry, rice, whatever vegetables grab my eye at the grocery store. Maybe some chicken or pork.

What is your favorite dish on your restaurant's menu?

The plantain-encrusted cod because it's just really, really good.

— Allie Ginwala

Seafood Nam Jim sauce

From the kitchen of Aidan Cunningham
Makes about ½ cup

3-6 Thai chili peppers (use serrano peppers for a slightly milder heat)
5 cloves of garlic

¼ cup chopped cilantro
3 tablespoons fish sauce
4 tablespoons fresh lime juice
1 tablespoon sugar

Combine all ingredients in food processor or blender, mix and serve with your favorite fish.

Food Fairs/festivals/expos

• **MUSIC HALL KITCHEN TOUR** 25th anniversary self-guided tour features modern, historic and waterfront homes. Sat., May 7, from 10 a.m. to 4 p.m. in Portsmouth. Cost is \$27, \$25 for Music Hall members, \$30 for tickets purchased the day of. Visit themusichall.org.
• **ST. PHILIP GREEK FOOD FESTIVAL** Enjoy homemade dolmatoes, spanakopita, pastichio, gyros, marinated lamb and Greek pastries. There will also be Greek music, dancing and vendors. Fri., May 20, and Sat., May 21, from 11 a.m. to 9

p.m. Saint Philip Greek Orthodox Church, 500 West Hollis St., Nashua. Visit stphilipnh.org.
• **TASTE OF DOWNTOWN NASHUA** Annual event pairs retail and dining establishments offering local bites for guests to sample. Wed., June 1, from 6 to 8:30 p.m. Downtown businesses, Nashua. See downtown-nashua.org.
• **A TASTE OF MILFORD** 7th annual celebration of the area's culinary best. Fri., June 3. Downtown Milford. Visit milfordimprovementteam.org.
• **HERB & GARDEN DAY** 7th annual event features herbal educators and seasoned growers

sharing about natural medicine, native plants, organic gardening, permaculture, fermentation and brewing. Sat., June 18. McLane Audubon Center, 84 Silk Farm Road, Concord. Cost is \$35, \$25 until May 18. Visit nhherbalnetwork.wordpress.com.
• **CONCORD MULTICULTURAL FESTIVAL** Celebrate the Concord community's different cultures and heritages with food, music and performances and vendors. Sat., June 25, from 2 to 6 p.m. State House lawn, Concord. See concordnhmulticulturalfestival.org.

Mother's Sunday May 8th Day

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FOOD

Science and food

Discover what's behind that GMO label

By Allie Ginwala
aginwala@hippopress.com

Providing a platform for people to learn more and ask questions about genetically modified foods, Nashua Public Library will host a GMO discussion on Thursday, May 12, at 7 p.m.

Carol Eyman, outreach and community services coordinator for the library, was inspired to bring the current-issue topic to Nashua after hearing about a Massachusetts library that recently held pro-GMO and con-GMO programs.

"I thought that was a good topic that concerns people," she said. "I know it's a controversial topic and I know there's a lot of misconception out there about what it is and exactly how you define it. Allergists have been crossing various gene strains for a long time that don't concern people, but when you say 'genetically modified food' they get very upset."

She reached out to the Northern Essex Community College Speakers' Bureau and found Dr. Mike Cross, a chemistry professor, who will lead the evening's discussion.

"It's a personal interest of mine," Cross said. He has a Ph.D. in organic chemistry and currently teaches chemistry and forensic science at the college.

"My Ph.D. research was modifications to DNA and RNA and unintentional modifications like exposure to radiation. I think it's interesting with the idea of purposeful modification to DNA."

He'll start his PowerPoint presentation with a bit of history and background on the topic of genetic modification, engaging the audience about different products and letting them share opinions before discussing the ramifications and labels like "organic" and "GMO."

"Most people aren't aware that we have been eating GMOs for the past 20 years and a lot of people think it's a new thing. Seventy percent of processed foods we eat are [genetically modified]," he said, giving the example of common ingredients like soy, corn and sugar beets.

"Pretty much every processed food has at least one of those," he said. "We're already eating it so we might as well find out what we're eating."

Cross's goal for the discussion isn't to sell people one way or the other on genetically modified foods, but simply to give them the tools to make their own decision.

"Things get lopsided [in the media] and misinformation is out there ... so [it's] interesting to look at what it is and is



Dr. Mike Cross will discuss genetically modified foods at Nashua Public Library. Courtesy photo.

not and discuss some of the benefits and risks," he said.

Though they don't make a point of it, Eyman said the library will offer discussions and events around "hot button issues" from time to time, like one they hosted previously about stem cell research and one about human trafficking coming up in the fall.

"We hope people see the library as neutral on these topics instead of seeing a presentation sponsored by an industry or an advocacy group," she said.

Both Eyman and Cross noted that while an older demographic tends to come out to the library's Thursday night programming, they expect to see a broader age representation in the audience given the subject's current status.

"It's a good way to get a discussion going ... to give the facts so they can make a better-informed decision, especially now with all the debates about labeling GMOs it's an applicable topic," Cross said.

The talk is free and open to the public, and Eyman recommends coming early to make sure to get a seat. 🍷

GMO discussion

When: Thursday, May 12, from 7 to 8:30 p.m.

Where: Nashua Public Library, 2 Court St., Nashua.

Tickets: Free and open to the public. No registration.

Visit: nashualibrary.org

Celebrate the Seacoast

Toast to the Coast returns to Hampton



Sample bites from Seacoast-area eateries at this year's Toast to the Coast. Courtesy photo.

By Allie Ginwala
aginwala@hippopress.com

Don't miss the chance to explore different tastes from Seacoast-region eateries all in one room as the Hampton Area Chamber of Commerce presents the 14th annual Toast to the Coast on Thursday, May 12, at the Ashworth by the Sea.

"It's just kind of a kick off of the season,"

Ginni McNamara, director of special events for the Hampton Area Chamber of Commerce, said in a phone interview. "It's spring, everybody is [thinking] let's get out of the house, so let's toast the coast."

This year's "tasting gala" features samples from over 30 Seacoast-area vendors, McNamara said, fulfilling the chamber's goal of promoting local restaurants, wineries, breweries, caterers, bakeries and specialty shops.

"We wanted to ... bring them all together to offer a tasting gala as an arena to showcase their restaurants, and beyond that to distilleries and distributors," she said.

Purple Urchin in Hampton, Epoch in Exeter, The Old Salt in Hampton, Smoky Quartz Distillery in Seabrook and Beara Irish Brewing in Portsmouth are among the vendors who will offer a mix of signature favorites and special samples, each hoping to earn the title "Best of Toast to the Coast." A panel of judges will choose a "top chef" winner for the best hors d'oeuvres from the evening's selection, McNamara explained, and a people's choice award for best restaurant and best beverage

distributor will also be given.

Drawing in businesses from a number of towns, the idea is to showcase food and drink throughout the region, making sure that there aren't any duplicate offerings so guests have a wide range of choices.

"We tell them to bring their best, and they usually do bring something that's a fine cuisine," McNamara said.

Sometimes eateries will choose to highlight their newest features, like a number of years ago when the Old Salt brought out its chocolate fountain.

"Now they move on and do other things, so whatever is new and exciting they bring, whatever they want to showcase," she said.

Guests are given a tasting program and a glass, then invited

to "eat, drink and be merry" as they sample from table to table. New this year is the format of the VIP tasting, held an hour before the main event. Instead of enjoying exclusive, top-shelf items in a separate room, they'll have access to the ballroom as vendors will display their finer products for the 100 or so VIP ticket-holders.

"They'll have options for VIP treatment and goody bags, but now have they the ballroom to themselves," she said. 🍷

Toast to the Coast

When: Thursday, May 12, 6:30 to 8:30 p.m.

Where: Ashworth by The Sea, 295 Ocean Blvd., Hampton

Tickets: \$40 advance, \$50 day of, \$60 VIP

Visit: hamptonchamber.com

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Weekly Dish

Continued from page 42

barbecue recipe is the best. Enter your barbecue best at wineingbutchernh.com/bbq for the chance to win prizes. The winning recipe will be featured at Wine'ing Butcher, Canoe and O Steaks & Seafood.

• **Brunch by the vines:** Enjoy Sunday brunch while overlooking the vineyard during Brunch & Bubbles starting for the season on Mother's Day, Sunday, May 8. The popular Flag Hill Winery & Distillery series (297 N. River Road, Lee, flaghill.com) features hand-crafted specialty bloody Marys and sparkling Cayuga. Brunches will be held on June 19, July 17, Aug. 21 and Sept. 25. Email events@flaghill.com or call 659-2949 for reservations.

• **New outlets:** According to a press

release from the New Hampshire Liquor Commission, the newest Liquor and Wine Outlet on Route 104 in New Hampton opened on Thursday, April 28, replacing the outlet on Lake Street in Bristol. "With more wines, more spirits and more than 12,000 square feet of enhanced shopping space, this new store will continue to help NHLC deliver record revenues to the New Hampshire General Fund," NHLC Chairman Joseph Mollica said in the press release. On Thursday, May 12, the outlet on Nashua Road in Londonderry will open its doors. The 15,000-square-foot space will feature temperature-controlled wine cabinets and iPads for perusing inventory and food and wine pairings. 🍷

Mother's Day

• **MOTHER'S DAY BRUNCH** With specials. Call for reservations. Sun., May 8. Daniel's Restaurant, 48 Main St., Henniker. See danielsofhenniker.com.

Chef events/special meals

• **TRIPLE CROWN SERIES CELEBRATION** Kick off spring with a southern celebration of The Kentucky Derby. Enjoy \$1 oysters, snacks and mint juleps. Prizes awarded for most festive hat and themed outfit. Series continues with Preakness and Belmont Stakes celebrations. Sat., May 7; Sat., May 21; Sat., June 11. Row 34, 5 Portwalk Place, Portsmouth. See row34nh.com.

• **BRUNCH & BUBBLES IN THE VINEYARD** Enjoy Sparkling Cayuga and handcrafted specialty Bloody Marys. Sun., May 8, June 19, July 17, Aug. 21, and Sept. 25. Flag Hill Winery & Distillery, 297 N. River Road, Lee. Visit flaghill.com. Call or email for reservations.

• **THE FARMERS DINNER** Partners with The Foundry to honor Robie Farm in Piermont. Featuring a locally-sourced multi-course meal from chefs Matt Provencher and Keith Sarasin. Optional wine pairing available. Sun., May 22, at 5 p.m. The Foundry, 50 Commercial St., Manchester. Tickets cost \$65 per person. See thefarmersdinner.com.

Author events/lectures/book groups

• **CHECK OUT WHAT'S COOKIN' BOOK CLUB** Library cardholders prepare and share recipes from the month's selected cookbook *Indian Cooking Unfolded* by Raghavan Iyer. Sat., May 14, at 11 a.m. Goffstown Public Library, 2 High St., Goffstown. Registration required. Contact sandyw@goffstownlibrary.com. See goffstownlibrary.com.

Church & charity suppers/bake sales

• **SPAGHETTI DINNER & SILENT AUCTION** 80 percent of profit benefits FUMC Food Pantry and Activa-Tree Christian Preschool. Sat., May 7, at 5:30 p.m. First United Methodist Church, 961 Valley St., Manchester. Tickets cost \$5 for adults, \$2 for children. Call 622-8863.

• **MEGA BOOK & BAKE SALE** Offering thousands of hardback and paperback books, DVDs, CDs and puzzles. Grand bake sale includes cupcakes, cookies, brownies, coffee cakes and bread. Coffee is free. Sat., May 7, from 9 a.m. to 4 p.m. Brusch Hall, 36 Main St., Brookline. Kilduff-Wirtanen Legion Post 74, 38 Main St., Brookline. Call 673-7084 (Louise) or 673-1417 (Jodi).

• **ROAST BEEF DINNER** Sat., May 14, at 5:30 p.m. First United Methodist Church, 961 Valley St., Manchester. Tickets cost \$9 for adults, \$5 for ages 5 to 13, free for under 5. Call 622-8863.

• **NASHUA PAL SPORTS DINNER** Fundraiser. Will also recognize PAL of the Year Mike O'Malley, actor/writer/producer. Thurs., June 30, at 6 p.m. Conway Arena, 5 Stadium Drive, Nashua. Cost is \$75 per ticket. See nashuapal.com.

Classes/workshops

• **COUPLES COOKING: VEGETARIAN CINCO DE MAYO** Three hour class teaches how to create a meal from start to finish. Bring tupperware for leftovers. Event is BYOB. Menu includes sweet potato wedges with cheddar and crispy kale, chipotle black bean burgers with mango slaw and strawberry salsa with cinnamon crisps. Thurs., May 5, from 6:30 to 9:30 p.m. The Culinary Playground, 16 Manning Street, Suite 105, Derry. Cost is \$155 per couple. Visit culinary-playground.com.

GROWING FOOD IN SMALL SPACES

Host of Grow it Green and UNH Cooperative Extension agriculture resources educator Margaret Hagen shares space-saving techniques for increasing yields in small garden spaces. Sat., May 7, from 10 to 11:30 a.m. The Fells Historic Estate & Gardens, 456 Route 103A, Newbury. Requested donation \$10. Registration required. Call 763-4789 ext. 3. See thefells.org.

WONDERFUL WORLD OF VEGETABLES

With chef Oonagh Williams. Mon., May 9, from 5 to 8 p.m. Nashua High School North, 8 Titan Way, Nashua. Cost is \$55 for residents, \$75 for non-residents. See nashua.edu. Click "enrichment program" then "registration." Email cookingwithoonagh@yahoo.com with questions.

FRENCH MACARONS

Learn how to make classic French macaron from scratch with ganache filling. Wed., May 11, from 6 to 9 p.m. at Finesse Pastries, 968 Elm St., Manchester. Cost is \$60. Visit finessepastries.com or call 232-6592.

HANDS-ON BAKING

• **CROISSANTS** Learn the tips and tricks for making buttery croissants at home. Wed., May 11, from 6 to 8 p.m. Dancing Lion Chocolate, 917 Elm St., Manchester. Cost is \$65 per person. Visit dancinglion.us. Call 625-4043 for reservations.

BAKING ZEN BROWNIES

Learn to make famous treat with variations, including gluten free. Wed., May 18, from 6 to 8 p.m. Dancing Lion Chocolate, 917 Elm St., Manchester. Cost is \$65 per person. Visit dancinglion.us. Call 625-4043 for reservations.

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Mix and match meals

Being a mom to two toddlers makes life particularly interesting. I am a busy lady but I also laugh a ton. I change a lot of diapers but I also get a million hugs. I hear a lot of squeals and screams but I also hear "I love you" numerous times during the day. It's an intense life, but it's mine and I genuinely love it — except around dinnertime.

Recently, dinner has been stressing me out! I know I am not alone in this. Hard-working people all over this country come home, and the last thing they want to think about is prepping and cooking a meal. It's overwhelming some days.

This week's column is all about saving you time and stress when you come home at dinnertime. Rather than ordering out or whipping up something artificial in the microwave, I



am here to offer you a solution that has been making my life a million times easier during the last few weeks. Rather than focus on one particular fresh ingredient, I am offering you a way to cook a few meals using an array of *only* fresh ingredients. My favorite part about it all is that it is easy. The only dishes I wash are the ones we eat with and my cutting board. The rest is balling up the tin foil.

I am married to a meat and potatoes guy. Luckily, he has branched out significantly since meeting me, but he still lights up when we have some kind of meat, some kind of starch and a vegetable. So when I started piecing together easy meals using that formula, he was on board.

— Allison Willson Dudas

Mix and match meals

Starch + veggies + meat

Starch Options (these go in the oven first to cook):

Potatoes (purple, red, sweet — go crazy), cut into chunks
Carrot strips (cut carrots into thin strips)
Butternut squash (Peel and cut butternut squash into chunks)

Vegetable Options (these go in at the same time as the meat):

Asparagus (cut off bottom of stalks)
Green beans (trim ends)
Brussels sprouts (halve or quarter, depending on size. Note: These should cook the ENTIRE time, so to put them in with the starches.)

Meat Options (these are the ones I've tried, but go ahead and be

adventurous):

Pork chops (I use boneless, avoid very thin)
Salmon fillets
White fish fillets

These instructions are for feeding two people! You may need to use two baking sheets for more.
Preheat oven to 400 degrees and cover a baking sheet in foil. Spray a little olive oil over the foil and layer on your starch. Bake in oven for about 15 minutes. While the starch is baking, prep the veggies and meat. When 15 minutes is up, remove baking sheet and mix up your starch, being sure to move them to one side of your dish. In remaining space, arrange meat and vegetables, lightly coating them in oil. Return to oven and bake for another 13 to 15 minutes. Season as desired. Serve hot and enjoy the lack of cleanup.

May 18, from 6 to 7:30 p.m.
LaBelle Winery, 345 Route 101, Amherst. Cost \$25. Call 672-9898 or visit labellewinery-events.com.

Kids cooking classes & workshops

• **CULINARY CLASS FOR TEENS** Ages 12 to 14 will focus on popular dishes and how to create an entire meal, followed by a family style meal. Thurs., May 5, to May 26, from 5 to 7 p.m. New Heights Community Center, 14 Canterbury Road, Concord. See concordnh.gov.

Drink Beer, wine & liquor dinners

• **WINE DINNER** Join Wine Director Joseph Comforti and special guest Claudio Viberti of Viberti Giovanni for a four course dinner with wine pairings. Fri., May 6, at 6 p.m. at Tuscan Market, 63 Main St., Salem. Cost is \$150 per person. Reservations required. Visit tuscancanbrands.com.

• **WINE DINNER WITH MICHAEL JORDAN** Master sommelier and certified wine

educator. Wed., May 11, at 6 p.m. Bedford Village Inn, 2 Olde Bedford Way, Bedford. Tickets cost \$95 per person. Call for reservations. See bedfordvillageinn.com.

Beer & wine classes

• **GROWING NH VINES & GRAPES** Part of the Educational Series with vineyard manager Nick Bennion. Thurs., May 5, from 6:30 to 9 p.m. Flag Hill Winery & Distillery, 297 North River Road, Lee. Cost is \$30 per person. Reservations required. Event is 21+. See flaghill.com.

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DRINK

Wine for mom

Gifts to make her day special

By Stefanie Phillips
food@hippopress.com

Moms really like wine. Well, mine does anyway, along with most of my friends who are moms. But what many moms who like wine appreciate more than wine is a thoughtful wine-related gift. Mother's Day is this coming weekend, so if you still need some ideas, this column is for you. If you already have a gift but are looking for something fun to do with your mom this weekend, there are ideas for that, too.

Wine gifts

While a bottle of wine you know mom likes is a great gift, there are many other things you can get instead of, or in addition to this. As a collector of wine accessories and gadgets, here are some of the items I find most useful.

Wine charms are great, because if your family is anything like mine, wine is a staple at get togethers. Even if the wine glasses have different writing on them, it can be tough to remember which one is yours. Add a wine charm and problem solved! Plus, they are kind of fun and come in a variety of themes. I have some that sit around the wine glass stem and some that have little suction cups on them-perfect for stemless glasses.

My boyfriend bought me an automatic wine opener for Christmas and I love it. I never thought of using one before, but not only did it come with a foil cutter (so no more cut fingers!) but it pretty much guarantees an easy opening experience every time.

Cork cages, or cork holders, are another fun gift that also come in a variety of styles. I have a wine barrel one, but my brother and his wife gave my mom one that is a chicken and matches her kitchen. Some people like to collect corks for arts and crafts (because moms love Pinterest), so this keeps them all in one place.

If you can't be with your mom on Mother's Day, you can always purchase a gift certificate, Groupon or LivingSocial deal to use at a later date. Several New Hampshire wineries, as well as wineries in other locations, often use these sites to offer tastings and tours at a reduced rate. Others allow you to purchase gift certificates directly from the winery. Many also carry unique gifts, from glasses and stoppers to T-shirts and other locally made items. If you are set on purchasing a bottle of wine, many wine shops carry unique wines or products with a story. This can add a special touch to the gift.

Wine events

Some New Hampshire wineries are holding special Mother's Day events. **Fulchino**



Wine accessories make good gifts. Stefanie Phillips photo.

Vineyard in Hollis is holding a Mother's Day Brunch on Sunday at 11:30 a.m. complete with wine flight pairings, food and music. Tickets can be purchased online at fulchinovineyard.com. You can also visit their website or Facebook page for a menu and more information.

Jewell Towne Vineyards in South Hampton is holding their annual wine and chocolate pairing on Sunday from noon to 4 p.m. featuring Lindt chocolate. This is a fun way to try their wine with suggested pairings. Every mom gets a flower too! They are also holding a yoga in the vineyard event from 10:30 to 11:30 a.m. Visit jewelltownevineyards.com for more information.

Wine tastings & tours

While not all wineries are holding special Mother's Day events, many are open on weekends for regular tastings and tours. Here in New Hampshire, we now have wineries in locations across the state, so there is bound to be one near you. For a listing of current New Hampshire Winery Association members, visit nhwineryassociation.com, which also contains links to their websites.

If all else fails, I recommend just sharing a glass of wine with mom on Sunday. I realize not everyone is still able to spend time with a mom figure in their life, so I will be thinking of you. But if there is one thing that I have learned, it is that more than gifts, moms really appreciate spending time together, and sipping a glass of wine is a great way to do so. 🍷

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• *Keanu* B+

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MUSIC, BOOKS, GAMES, COMICS, MOVIES, DVDS, TV AND MORE

Ravi Shankar, *In Hollywood, 1971* (Northern Spy Records)



I've met young people who literally do not know who The Beatles were, so an introduction may be in order here. This Indian sitar master (and the father of Norah Jones) is forever emblazoned on the patchwork quilt of 1960s/'70s pop culture after inspiring George Harrison to add sitar to the Beatles track "Norwegian Wood," which later led to Harrison's featuring Shankar in his "Concert for Bangladesh," an event that sought funding for the flood of refugees escaping the country's war-related genocide (this was back when rock stars consistently strove to do something more than help rack up "likes" for corporate brands). This previously unreleased record consists of a set of four "ragas" (song frameworks) spotlighting Shankar's hypnotic, seemingly monotonal wizardry, accompanied only by Alla Rakha on tabla drums and Kamala Chakravarty on the stringed tanpura. It captures a private morning concert held at Shankar's home, where Harrison, who was in attendance, first heard of Shankar's concern over the Bangladesh catastrophe. Thus, aside from being a prime example of Shankar's improvisational skill, it's as well a part of history (sales of the live *Concert for Bangladesh* album and DVD still benefit UNICEF to this day). A+ — *Eric W. Saeger*

Cult of Luna and Julie Christmas, *Mariner* (Indie Recordings)



The last time I really checked in with Swedish noise-metal quintet CoL was way back in 2006, upon their *Some-where Along the Highway* LP, which left me intrigued to some extent, mainly due to their obviously being the best act on the Earache Records roster. While those guys were trudging their way through the Aughts, sympatico Brooklyn singer Julie Christmas tried to make a few albums happen with the band Made Out of Babies, then went solo/hired-gun, contributing to projects involving Dayton, Ohio's beloved Mouth of the Architect and members of Dillinger Escape Plan. She thus became a metal-version prototype of Zola Jesus in that right, and is found here contributing to several new tunes from Cult of Luna, whose direction hasn't changed much. Like a vision of Neurosis doofing around with Birthday Massacre, these things swirl around like an acid fog, Christmas's borderline-dance-pop sing-song lines adding a very welcome fragility to all the doom and despair. I dunno, I personally couldn't think of any better way to do this kind of thing. A — *Eric W. Saeger*

PLAYLIST

A seriously abridged compendium of recent and future CD releases

• And so begins the jumble of summer releases, for your car, when you drive to the mountains or the beach. We begin this exercise with Louisiana-born wingnut **Julianna Barwick**, who's received mad props and whatnot for her experimental style. She's sort of like a cross between Nels Cline's guitar and Enya, except crazy, making vocal loops out of simple beginnings, all of which may hypnotize iguanas or something, nobody knows. Her new album, *Will*, spotlights the de facto single "Nebula," its vocal loop a slow, dreamy chamber-pop sample with some synth cheese. My iguana went out to smoke a butt, so I can't report on its efficacy.

• In aging 1980s idols news, **Cyndi Lauper** used to be the spazziest of the spazzy, hanging out with wrestling's Lou Albano, appearing in random movies as "New Wave chick" and making Jay Leno pretend to laugh at her monkeyshines. But (all together now) she's old now and has to consider that teenagers have no interest in seeing her jump around like a chimp on angel dust, so obviously the best move is toward the country and western space, thus we have *Detour*, her new album, made of country covers such as Skeeter Davis's "End of the World," stuff like that. Guest appearances from Willie Nelson, Vince Gill and Emmylou Harris will convince a few people that this move toward country was inspired by a newfound love for the genre on Lauper's part, whereas the rest of us will automatically keep flipping down the Spotify list.

• 1990s grunge-pop heroes **Goo Goo Dolls** have always been easy on the stomach of just about anybody who can tolerate decent music, so they were approved to make more albums by the American Medical Association. *Boxes* is their 11th album, so let's go check out the single "Over & Over." Hmph, starts out like U2, then changes to 2000s indie, and then the hook is a stadium stomper. You'll like it after the first listen. Don't you wish more bands enjoyed making good songs?

• Folk-rock lady **Mary Chapin Carpenter** releases *The Things That We Are Made Of*, her 13th. Like most of her stuff, the single "Map of My Heart" is a jangly, breezy ditty that doesn't get all uppity like Melissa Etheridge but in the meantime doesn't really go anywhere. It's nice but doesn't really deliver anything other than niceness. Does that elicit Pavlovian responses with you people? I hesitate to guess. — *Eric W. Saeger*

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15 years of fandom

Suit up for Free Comic Book Day

By Kelly Sennott
ksennott@hippopress.com

New Hampshire takes Free Comic Book Day pretty seriously.

The national holiday for comic book lovers of all stripes — from the occasional fan of the Marvel movies to the longtime collector who has issues still in plastic sleeves — is this Saturday, May 7, just in time for a superhero movie release (*Captain America: Civil War*). On this day, bookstores across the country purchase one-day-only FCBD titles and give them away to customers, making it the perfect opportunity to either try comics, or try new comics, at no cost.

The event turns 15 this year, and New Hampshire stores are still finding growing crowds. Some event attendees experience the day like a tour, stopping at each of the state's participating locations and picking up comic books like candy on Halloween. Others camp out at the businesses throwing the biggest parties — which, in New Hampshire's case, are Double Midnight Comics in Manchester and Jetpack Comics in Rochester.

Double Midnight co-owner Brett Parker said he sees thousands at the store every FCBD, hundreds who dress in cosplay. Some comic-lovers will stop at both the Manchester and Concord locations that weekend for the stores' free comics, enormous costume



Two cosplayers at last year's Free Comic Book Day at Double Midnight Comics. Courtesy photo.

contest with \$2,000 in prizes, raffles, door prizes and local artists showing their work and drawing live. Some people, he said, camp out the night before, bringing along a table and busting out *Dungeons & Dragons*, *Magic the Gathering* or *Settlers of Catan* to pass the time until morning, when the first 100 in line get their winnings: packages of comics.

"It's definitely become an entity unto itself," Parker said. "Every year gets bigger and bigger. ... The first year we ordered 54 ▶

Get your comic fix

- **Double Midnight Comics**, 245 Maple St., Manchester, 669-9636, and 67 S. Main St., Concord, 669-9636; visits by guest artists Andy Price, Robbins Studios, Zeke Savory, Amanda Howlett, Wicked Little Studio, Hamiltions, Dennis Burke, Jason Casey, Scott Ambruson, Nicole Hansche and Emily Drouin; huge costume contest with more than \$2,000 in prizes; raffles; door prizes to the first 100 people
- **Jetpack Comics**, 37 N. Main St., Rochester, 330-9636, jetpackcomics.com; most events will be at the Governor's Inn Hotel, 78 Wakefield St., Rochester, but this event also includes a downtown scavenger hunt, with a map available online, a costume contest with \$1,200 in prizes, and visiting artists Georgia Ball, Matt Frank, Jeremy Robinson, Jeffrey Kline, Matt Talbot, Thomas Sniegowski, Bob Raymond, Rich Wooddall, Jennifer Omand, Randy Buccini and writers Greg Bastianelli, James Moore, Tyler James and more than a dozen other creators
- **Collectibles Unlimited**, 25 South St., Concord, 228-3712, collectiblesunlimited.biz
- **Newbury Comics**, 777 S. Willow Plaza, Manchester, 624-2842; and 436 S. Broadway, Salem, 890-1380; 293 DW Highway, Nashua, 888-0720

- **NeonBomb**, 710 Somerville St., Manchester, 505-8098, coloring contest for the kids, costume contest

- **Merrymac Games and Comics**, 550 DW Highway, Merrimack, 420-8161; Comic book artist signing with Ed McGuinness (*Spiderman*, *Deadpool*), Elias Chatzoudis (*IDW*), Christopher Uminga (*Living Dead*, *Ghostbusters*) and Adam Hughes

- **Pop Culture**, 66 Rte 27, Raymond, 244-1850

- **The Comic Store**, 115 Northeastern Blvd., Nashua, 881-4855

- **Nex-Gen Comics**, 122 Bridge St., Unit 3, Pelham, 751-8195

- **Chris's Cards & Comics**, 341 S. Broadway, Salem, 898-4151, and 919 Lafayette Road, Route 1, Seabrook, 474-2283, cosplay artist Harley Quinn will greet customers

- **Stairway to Heaven Comics**, 105 Gosling Road, Newington, 319-6134, comic book artist Katie McMahon will demonstrate her craft

- **Krypton Pop Culture Emporium**, 103 Water St., Exeter, 997-2107, includes cosplay visits and will be accompanied by town-wide event Exeter Kids' Day on May 7

See all participating stores at freecomickbookday.com, which also contains a list of the comics available and more details on the event.

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...53 [FCBD Comics], we had a bunch of extras. Every year, even though we bump it up, we're left with less and less. ... Last year, we went through just about everything. People are taking advantage of the free goodness."

Ralph DiBernardo of Jetpack Comics said the Rochester shop will have, in addition to the 50 FCBD titles available that day, 500 free comic titles the store has been collecting all year long. Staff there involve the entire city in FCBD, with downtown businesses participating in a sort of scavenger hunt.

New in Rochester this year is a costume contest with about \$1,200 in cash prizes. DiBernardo said event-goers may catch glimpses of Deadpool, Superman, Batman, Hellboy, Wonder Woman, Thor and Captain America, and, for the first time ever, Fiammetta, the new Jetpack Comic character/mascot, whose name means "Fiery One" in Italian. She has red hair and is dressed like a World War II fighter pilot with a jetpack backpack.

Ariel Case will dress as Fiammetta. The regular cosplayer approached the shop about six months ago with the idea of creating a Jetpack character and an online cosplay community centered about the shop. Thanks to her, the business is now a hub for cosplayers, with regular workshops on costume sewing and prop building.

"People who do the cosplay competitions

are very passionate about it and spend a lot of time, effort and money to show off their looks," DiBernardo said via phone. "We'll have a completely new crowd here this year."

The comic store moved the main event to an indoor-outdoor venue at the Governor's Inn, which is also where its after party happens.

"Normally Jetpack is one of the stops on the scavenger hunt, and sometimes there's a three- to four-hour wait to get in. We're opening a second location just to handle Free Comic Book Day. It's three doors down from us, and we're unofficially calling it the Free Comic Book Day Store," DiBernardo said.

Staff have been busy getting ready, to say the least; there were so many people planning to stay at the Governor's Inn for the event, DiBernardo had to arrange for overflow guests at the Holiday Inn a couple miles down the street. A week before the big day, the website went down thanks to overuse.

Rochester isn't the only town rallying around the event. Owner of Krypton Pop Culture Emporium Joe Galvin said 2015 was the first time the store participated, and it was so successful the whole town's holding its inaugural Exeter Kids' Day from noon to 4 p.m. at Founder's Park, with free admission to the American Independence Museum, a Touch-a-Truck event at Swasey Parkway and demos by the New Hampshire State Police Canine Unit, a magician and a juggler.

"It brings in so many different types of people, and some who haven't read comics in a long time. So it's just terrific to ... be able to bring more exposure to the great media of storytelling that is comics," Brad Gile, owner of Stairway to Heaven Comics, said.

Comics to look out for

We asked the state's comic book people which limited-time, one-day-only titles they were most excited to hand out. You can see all the titles at freecomicbookday.com, which also includes free preview downloads.

- Archie #1 FCBD 2016 Edition #1
- Sonic Sampler FCBD 2016 Edition
- DC Super Hero Girls #1 FCBD 2016 Edition
- Con Man's Spectrum FCBD 2016 Edition
- One Punch Man/My Hero Academia FCBD 2016 Edition
- Assassin's Creed FCBD 2016 Edition
- Avengers #1 FCBD 2016 Edition (Civil War II #1)
- Bob's Burgers FCBD 2016 Edition
- Doctor Who: Four Doctors Special FCBD 2016 Edition
- Grumpy Cat (And Pokey!) Special FCBD 2016 Edition

Captain America: Civil War mini-comic con

At O'Neil Cinemas, Brickyard Square, 24 Calef Highway, Epping, on Thursday, May 5, from 4 to 7 p.m. before the premiere of *Captain America: Civil War*, you can attend a pre-screening party in the company of many area comic book people, including the staff from Double Midnight Comics, Jetpack Comics, Krypton Pop Culture Emporium and Pop Culture. There will be trivia, giveaways and cosplayers; masks, props, face paint and fake weapons will not be permitted in the theater. Thursday screenings that night are at 7 p.m., 7:30 p.m., 8 p.m., 9:30 p.m. and 10:15 p.m. Visit oneilcinemas.com or call 679-3529.

The Toxic Avenger

Jetpack Comics is sponsoring the stage production of *The Toxic Avenger*, which won the Outer Critics Circle Award for Best Off-Broadway Musical, at the Rochester Opera House, 31 Wakefield St., Rochester, with 7:30 p.m. shows Thursdays through Saturdays, May 5 through May 15, and 2 p.m. shows Saturday, May 7; Saturday, May 14; and Sunday, May 15. The musical is a love story that stars an unlikely hero, his beautiful girlfriend, a corrupt mayor and two guys who play everyone else, and at a few shows audiences have a chance to meet Lloyd Kaufman, co-founder of TROMA STUDIOS — on Friday, May 6, at the post-show party at The Garage, 76 Wakefield St., Rochester, and at Free Comic Book Day at the Rochester Opera House. Show tickets are \$18. Visit rochesteroperahouse.com. Call 335-1992.

The Art of X-Ray Reading by Roy Peter Clark (Little, Brown, 2016; 308 pages)

As a writer I am always interested in improving my craft. While I no longer have the time to take classes (I teach them instead), I do have time to read magazines and books on the art of writing. One book recently caught my eye: *The Art of X-Ray Reading*, written by Roy Peter Clark, author of *Writing Tools*, its

subtitle puts it right out there: *How the secrets of 25 great works of literature will improve your writing.*

Notice, the subtitle didn't say "might improve your writing." It said "will." Yeah, sure and my teeth will be whiter in two weeks if I just use a certain brand of toothpaste.

Being the critic and cynic that I am, I said "Game on," bought the book and started reading.

Long story short, this book has improved my writing. Immensely. It's made me pay attention to patterns and symbols in other books, and it's made me realize how much planning needs to go into writing a book.

It shows how intelligent good writers are and how I still have so very, very, much to learn.

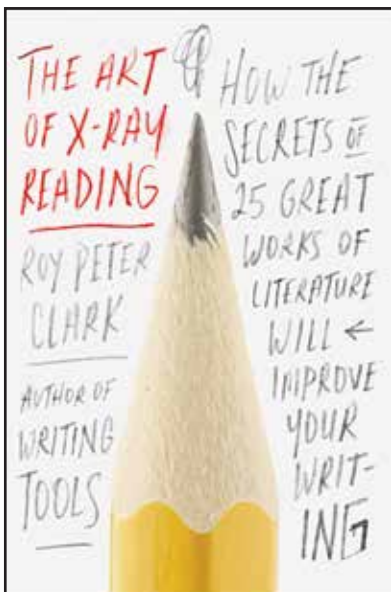
From the introduction:

"Where do writers learn their best moves? They learn them from a technique I call X-ray reading. They read for information or vicarious experiments or pleasure, as we all do. But in their reading, they see something more. It's as if they had a third eye or a pair of X-ray glasses like those advertised years ago in comic books.

"This special vision allows them to see beneath the surface of the text. There they observe the machinery of making meaning, invisible to the rest of us."

Clark takes 25 examples from literature and shows how specific techniques are used to tighten those stories. If you were that kid in high school who actually enjoyed reading *The Scarlet Letter* while the rest of your classmates moaned about it, you are going to love what Clark explains through example.

X-Ray opens a new world into literature. It teaches without being condescending; the author uses a friendly voice while often making modern references. Just



like that V-8 juice commercial, you will find yourself smack-ing your head in amazement more than once. "Holy Cow," you'll say. "How did I not see this when I first read this piece?" Smack.

The first chapter starts off with a bang and x-rays the use of "parts" in *The Great Gatsby*.

We all know about the green light at the end of the dock, but did you know that green lights were mentioned three

times in that book — in the beginning, the middle, and the end? Or that the final scene is filled with symbolism, from the Long Island ferryboat (archetypal symbol of carrying people from one world to another — following of course, Gatsby's murder) to the "blue" grass, which creates a feeling of disconnect (grass is typically described as green) and which emphasizes the "blue blood" of the community. Smack.

Reading Clark's book, which x-rays works like *The Lottery*, *Lolita*, *King Lear*, and *The Grapes of Wrath*, along with looking at the styles of James Joyce, Hemingway, Didion, and Sylvia Plath, is like taking a master writer's class from your armchair.

More than once it had me pulling out my old, dog-eared copies to read the original text in order to see:

1. How I missed it the first time I read the book.
2. How the author did this so seamlessly that I did miss it.

You don't have to be a writer in order to fully appreciate this book. People who enjoy reading books, or even those who like seeing patterns and clues in writing, will find this book mesmerizing. If you are a writer, it will, as the cover states, improve your writing — I have become much more aware of my structure and symbolism.

If you are not a writer, still read it, because if you do, I guarantee that you will never run out of interesting tidbits to bring to a conversation.

Bottom line: This book delivers. It's fascinating, entertaining and well-written and researched. The sometimes hardened cynic in me is now a believer in *X-Ray*'s promise that it "will improve your writing." A+

— Wendy E.N. Thomas

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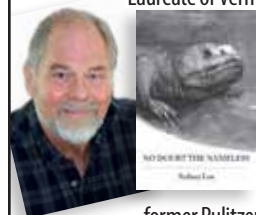
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Meet the Authors!

Wednesday, May 4th • 5:30PM

Sydney Lea

An evening of verse as **Sydney Lea**, former Poet Laureate of Vermont, presents his new book of poetry, *No Doubt the Nameless*.



Lea follows in the tradition of Robert Frost, and is very much a New England writer. A former Pulitzer finalist, a recipient of fellowships from the Rockefeller, Fulbright, and Guggenheim Foundations, Lea was founder and longtime editor of *New England Review*.

Thursday, May 12th • 6:30pm

Sarah Maas

Join Gibson's Bookstore and the Capitol Center for the Arts for an evening of Writers

in the Spotlight, as New York Times bestselling author **Sarah Maas** (Throne of Glass) takes the stage in conversation!



Sarah's new book, *A Court of Mist and Fury*, follows *A Court of Thorns and Roses*, loosely retelling the classic fairy tale Beauty and the Beast.

Sunday, May 22nd • 3pm
Nevada Barr

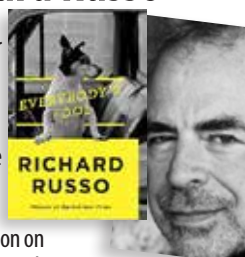
Gibson's Bookstore is so excited to host **Nevada Barr** for her newest Anna Pigeon novel, *Boar Island*! Ms Barr rarely tours the East Coast,



so we jumped on this opportunity to bring her and her best-selling books to her Northeast fans. Her new novel is set in Acadia National Park.

Thursday, May 26th • 7pm
Richard Russo

Richard Russo, winner of the Pulitzer Prize for his novel *Empire Falls*, and a best-selling and beloved author at the very top of his game, joins NHPR's Virginia Prescott in conversation on stage! Richard's new novel now returns to North Bath, in upstate New York, and the characters who made *Nobody's Fool*, his third novel, his first great success.



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THE TOADSTOOL BOOKSHOPS

Jim Lynch

Thu., May 5, 6:30pm



The acclaimed novelist signs *Before The Wind*, about a legendary and eccentric sailing family. Jim's previous books include *The Highest Tide*, *Border Songs*, and *Truth Like the Sun*. Join us for a cervesa.



Imagine Me Gone

by Adam Haslett
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5/7 BY REQUEST 7:30 PM

5/13 WITHOUT PARIS 7:30 PM

5/14 BEYOND THE LIVING 7:30 PM



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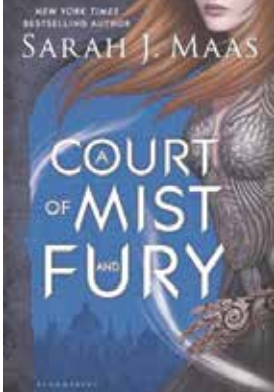
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Book Report



• Teen idol: Bestselling author Sarah J. Maas stops in Concord courtesy of Gibson's Bookstore and the Capitol Center for the Arts next week to talk about her new book, *A Court of Mist and Fury*. There's a reading, stage discussion and signing on Thursday, May 12, at 6:30 p.m., at the Capitol Center, 44 S. Main St., Concord, 225-1111, ccanh.com. Maas has sold more than a million copies in her *Throne of Glass* series. Tickets are \$7 or \$26 for a signed book and ticket (though the book signing is restricted to people who've purchased the book from Gibson's Bookstore). There's a cap of 250. Call 224-0562 or visit gibsonsbkstore.com.

• For readers who love cheap books: This weekend, the Blaisdell Memorial Library, 129 Stage Road, Nottingham, hosts its annual Friends of the Library Book Sale Saturday, May 7, from 9 a.m. to 1 p.m., with hundreds of books and DVDs; call 679-8484 or visit nottinghamlibrary.org. The Friends of the Brookline Public Library also host its Mega Book and Bake Sale this Saturday, May 7, from 9 a.m. to 4 p.m., at Brusch Hall, 36 Main St., and Kilduff-Wirtanen Legion Post 74, 38 Main St. There will be thousands of hardcovers and paperbacks for sale, plus free coffee; call 673-3330 or visit bplnh.weebly.com. If you're busy this weekend, there's another used book sale at MainStreet BookEnds, 16 E. Main St., Warner, on Saturday, May 14, from 9 a.m. to 3 p.m., which will be the store's biggest used book sale ever — take what you wish, pay what you can; call 456-2700 or visit mainstreetbookends.com.

• Productive writers: New Hampshire writers have been hard at work. David Meyer recently released his new novel, *Behemoth*, which is about a survival expert who, after swearing off the wilderness and moving to New York City, returns to the Vallerio Forest to help his ex-girlfriend (davidmeyercreations.com). New Hampshire writer and software engineer Franklin Black and artist Christy Little also recently collaborated for a children's book, *Petey Porcupine Rocks the Sox*, about a porcupine who makes his way to a Red Sox game. — Kelly Sennott

Books

Author Events

• PAUL HERTNEKY Author talks about *Rust Belt Boy: Stories of an American Childhood*. Thurs., May 5, at 6 p.m. Keene Public Library, 60 Winter St., Keene. Call 924-3543.

• JIM LYNCH Author presents new novel, *Before the Wind*. Thurs., May 5, at 6:30 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

• QUINCY WHITNEY Author talks about *American Luthier: Carleen Hutchins -- The Art & Science of the Violin*. Thurs., May 5, at 5:30 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbkstore.com. Events also Fri., May 6, at 8 p.m. Nashua Country Club, 25 Fairway St., Nashua; Sat., May 7, at 2 p.m. Toadstool Bookshop, 12 Depot Square, Peterborough; Mon., May 9, at 7 p.m. Peddler's Daughter, 48 Main St., Nashua; Thurs., May 12, at 7 p.m. Water Street Bookstore, 125 Water St., Exeter; and Sat., May 14, 1-3 p.m. Barnes & Noble, 1741 S. Willow St., Manchester.

• JIM LYNCH Author presents new novel, *Before the Wind*. Thurs., May 5, at 6:30 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

• LOCAL AUTHOR NIGHT Featuring 12 local authors. Panel reads work, answers questions. Participants include Mike Bisceglia, Brad Boucher, Marilyn and Steve Carter, Jeff Deck, Mike Farinola, Suzi Higly-Konopka, Shelby June, Cheryl Lassiter, Cristiane Lima-Scott, Rebecca Matthews, Rustie McDonald, Amy Ray and Dan Sczesny. Tues., May 10, at 6:30 p.m. Hampton Falls Free Library, 7 Drinkwater Road, Hampton Falls. Visit hamptonfallslibrary.org. Call 926-3682.

• ADAM HASLETT Author talks about *Imagine Me Gone*. Tues., May 10, at 6:30 p.m. RiverRun Bookstore, 142 Fleet St., Portsmouth. Call 431-2100. Email info@riverrunbookstore.com.

• BRADY CARLSON Author talks about *Dead Presidents: An American Adventure into the Strange Deaths and Surprising Afterlives of Our Nation's Leaders*. Wed., May 11, at 6:30 p.m. Hooksett Library, 31 Mont St. Marys Way, Hooksett. Visit bradycarlson.com.

• LESLEY STAHL Author talks about *Becoming Grandma: The Joys and Science of New Grandparenting*. Wed., May 11, at 7 p.m. The Music Hall, 28 Chestnut St., Portsmouth. \$13.25, for every 1-2 tickets sold, purchase of book voucher, \$27, required. Call 436-2400. Visit themusichall.org.

• SARAH MAAS Author of *Throne of Glass* and *Court of Thorns and Roses* talks about new book, *Court of Mist and Fury*. Thurs., May 12, at 6:30 p.m. Capitol Center for the Arts, 44 S. Main St., Concord. \$26, includes signed book and ticket; \$7 for ticket only. Visit ccanh.com. Call 225-1111.

• LYNN COLLINS Author talks about *Sperm Tales: An Informative Guide Through the Challenges of Infertility*. Tues., May 12, at 7 p.m. Plaistow Public Library, 85 Main St., Plaistow.

• RICK TAYLOR Author event. Tall tales about walking tour of New England. Thurs., May 12, at 4 p.m. Toadstool Bookshop, 614 Nashua St., Milford. Visit toadbooks.com. Call 673-1734.

• SUSAN STRECKER Author talks about *Nowhere Girl*. Thurs., May 12, at 6:30 p.m. RiverRun Bookstore, 142 Fleet St., Portsmouth. Call 431-2100. Email info@riverrunbookstore.com.

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Keanu (R)

Keegan-Michael Key and Jordan Peele are everyday dorks who have to gangster up in an attempt to save the titular kitten in Keanu, a breezy, silly extended version of what you'd see on any given episode of the sketch show Key & Peele.

Rell (Peele) is deep in a couch/takeout/pot depression cycle over a recent break-up. Clarence (Key) is a suburban dad getting a rare weekend to himself when his wife and daughter go out of town. When Clarence shows up to Rell's house to take his cousin to a movie, he finds that Rell has gotten out of his funk but gone off the deep end over Keanu, a tiny adorable kitten whom Rell tells "I am nothing without you" before he leaves for the movie. When the pair return from the movie (a "Liam Neesons" movie, of course), they find Rell's house ransacked and Keanu gone. Thus begins a quest that takes them first to Rell's pot-dealing neighbor, Hulka (Will Forte), and then to a drug dealer named Cheddar (Method Man). Cheddar works out of a strip club, the initials of which are HPV, and his lieutenant is a woman named Hi-C (Tiffany Haddish), whom Rell starts to fancy, even though he and Clarence are pretending to be the hardcore killers known as the Allentown boys.



Keanu

What we know but Rell and Clarence don't know is that Keanu's original owner was another drug dealer who was gunned down, along with all of his crew, by the mysterious Allentown duo at the beginning of the movie. That duo is still hunting the cat and being hunted themselves. Meanwhile Cheddar is attempting to kickstart the distribution of a new product that's some kind of crack/PCP next-level intoxicant. Because the Allentown boys have such

as bad-ass reputation, Cheddar asks Rell and Clarence, who are calling themselves Tectonic and Shark Tank (I think Rell is Tectonic and Clarence is Shark Tank, though both names are hilariously thought of on the fly), to help out in exchange for giving them the cat. Thus do Rell, who had been making a movie still-themed calendar starring Keanu (but only for personal use) and Clarence, an avid George Michael fan, participate in drug dealing, murder and oth-

er assorted crimes, all for Keanu.

Usually saying that a movie feels like an extended sketch is not a compliment. This movie even makes use of bits — "Liam Neesons," telephone voice altering based on surrounding company — that appeared in *Key & Peele* episodes. But somehow here it all works, or at least it works often enough. Key and Peele have always been good at finding humor in nuance, especially in the nuances of race, relationships, language and socioeconomic position. So even in minor scenes, where the overall action is some goofy part of the gangster plot, the comedy often comes from some smaller piece of the scene — a bit of dialogue or an exchanged look. The pair has crackling comedy chemistry and a good sense of exactly how far to go, how to be goofy but not so goofy it takes us out of the story.

Keanu isn't a tight brick wall of jokes, nor does it have that Judd Apatow "they just let the camera roll" feel. It's loose, easy but with enough structure to keep all the little moments and funny lines together and keep the story moving forward. **B+**

Rated R for violence, language throughout, drug use and sexuality/nudity. Directed by Peter Atencio and written by Jordan Peele and Alex Rubens, Keanu is an hour and 40 minutes long and distributed by Warner Bros.

AT THE MULTIPLEX**Reviewlets**

* Movies worth seeing.

Coming soon

Opens May 6: *Captain America: Civil War* (PG-13) Summer is here! OK, sure, it seems to be colder now than it was at the end of March and nobody wants to put their winter coat away, but inside the movie theater summer begins Friday (or, more accurately, Thursday evening) with Marvel's latest movie, which pits Avenger against Avenger.

In theaters now

***Batman v Superman: Dawn of Justice* (PG-13)**

Ben Affleck, Henry Cavill. The age-old comic book question ("Who would win in a fight?") is not really answered or terribly well-addressed in this dingy downer of a movie that is, I guess, supposed to kick off a whole Avengers-like multiverse of DC characters. On the bright-ish side, Affleck is, on balance, not a terrible Batman. **C-**

***The Boss* (R)**

Melissa McCarthy, Kristen Bell. A merciless editor, a script doctor and more Peter Dinklage — these are some things this shaggy, promising but not-quite-there comedy from McCarthy and her husband Ben Falcone could use. McCarthy plays a *Shark Tank*-like mogul who finds herself penniless after an insider trading conviction. **C**

****Eye in the Sky* (R)**

Helen Mirren, Alan Rickman. In one of his final performances, the late Alan Rickman reminds you why he is so great. Here he plays a British general overseeing an operation in Kenya that quickly hinges on the question of whether or not drones can be used to take out a terrorist who is a British national. Helen Mirren plays the person running the operation in another location while across the globe Kenyans, Americans and other

British officials all play a role. Smart performances, serious subjects and solid storytelling make this a truly worthy movie for grown-ups. **A**

***The Jungle Book* (PG)**

Ben Kingsley, Idris Elba. Loosey-goosey storytelling takes a back seat to the amazing visuals of this "live action" (in the case of the one human, I guess) version of the Rudyard Kipling tale by way of 1967 Disney musical cartoon. This might be the best use

of CGI to create photorealistic animation I've ever seen and is also a top-notch match of voice talent, character and on-screen animal. **A-**

***My Big Fat Greek Wedding 2* (PG-13)**

Nia Vardalos, John Corbett. An unnecessary sequel to 14-year-old rom com, this revisiting of Toula Portokalos stuffs the grape leaves full of plot and characters but doesn't have nearly enough charm. **C**

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Mother's Day

Mother's Day (PG-13)

Various Atlanta-area mothers with various family situations — all of which are a zany disaster! — deal with children, spouses and/or parents in *Mother's Day*, an awful bit of anthology awfulness in the tradition of *Valentine's Day* and *New Year's Eve*.

Legitimately, Bradley (Jason Sudeikis) has a difficult situation. He and his two daughters are facing their first Mother's Day without Bradley's wife/the girls' mom, a military officer who died in some never-explained-by-the-movie military way. But, while that is tough, Bradley's very 1980s-sitcom-dad style of grief and the Greek chorus of gym rat moms (he owns a gym, I guess) pushing him to "get back out there" keeps his story from getting too deep.

Despite the extreme awkwardness of their meet-cute, I think we're supposed to think Bradley has a future with Sandy (Jennifer Aniston), the mom of two boys who has a cordial relationship with her ex-husband Henry (Timothy Olyphant). Or, at least, have a cordial relationship until Henry informs her that he has eloped and is now married to Tina (Shay Mitchell), whose short shorts and use of Twitter inform us that she is a good decade and a half younger than Henry (and Sandy). Now, filled with anxiety and insecurity over this new person in her sons' lives and perhaps a good dollop of sadness that she and her ex really are never ever ever getting back together, Sandy spends the movie, essentially, slipping into rage-inspired madness.

This is unfortunate timing because now is when Sandy is supposed to pitch shopping network star Miranda (Julia Roberts) on letting Sandy do the redesign for Miranda's set (which is a real thing? jobwise?). Miranda happens to be in Atlanta for some contrived reason, which is helpful since that's also where her long-lost daughter Kristin (Britt Robinson) happens to live, though she doesn't know that yet.

Kristin decides to seek out Miranda in part to help her decide whether she wants to mar-

ry Zack (Jack Whitehall), her boyfriend and the father of her child. What does one thing have to do with the other? I have no idea and nor does the movie! But the fact that she has a child allows her to be Mommy and Me friends with Jesse (Kate Hudson). Jesse is happily married to husband Russell (Aasif Mandvi) and together they have a young son, as do her sister Gabi (Sarah Chalke) and Gabi's wife Max (Cameron Esposito). And yet, despite being married and having children, neither sister has told any details of their life to their parents, Flo (Margo Martindale) and Earl (Robert Pine), who are vintage, never-removed-from-box bigot robots fresh from the discount character bin at Clichemart.

I'm not sure what makes this movie more hateable, the hacky one-dimensional characters of Flo and Earl or the fact that everybody appears to be living in the same home design catalog. Or perhaps it's the fact that we're supposed to weep for a woman whose great suffering is that she and her ex-husband never went to Paris. Maybe the movie's biggest sin is that actors with genuine chops — Roberts, Martindale, Olyphant and I'd even include Aniston — are used so terribly. There is a lot to dislike about a movie where most of the problems are ridiculous and everybody responds to situations as though they learned how humans act solely from watching episodes of *Three's Company*, but I think my favorite horrible moment is when, during an emotional scene where Bradley has filled the family deck with Mother's Day flowers and balloons, one of the daughters says something like "dad must have used his veteran's discount at Pro Flowers." Ah, yes, what this terrible writing and effort-free acting needed was a product placement. **F**

Rated PG-13 for language and some suggestive material. Directed by Garry Marshall with a screenplay by Tim Hines, Lily Hollander, Anya Kochoff and Matthew Walker, Mother's Day is an hour and 58 minutes long and distributed by Open Road. 🍷

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MOVIES OUTSIDE THE CINEPLEX

RED RIVER THEATRES

11 S. Main St., Concord, 224-4600, redrivertheatres.org
• **Born to Be Blue** (R, 2016)
Thurs., May 5, at 2:10, 5:35 & 7:30 p.m.

• **Food Fight: Inside the Battle For Market Basket** (NR, 2016)
Thurs., May 5, at 2, 5:30 & 7:45 p.m.; Fri., May 6, at 1, 3:20 & 6 p.m.; Sat., May 7, at 1, 3:20 & 6 p.m.; Sun., May 8, at 3 p.m.; Mon., May 9, at 2 & 5:30 p.m.; Tues., May 10, at 2 & 5:30 p.m.; Wed., May 11, at 2 & 5:30 p.m.; Thurs., May 12, at 2 & 5:30 p.m.

• **Miles Ahead** (R, 2016) Thurs., May 5, at 2:05, 5:45 & 8 p.m.; Fri., May 6, at 8:20 p.m.; Sat., May 7, at 8:20 p.m.; Sun., May 8, at 6 p.m.; Mon., May 9, at 7:55 p.m.; Tues., May 10, at 7:55 p.m.; Wed., May 11, at 7:55 p.m.; Thurs., May 12, at 7:55 p.m.

• **Sing Street** (PG-13, 2016) Fri., May 6, at 1:10, 3:35, 6:10 & 8:35 p.m.; Sat., May 7, at 1:10, 3:35, 6:10 & 8:35 p.m.; Sun., May 8, at 1:10, 3:35 & 6:10 p.m.; Mon., May 9, at 2:05, 5:45 & 8 p.m.; Tues., May 10, at 2:05, 5:45 & 8 p.m.; Wed., May 11, at 2:05, 5:45 & 8 p.m.; Thurs., May 12, at 2:05, 5:45 & 8 p.m.

• **City of Gold** (R, 2016) Fri., May 6, at 2, 5:30 & 7:30 p.m.; Sat., May 7, at 2, 5:30 & 7:30 p.m.; Sun., May 8, at 2 & 5:30 p.m.; Mon., May 9, at 2:10 & 7:30 p.m.; Tues., May 10, at 2:10 & 7:30 p.m.; Wed., May 11, at 2:10 & 7:30 p.m.; Thurs., May 12, at 5:30 & 7:30 p.m.

• **Vermeer and Music: The Art of Love and Leisure** Sun., May 8, at 1 p.m., featuring work from the National Gallery, London

• **The Armor of Light** (PG-13, 2015) Tues., May 10, at 6:30 p.m.

WILTON TOWN HALL
40 Main St., Wilton, 654-3456, wiltontownhalltheatre.com

• **Eye in the Sky** (R, 2016) Thurs., May 5, at 7:30 p.m.

• **Trumbo** (R, 2015) Thurs., May 5, at 7:30 p.m.

• **Youth** () Fri., May 6, through Thurs., May 12, at 7:30 p.m. Additional screenings Sun., May 8, at 2 & 4:30 p.m.

• **The Revenant** () Fri., May 6, through Thurs., May 12, at 7:30 p.m.

p.m. Additional screening Sun., May 8, at 2 p.m.

• **The Petrified Forest** (1936) Sat., May 7, at 4:30 p.m., free admission, donations to charity

7:30 p.m.

MANCHESTER CITY LIBRARY
405 Pine St., Manchester, 624-6550, manchester.lib.nh.us

• **5 Flights Up** (PG-13, 2014) Fri., May 6, at 3 p.m.

• **Rocky** (PG, 1976) Wed., May 11, at 1 p.m.

• **Pan** (PG, 2015) Fri., May 13, at 3 p.m.

• **Ant-Man** (PG-13, 2015) Wed., May 18, at 1 p.m.

O'NEIL CINEMAS
24 Calef Highway, Epping, nhstudfilm.com

• **Civil War release party**
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CINEMAGIC
1226 Hooksett Road, Hooksett, 644-4629, cinemagicmovies.com/loc_Hookset.asp

• **Time Chasers** Thurs., May 5, at 8 p.m., and Tues., May 17, at 7:30 p.m.

CINEMAGIC
11 Executive Park Drive, Merrimack, 423-0240, cinemagic-movies.com

• **Time Chasers** Thurs., May 5, at 8 p.m., and Tues., May 17, at 7:30 p.m.

NASHUA PUBLIC LIBRARY
NPL Theater, 2 Court St., Nashua, 589-4611, nashualibrary.org. Call 589-4646 for a movie schedule. Seating is limited. Food and drink are not permitted. Cinema Cabaret screens adult films on Tuesdays at 7 p.m. and the family film series screens on Saturdays at 2 p.m.

• **Matilda** (PG, 1996) Sat., May 7, at 2 p.m.

• **Le Cinema Francais: Il y a Longtemps Que Je T'aime** Tues., May 10, at 3 p.m.

• **Deadpool** (R, 2016) Tues., May 10, at 7 p.m.

• **The Last Mimzy** (PG, 2007) Sat., May 14, at 2 p.m.

• **The Witch** (R, 2015) Tues., May 17, at 7 p.m.

• **The Hunger Games: Mockingjay Part 2** (PG-13, 2015) Wed., May 18, at 2 p.m.

RODGERS MEMORIAL LIBRARY
194 Derry Road, Route 102, Hudson, rogerslibrary.org. 886-6030

• **Cinema Celebration** second Thursday of the month at 6:30 p.m.

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9 Front St., Exeter

• **The Big Parade** (1925) Fri., May 20, at 7 p.m., silent film with musical accompaniment by Jeff Rapsis

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• **Time Chasers** Thurs., May 5, at 8 p.m., and Tues., May 17, at 7:30 p.m.

THE MUSIC HALL
28 Chestnut St., Portsmouth, 436-2400, themusichall.org. Some films are screened at Music Hall Loft, 131 Congress St., Portsmouth

• **The Lady in the Van** (PG-13, 2015) Thurs., May 5, at 7 p.m.; Fri., May 6, at 7 p.m.; Sat., May 7, at 7 p.m.; Tues., May 10, at 7 p.m.; Thurs., May 12, at 7 p.m.

• **City of Gold** (R, 2015) Sun., May 8, at 7 p.m.; Tues., May 10, at 7 p.m.; Wed., May 11, at 7 p.m.; Fri., May 13, at 7 p.m.; Thurs., May 19, at 7 p.m.

THE FLYING MONKEY
39 S. Main St., Plymouth, 536-2551, flyingmonkeynh.com

• **City of Gold** (R, 2015) Thurs., May 5, at 6:30 p.m.

• **Paths to Paradise** (1925) & **Hands Up** (1926) Thurs., May 12, at 6:30 p.m., silent film with musical accompaniment by Jeff Rapsis

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THE ROUND UP

Local music news & events

By Michael Witthaus
mwitthaus@hippopress.com

• **Improv rock:** Though based in Massachusetts, **Way Up South's** compass points to the home of Skynyrd, the Allman Brothers Band and Little Feat — it's right there in the name. The band showcases its latest EP, *Big Sky*, at a Nashua show that also features tasty covers from their musical heroes. The new CD is a jamming affair, recorded live in a bassist's John Brigham's home studio. Go Thursday, May 5, at 8 p.m. at Riverwalk Cafe & Music Bar, 35 Railroad Square, Nashua. See wayupsouth.com.

• **Pitching in:** Fine local music including lauded singer-songwriter **Walker Smith** is complemented by food from three local restaurants, raffle items and an eclectic silent auction, all to benefit the Juvenile Diabetes Research Foundation (JDRF). Rounding out the evening's acoustic talent are Tristan Omand and the duo of Matt Poirer & Mike Sullivan. Go Saturday, May 7, at 6 p.m. at Fun Intelligent Training, 30 Henniker St., Concord. Tickets \$25 (two for \$40). See funintelligenttraining.com.

• **Cheeky two:** With drummer Eric Wagley on hiatus, **Monkeys with Hammers** is now a duo. Chris Lester and Rich Knox can still rock it, though, so the newly named Dos Monkeys is a perfect choice to open the deck at a favorite downtown spot. The outdoor stage will operate through the summer, weather permitting, with live music expanding to seven days a week on Friday the 13th. Go Sunday, May 8, at 6 p.m. at Derryfield Restaurant, 625 Mammoth Road, Manchester, thederryfield.com.

Want more ideas for a fun night out? Check out **Hippo Scout**, available via the Apple App Store, Google Play and online at hipposcout.com.

NITE Moody solo

Justin Hayward brings Stage Door to New Hampshire

By Michael Witthaus
mwitthaus@hippopress.com

In late 1966, the Moody Blues were at a crossroads, soldiering on with two new members after nearly breaking up earlier in the year. The revamped band's first single was "Fly Me High" — a bright, melodic toe-tapper that didn't chart. To mark the song's anniversary, Justin Hayward recently began performing it at his solo shows.

During an interview in March, Hayward noted that most Moodies fans probably don't know the track, which appeared on the box set *Time Traveller* and is atypically poppy for the usually majestic group. "It's interesting to do a song that's under three minutes; we get it up, get it on, and it's over," he said. "It's such an early to mid-'60s thing."

What followed the obscure non-hit, of course, was *Days of Future Passed*; the 1967 album launched a multi-platinum career. Considering that the seminal record's 50th birthday is approaching next year, Hayward was asked if he thought the Rock and Roll Hall of Fame might finally induct the band, righting an injustice in many fans' minds.

"It's interesting the way you put that — it seems to be how you feel," he said with a chuckle. "I don't know; it's subjective ... a bit like 'Fly Me High.' One person's hit is another person's annoying piece of three-minute noise."

He added that continental pride colors his feelings about the U.S. institution.

"I'm English, and there's a little bit of, 'Why should they have a rock and roll hall of fame,



Justin Hayward. Courtesy photo.

anyway?" Why should they choose?" he said. "But the American Moody Blues fans see it is a kind of snub and for their sake, I hope it happens, but I can't see it. They'd be caving in if they gave it to us now. The honest truth is I don't know, but I can't see it happening."

Songs like "Nights in White Satin" and "Tuesday Afternoon" make a strong case for the band, which Hayward — perhaps unintentionally — buttressed with his memories of the album's surprising reception.

"What nobody realized in Europe was that America was turning to FM radio right at the time, and what we were doing was perfect. ... You couldn't have planned it any better," he said. "The Beatles had great recordings but you had the drums on the left and the vocals on the right; it was painfully bad stereo. This was much more interesting. ... It actually put you in the studio with the group."

Days of Future Passed was an accidental masterpiece. The Moody Blues began with orders from their label Decca to pro-

duce a stereo demonstration record aimed at classical music audiophiles. Working with producer Peter Knight, however, they made an orchestral recording using original material. Hayward penned "Nights in White Satin" one night after a gig, under a bit of pressure.

"The other guys were expecting me to write a song," he said. "I sat on the side of the bed and just wrote the first two verses. ... It would have scared me to death if I had known what was going to happen."

"Nights" is arguably the band's most recognizable hit. Oddly, though, it didn't chart in the U.S. until five years later.

"It was an interesting story, but there is a lot of truth in that record — 'Just what you want to be, you'll be in the end' is probably true," Hayward said, adding, "I certainly write letters never meaning to send [them]. I find myself waking up in the night and turning things over in my head; the only way to get back to sleep is to write it down and put it to one side."

Classic rock era musicians seem to be a dwindling tribe; the deaths of David Bowie and Keith Emerson happened days prior to the interview. Hayward gave tribute to Prince recently on his web page, noting he'd mixed a live album at Paisley Park Studios.

He was asked if bands like the Moody Blues are carrying the torch for what's left of his generation and said that a new flock of performers, among them his solo band's guitarist Mike Dawes, keeps him inspired.

"I knew David when we were young; we had a nice friendship that continued, and we had a producer in common in Tony Visconti [and] Keith was just an acquaintance really; it's all really sad," he said. "But there will always be a kid walking down the street with a song in his heart that is really going to turn me on. As people leave, people arrive; I know it's callous, but that is the way it goes. All I've done is have some fun and do what I thought was right, really." 🍷

Justin Hayward

When: Wednesday, May 11, 8 p.m.

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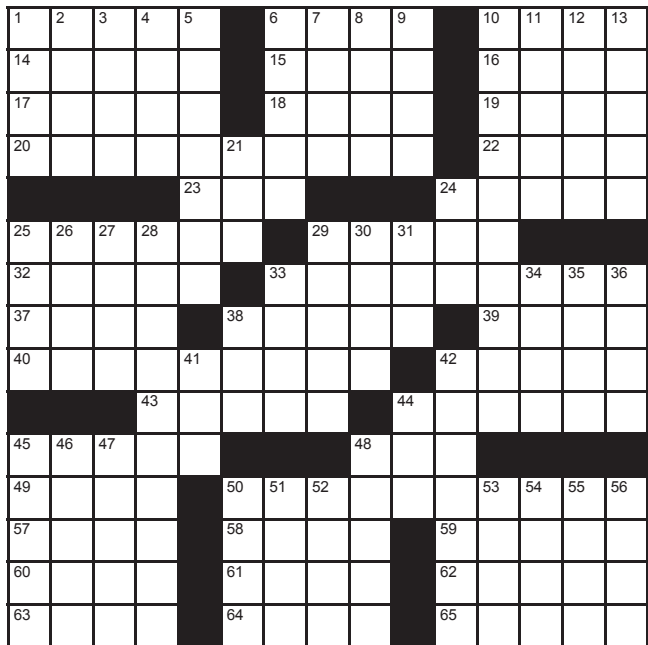
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It starts with a tone

Across

1. Edwin McCain 'Honor ___ Thieves'
6. Eagles have lunch in a 'Sad' one
10. I'd Do Anything for Love (But I Won't Do ___)
14. Variety show
15. '98 Sarah McLachlan smash
16. tATu might use a 'White' one, post-shower

17. Brian Eno w/ Jon Hopkins & Leo Abrahams 'Small ___ On A Milk Sea'
18. English 'The Soul Sessions' singer Stone
19. Peter Cetera "I am ___ who would fight for your honor" (1,3)
20. To learn by oneself is to be this (hyph)
22. Social D 'Story Of My Life' singer



- er Mike
23. Lit 'My ___ Worst Enemy'
24. Pixies '___ Weird' (2,3)
25. '01 Rob Zombie 'Feel ___' (2,4)
29. Sophie B Hawkins '___ Wish I Was Your Lover' (4,1)
32. Compensate wronged musician
33. Citrusy 'Led Zepplin II' song 'The ___' (5,4)
37. If You Could ___ My Mind
38. What second place at battle of the bands does
39. ___ & The Get Down Stay Down
40. British 'Syro' electronic outfit (5,4)
42. Queens Of The Stone Age's Josh
43. Shaun of Black Grape
44. Star turned their calling into this
45. 70s 'Detroit Girls' rockers that love the night sky?
48. Bell ___ DeVoe
49. Lonestar '___ Day Goes By' (3,1)

4/28



50. '93 Harry Connick, Jr. album '___ Now' (7,3)
57. Band w/camaraderie
58. ___ You Look Good On The Dancefloor (1,3)
59. 'Extraordinary Machine' Apple
60. TV theme song that says "I'm gonna learn how to fly!"
61. J Geils 'Must Of Got ___'
62. Semisonic "And you ___ only for me" (3,2)
63. Pedro The Lion 'Suspect ___ The Scene'
64. Ska band ___ Go Bowling
65. What rockers leave for tour

Down

1. Careers have them, perhaps
2. Insignificant New York band?
3. Office of famed Elvis/Nixon pic
4. Glam rockers Enuff Z' ___
5. '05 Train song on Cingular commercial (3,2,2)
6. This Louisiana dance is a jig or one step
7. Jimmy Buffett "You're better off with ___" (1,3)
8. REO's 'You Can Tune A Piano, But You Can't Tuna ___
9. Coast Aerosmith is from
10. Like old-school small, portable radio
11. Bands buy new ones with huge hits
12. What execs throw for #1 band (1,4)
13. Geddy Lee 'The Present ___'

21. Funky Scots (abbr)
24. Tori Amos 'Jamaican ___'
25. She smiled to Hall And Oates
26. 'Smash The Control Machine' band
27. UK indie band ___ & The Whale
28. Not overrated
29. Bordeaux rockers Noir ___
30. Ben Folds Five 'Whatever And Ever ___'
31. Major London nightclub (abbr)
33. Rockpile's Nick
34. Nerf Herder '___', Oh My' (2,2)
35. "I won't tell 'em your ___" Goo Goo Dolls
36. Festival attendee
38. Public Image ___
41. 'What Keeps Me Loving You' band
42. Girls Just Want To ___ (4,3)
44. NY punk 'Can't Wait One Minute More' band
45. Slipknot 'All Hope Is Gone' hit
46. Relating to tones
47. Simple Minds 'Once Upon ___' (1,4)
48. Dickie of Allman Brothers
50. Drum phrase between different sections of a song
51. Instrument in a wind quintet
52. You get some after grueling tour
53. Eddie Vedder song about lift off?
54. Rival bands
55. Troy 'Bet ___' (2,2)
56. 'I Don't Like Mondays' Boomtown ___



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Press Room: Dan Blakeslee
Red Door: Green Lion Crew
Rudi's: Dennis Coraccio
Thirsty Moose: Keepers of The Vibe

Seabrook
Chop Shop: Spent Fuel

Tilton
Rio Burrito: Don Bartenstein
(Open Mic)

Weare
Stark House: Lisa Guyer Solo

Windham
Common Man: Karen Grenier

Friday, May 6
Belmont
Lakes Region Casino: DJ Mark
Shooters Tavern: Eric Grant
Duo

Boscawen
Alan's: Joe McDonald

Claremont
New Socials: Charlie Christos

Concord
Makris: Stuck in Time Band
Pit Road: Hanging Scarlet
Red Blazer: Frenchie Unplugged
Tandy's: DJ Iceman Streetz
(105.5 JYY)
True Brew: Crunchy Western Boys

Derry
Drae: Joel Cage
Hilltop Spot: Chris Lester

Dover
Cara: Club Night w/ DJ
Shawunny O
Dover Brickhouse: MD
Padfield/Scrimmy the Dirtbag/
Radiant Flow
Fury's: Todo Bien
Top of the Chop: Funkadelic
Fridays

Epping
Popovers: Joe Greaney

Gilford
Patrick's: Doug Thompson
Schuster's: Kevin Hackett

Hampton
CR's: Rico Barr Duo
Old Salt: Don Severance
Savory Square: The Last Duo
Wally's Pub: Diezel

Hanover
Canoe: Stuart Ross Johnson
Jesse's: Randy Budner
Salt hill Pub: Club Soda
Skinny Pancake: Brett Hughes

Hillsborough
Turismo: Clavis Brudon Band

Hooksett
Asian Breeze: Brad Bosse

Laconia
Pitman's: Peacheaters (Allman
Brothers Tribute) / Nor'easters

Lebanon
Salt Hill Pub: Bob Rutheford

Londonderry
Coach Stop: Jeff Mrozek

Manchester
City Sports Grille: DJ Dave
Derryfield: Stomping Melvin
Fratello's: Amanda McCarthy
Karma: Mickloud and Thunder
ManchVegas: Colin Axxwell
Midnight Rodeo: Walkin' The
Line (Shriners Rodeo)
Murphy's: Jamsterdam
N'awlins: Acoustic Baza
Penuche's: Fridays With Frydae
Queen's Pub: Dance Hall Epidemic

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Wild Rover: John Ridlon

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Homestead: Tim Gurshin

Milford
Aden China: DJ Brian
J's Tavern: Just Jimmy

Nashua
Agave Azul: DJ K-Wil
Fratello's: Kieran McNally
Haluwa: Double Take
O'Shea's: Alan Roux
Riverwalk Cafe: Slam Kitchen
Stella Blu: Rampage Trio

Newmarket
Stone Church: Strange Machines with Formula 5

Newport
Salt Hill Pub: Jim Hollis

Pittsfield
Main Street: Nicole Knox Murphy

Plaistow
Crow's Nest: Bite the Bullet

Portsmouth
Birdseye Lounge: The Molenes
CD Release Party w/ Kid Coyote
Dolphin Striker: Brick Yard Blues
Fat Belly's: DJ Cootz
Martingale: Fischer Kings
Portsmouth Book & Bar: Kendall Moore Band
Press Room: Le Pigeon, B3 Kings
Ri Ra: 51 Soul
Rudi's: Duke & John Hunter
Thirsty Moose: Emergency Broadcast System

Rochester
Radloff's: Dancing Madly Backwards Duo
Smokey's: Six Feet Over

Seabrook
Chop Shop: Tigerlily

Sunapee
Sunapee Coffeehouse: Woodchuck's Revenge

Weare
Stark House: Delanie Pickering

Saturday, May 7
Belmont
LR Casino: Freddie Partridge & Co.

Boscawen
Alan's: Those Guys

Concord
Penuche's: Cole Robbie Band
Pit Road Lounge: Average Joel
Tandy's: DJ Iceman Streetz
True Brew: Scalawag
Hermanos: Phil Sargent

Dover
Cara: Club Night w/ DJ Shawny O
Fury's: Whiskey Kill

Epping
Tortilla Flat: Chris Gardner

Epsom
Circle 9: Nicole Knox Murphy

Gilford
Patrick's: Corey Brackett
Schuster's: Dan Carter or Kevin Hackett

Goffstown
Village Trestle: Cider Press

Hampton
Community Oven: Mark LaPointe
Savory Square: Mel & John
Wally's Pub: Fortune

Hanover
Canoe Club: Keith Bush

Hudson
Capri Pizza: Actin' Up

Lebanon
Salt Hill Pub: Frydaddy

Londonderry
Coach Stop: Clint LaPointe

Manchester
Bungalow: Jonee Earthquake/
Yelloyuth/Trichomes/Grebes
Derryfield: Soundtrack To Monday
Fratello's: Paul Luff
Jewel: Devil You Know
Karma: Michael Fioretti
ManchVegas: Jimmy's Down
Midnight Rodeo: Haywire (Shriners Rodeo)
Murphy's: By Request
N'awlins: Jared Trio
Penuche's: Romano Project
Queen's Pub: Point of Vu
Shaskeen: Nice & Smooth
Strange Brew: Rosemary's Baby Blues
Whiskey's 20: DJ Hizzy/Shawn White
Wild Rover: D-Comp Duo

Merrimack
Homestead: Brad Bosse
Jade Dragon: Soulmate Band

Milford
Aden China: DJ Brian
J's Tavern: Slakas
Union Coffee: Tyler James Calkin

Nashua
110 Grill: Cam MacMaster
Boston Billiard Club: DJ Anthem Throwback
Fratello's: Amanda Cote
Haluwa: Double Take
Riverwalk: Nick Goumas Quintet
Stella Blu: Wood, Wind, and Whiskey

Newmarket
Stone Church: Badwolf/Queen City Soul + Parsonfield (Late)

Newport
Salt Hill Pub: Conniption Fits

Peterborough
Harlow's: Soul Monde

Plaistow
Crow's Nest: Gone For Days
Racks: Choose Your Power/4X4 Barracuda/Snow Dogs

Portsmouth
Birdseye Lounge: Primate Fiasco/Gang of Thieves
Blue Mermaid: Pete Peterson feat. Brett Man
Dolphin Striker: Jim Dozet Trio
Martingale: Don Campbell & Tom Yoder
Oar House: Don Severance
Portsmouth Book & Bar: Taylor O'Donnell Band
Press Room: Butler Brothers
Ri Ra: Mugsy
Rudi's: Sal And John Hunter
Thirsty Moose: Adam Robinson Band

Raymond
Cork n Keg: Rosie

Rochester
Smokey's Tavern: Steve Tolley

Salem
Barking Bean: Dave LaCroix
Jocelyn's: The Deviant

Seabrook
Chop Shop: Wildside

Tilton
Rio Burrito: Noah Smith

COMEDY THIS WEEK AND BEYOND

Thursday, May 5
Concord
Cap Center: Wayne Brady

Derry
Hilltop Spot: Alana Susko Comedy on Purpose

Friday, May 6
Newmarket
Stone Church: Josh Day hosts

Saturday, May 7
Hudson
Hudson VFW: Drew Dunn/Joey Carroll

Manchester
Headliners: John Valby (Dr. Dirty)

Monday, May 9
Concord
Penuche's: Punchlines

Wednesday, May 11
Manchester
Murphy's: Laugh Free Or Die Open Mic
Shaskeen: Ahmed Bharrucha, Srilatha Rajamani

Merrimack
Pacific Fusion: Comedy on Purpose - Alana Susko



PURPOSEFUL FUN

Join Hooksett Chamber of Commerce for an evening of laughter with Tom Hayes and **Rob Steen** at New England's Tap House Grille (1292 Hooksett Road, Hooksett 782-5137) on Thursday, May 12, 6 p.m. Hayes offers a self-deprecating style mixed with improvisation and audience interaction. Participate in the 50/50 raffle to raise money for the Hooksett Community Food Pantry. Ticket price is \$40 per person, which includes a buffet-style dinner before the comedy show begins. Last year's event a success raised **close to \$500.**

Warner

The Local: The DoBros

Weare

Stark House Tavern: Mikey G

Sunday, May 8

Bedford

Copper Door: Amanda Cote

Concord

Hermanos: State Street Combo

Dover

Cara: Irish Session w/ Carol Coronis & Ramona Connelly

Hanover

Canoe Club: Billy Rosen
Skinny Pancake: Christopher Paul Stelling

Hillsborough

Mama McDonough's: Brad Bosse

Manchester

Derryfield: Dos Monkeys
Murphy's: Brad Bosse
Shaskeen: Rap, Industry night
Strange Brew: Jam

Meredith

Giuseppe's: Open Stage

Nashua

Agave Azul: DJ Roberto
Riverwalk Cafe: Jazz Sunday/
Open Celtic Sessions

Newmarket

Stone Church: Joshua Incident

Portsmouth

Dolphin Striker: Don Severance
Red Door: Trap Night
Ri Ra: Irish Session

Rochester

Radloff's: James McGarvey

Monday, May 9

Concord

Hermanos: State Street Combo

Hanover

Canoe: Marko the Magician
Salt hill Pub: Hootenanny

Manchester

Central Ale: Jonny Friday Duo
Fratello's: Rob Wolfe or Phil Jacques

Merrimack

Homestead: Chris Cavanaugh

Nashua

Agave Azul: DJ Rich Padula
Dolly Shakers: Monday's Muse w Lisa Guyer
Fratello's: Ryan Williamson

Newmarket

Stone Church: Blues Jam w/ Wild Eagles Blues Band

Portsmouth

Dolphin Striker: Old School
Press Room: Mike Effenberger's Weird Turn Pro
Red Door: Hush Hush Sweet Harlot
Ri Ra: Oran Mor

Tuesday, May 10

Concord

Hermanos: Brad Myrick

Dover

Fury's: Tim Theriault and Friends
Sonny's: Soggy Po' Boys

Gilford

Patrick's: Paul Warnick
Schuster's: Jazz Duo

Hanover

Canoe Club: Jonathan Kaplan

Manchester

Fratello's: Kim Riley
Murphy's: Chris Lester
Shaskeen: Brett Wilson
Strange Brew: Ken Budka
Whiskey's 20: Sammy Smoove & DJ Gera

Merrimack

Homestead: Paul Luff

Nashua

Fratello's: Brad Bosse

Newmarket

Stone Church: Crunchy Western Boys (ChickenJam)

Peterborough

Harlow's: Celtic Music Jam

Portsmouth

Dolphin Striker: RC Thomas
Press Room: Jazz Jam w/ Larry Garland & Friends

Seabrook

Chop Shop: Bare Bones

Wednesday, May 11

Concord

Hermanos: Dave Gerard

Dover

Fury's: Red Sky Mary

Gilford

Patrick's: Cody James - Ladies Night
Schuster's: Dan Carter

Hanover

Canoe Club: John Lovejo

Manchester

Fratello's: RC Thomas
N'awlins: Ukeladies

Merrimack

Homestead: Ryan Williamson
Tortilla Flat: MB Padfield

Nashua

Fratello's: Justin Cohn

Plaistow

Racks: DJ Sensations

Portsmouth

Dolphin Striker: Jon Plaza
Press Room: Alex Culbreth
Red Door: Red On Red w/ Evaredy (Ladies Night)
Ri Ra: Erin's Guild
Rudi's: Dimitri

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WEDNESDAY

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THURSDAY

Open Mic • 7pm
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FRIDAY

Dance Hall Epidemic
9pm

SATURDAY

Point of Vu
9pm

SUNDAY

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Verizon Wireless Arena 555 Elm St., Manchester, 644-5000, verizonwirelessarena.com
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- **Mike + Ruthy Band** Thursday, May 5, 8 p.m. Music Hall Loft
- **James Montgomery's Mega Blues Trio** Friday, May 6, 8 p.m. Music Hall
- **Marc Cohn** Friday, May 6, 8 p.m. Tupelo
- **Steve Miller Band** Friday, May 6, 8 p.m. Tsongas Center
- **Chris Isaak** Saturday, May 7, 2 p.m. Lebanon Opera House
- **The Mystix** Saturday, May 7, 8 p.m. Tupelo
- **Ben Folds** Sunday, May 8, 8 p.m. Casino Ballroom
- **A.J. Croce** Sunday, May 8, 7:30 p.m. Music Hall Loft
- **Bob Schneider** Sunday, May 8, 8 p.m. Tupelo
- **Justin Hayward** Wednesday, May 11, 7:30 p.m. Flying Monkey
- **Clint Black** Friday, May 13, 8 p.m. Colonial Theatre
- **Chris Smither** Friday, May 13, 8 p.m. Tupelo
- **Mersey Beatles** Saturday, May 14, 7:30 p.m. Flying Monkey
- **Alejandro Escovedo** Saturday, May 14, 8 p.m. Music Hall Loft
- **Howie Day** Sunday, May 15, 8 p.m. Tupelo
- **The 1975** Wednesday, May 18, 8 p.m. Tsongas Center
- **Keb' Mo'** Thursday, May 19, 7:30 p.m. Music Hall
- **Karla Bonoff** Thursday, May

- 19, 8 p.m. Tupelo
- **Bobby Darin Tribute (CJ Poole)** Friday, May 20, 7:30 p.m. Cap Center
- **Extreme** Friday, May 20, 8 p.m. Casino Ballroom
- **Paula Poundstone** Friday, May 20, 8 p.m. Music Hall
- **Garcia Project** Friday, May 20, 8 p.m. Rochester Opera House
- **Jonathan Edwards** Saturday, May 21, 8 p.m. Tupelo
- **Kevin Griffin (Better Than Ezra)** Sunday, May 22, 8 p.m. Tupelo
- **Joe Bonomassa (also 5/28)** Friday, May 27, 8 p.m. Casino Ballroom
- **Jose & Patti: Neil Diamond and friends** Friday, May 27, 8 p.m. Palace Theatre
- **Johnny A** Saturday, May 28, 8 p.m. Tupelo
- **Howard Jones** Sunday, May 29, 8 p.m. Tupelo
- **Dark Star Orchestra** Friday, June 3, 8 p.m. Casino Ballroom
- **Dierks Bentley/Randy Houser** Friday, June 3, 8 p.m. Meadowbrook
- **Chris Trapper** Friday, June 3, 8 p.m. Music Hall Loft
- **Satellite Paradiso** Friday, June 3, 8 p.m. Tupelo
- **Dark Star Orchestra** Saturday, June 4, 8 p.m. Casino Ballroom
- **Heather Maloney** Saturday,

- June 4, 8 p.m. Music Hall
- **Bela Fleck & the Flecktones** Sunday, June 5, 2 p.m. Lebanon Opera House
- **Carl Palmer's ELP Legacy** Sunday, June 5, 8 p.m. Tupelo
- **Valerie June** Tuesday, June 7, 8 p.m. Music Hall
- **Devon Allman** Thursday, June 9, 8 p.m. Tupelo
- **Patty Griffin** Friday, June 10, 7:30 p.m. Boarding House Park
- **Ringo Starr & His All-Starr Band** Friday, June 10, 8 p.m. Meadowbrook
- **Steven Wright (Comedy)** Friday, June 10, 8 p.m. Music Hall
- **Liz Longley** Friday, June 10, 8 p.m. Tupelo
- **Pink Floyd Laser Spectacular** Friday, June 10, 8 p.m. Stockbridge Theatre
- **Guster** Saturday, June 11, 7:30 p.m. Boarding House Park
- **Lynyrd Skynyrd/Peter Frampton** Saturday, June 11, 8 p.m. Meadowbrook
- **Albert Cummings** Saturday, June 11, 8 p.m. Tupelo
- **Ana Popovic** Sunday, June 12, 8 p.m. Tupelo
- **Kathleen Madigan** Thursday, June 16, 7:30 p.m. Flying Monkey
- **Mary Chapin Carpenter** Friday, June 17, 7:30 p.m. Boarding House Park



SUPER SOLO

Sitting alone on a suitcase in the center of a complex construction of upcycled cookpots, saw blades and broken chairs, Matt Lorenz is artist, tinkerer, tunesmith, swamp yankee; a one-man salvage specialist singing into the hollow of a Dumpster guitar, slipping a broken bottleneck onto the slide finger, railing on a box of twisted forks and bones, rocking till every sound is ragged at its edges, till the house is singing back. This is **The Suitcase Junket**, performing Friday, May 13, 7 p.m. at The Stone Church (5 Granite St., Newmarket). Tickets are \$10/\$12 at stonechurchrocks.com.

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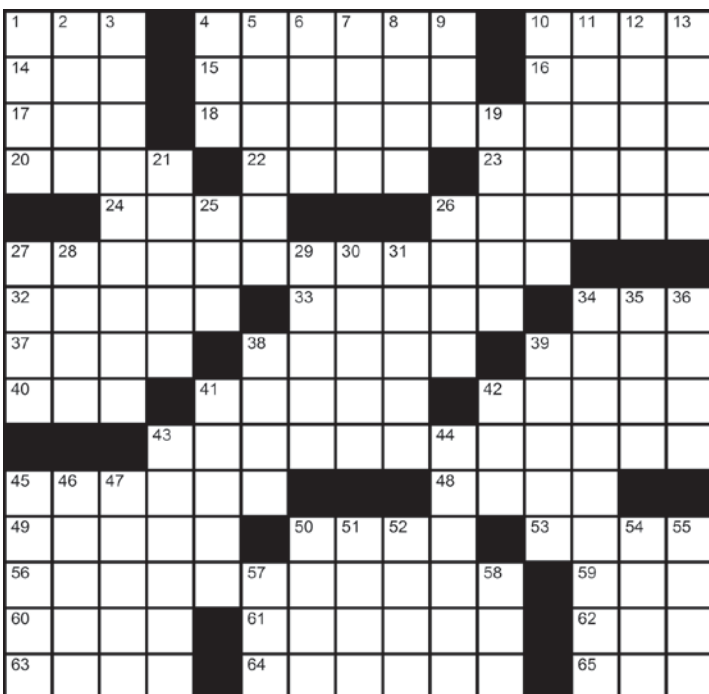
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"Err Guitar" — definitely not a solid instrument

Across

- 1 Hoover, e.g.
4 He came back for a "Big Holiday" in 2016
10 Participates in an auction
14 Roswell craft
15 ___-Lorraine (area in northeast

- France)
16 "A Streetcar Named Desire" director Kazan
17 ___ de mer
18 Veteran Marine, in slang
20 Cold one
22 Corleone patriarch



- 23 A year in Paris
24 Lawsuit
26 Pair with a lot of pull?
27 Spherical treat that comes from a toroid
32 Bowler's place
33 Hockey Hall of Famer Cam
34 Kal Penn's costar John
37 Hitchcock title word
38 ___ au poivre
39 "The Grapes of Wrath" family name
40 Neither's partner
41 Graphics program included with Windows 1.0
42 Carried, as by the wind
43 Sprays some sticky stuff as a prank
45 Answer sharply
48 Plasma particles

4/28



- 49 Not mine, in bucolic comic strips
50 Carpenter's leveler
53 Autocorrect target
56 Poopo or Titicaca, e.g.
59 Empty (of)
60 About, formally
61 "I can't hear you!"
62 Four-color card game
63 King with three daughters
64 John Doe, e.g.
65 Part of rpm

Down

- 1 Like some mistakes
2 In the distance
3 Like some small biological projects?
4 Chum
5 Late hour, for some
6 "Caprica" star Morales
7 Light bulb unit
8 Reverb (and a cliché when a character thinks it's someone else)
9 Ultra-wide shoe size
10 He was associated with the Jets
11 "Mr. Belvedere" actress Graff
12 Vegetable cutter
13 Fermented rice drinks
19 Recover from a setback
21 Final Jeopardy! amount
25 Not forthcoming
26 Eleventh U.S. president
27 "Shoot!"

- 28 It's sold in bars and tubs
29 No later than
30 Pint-sized
31 Events at meets
34 Sweetener under recent scrutiny
35 Install in a gallery, maybe
36 Neruda works
38 Seasonal addition?
39 It usually gets rolled
41 Schroeder's prop
42 ___-country (2010s music genre)
43 Comparatively agile
44 Opportune
45 Emmy-winning title role for Sally Field
46 All's opposite
47 Tony-winning actress McDonald
50 Graceful swimmer
51 Xbox series since 2001
52 "Was ___ inside job?"
54 Maine's state tree
55 Paper factory side effect
57 Ft. Lauderdale locale
58 Aries' animal

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All quotes are from *A Fine Romance*, by Candice Bergen, born May 9, 1946.

Taurus (April 20 – May 20) Each town had a marketplace on a different day. ... The square smelled of cheese, coffee, vegetables spoiling on the ground, the perfume of almonds and coconuts from the macaroons on offer from the bakeries ringing the square. The crowds were so densely packed you could hardly move past the carts. It's a good time to go to the marketplace.

Gemini (May 21 – June 20) Alexandra was a force of nature; when she wasn't weeding in the herb garden, she was in the large family kitchen cooking, which she did brilliantly. She was a natural, instinctive chef, which had a certain appeal for me because I am a natural eater. ... For me, cooking was toasting Parmesan Triscuits in the toaster oven. If you want to eat, someone needs to cook.

Cancer (June 21 – July 22) ... I'd have costume dinners. ... I'd dig out trunks filled with clothes from the 1920s, '30s, and '40s that I'd found in the attic. All dressed up and someplace to go.

Leo (July 23 – Aug. 22) I felt inept, self-conscious, stiff, and untrained amid such fast company. In fact, I was all of that in any company. I rued the time I'd wasted not studying acting. ... I wanted to feel pride in what I did. You might have some catching up to do.

Virgo (Aug. 23 – Sept. 22) The receptionist at the hotel asked me what movie we were doing. "It's a movie about the life of Mahatma Gandhi," I told him. He stared at me. "Is there any singing or dancing in that movie?" he asked. When I said no, he looked disappointed. "Do you not think it would be better with singing and dancing?" Sing and dance.

ing?" Sing and dance.

Libra (Sept. 23 – Oct. 22) I was always on my most grown-up behavior in France. I'd spent a year at finishing school in Switzerland when I was fourteen and made a film in French at twenty, so I was comfortable in the language. My accent was good but my grammar was shaky. Now could be a good time to study grammar.

Scorpio (Oct. 23 – Nov. 21) The pigs were lolling and grunting in the muddy pen right across from the house, but there was always a refinement to things. This week is a mash-up.

Sagittarius (Nov. 22 – Dec. 21) As a neighborhood it was wanting, but it was convenient. You could walk to the theater district, to any museum, and uptown and downtown were equidistant. Go for a walk.

Capricorn (Dec. 22 – Jan. 19) We would go hunting with a truffle-sniffing pig or a dog named Rita; there was always a risk that the pigs would eat the truffles they unearthed. Feed the pig before you go out.

Aquarius (Jan. 20 – Feb. 18) In the cool of the evenings we'd cook dinner and eat outside under the trees and make herb tea from the garden. We were always home for dinners because, for one thing, it was lovely and for another, there was really nowhere to go. Where're you going to go?

Pisces (Feb. 19 – March 20) Meanwhile, I was to go home and stay in bed with my feet up. No activity. That would be interesting, as Louis and I lived in a two-story loft and were having people for dinner that night. No activity? Lots of activity.

Aries (March 21 – April 19) As was the custom, we took our sandals off — in itself an act of courage — and walked barefoot. Everyone was spitting everywhere. Watch where you're stepping.

NITE SUDOKU

Conceptis Sudoku

By Dave Green

1								9
4			2		5			1
		9				4		
	4		9		6		7	
	3		5		1		2	
		1				3		
5			1		8			2
6								4

Difficulty Level ★★★

5/05

SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

4/28

8	9	5	3	2	4	1	6	7
2	1	4	7	6	8	3	9	5
3	6	7	5	9	1	2	4	8
9	4	8	6	1	2	7	5	3
1	3	6	4	7	5	8	2	9
5	7	2	9	8	3	4	1	6
6	8	3	2	4	9	5	7	1
4	5	9	1	3	7	6	8	2
7	2	1	8	5	6	9	3	4

Difficulty Level ★★★

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PATTY GRIFFIN

Saturday, June 11
GUSTER

Friday, June 17
MARY CHAPIN CARPENTER

Saturday, June 18
PETER FRAMPTON

Thursday, June 23
INDIGO GIRLS

Thursday, July 14
LOS LOBOS

Friday, July 15
BRETT DENNEN

Saturday, July 16
**COLIN HAY
OF MEN AT WORK**

Friday, July 22
**ERIC BURDON
& THE ANIMALS
EDGAR WINTER GROUP**

Saturday, July 23
**NEKO CASE, KD LANG
& LAURA VEIRS**

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Friday, August 12
THE LONE BELLOW

Saturday, August 13
DR. DOG

Friday, August 19
**WGBH A CELTIC SOJOURN
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Saturday, August 20
**PETER WOLF
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Thursday, Sept. 1
'WEIRD AL' YANKOVIC

Saturday, Sept. 3
THE B-52's

That's entertainment!

One notably hypersuccessful YouTube channel (700,000 subscribers) features Mr. Lauri Vuohensilta of Finland pulverizing various objects (such as a bowling ball) in a 100-ton hydraulic press. (Said Vuohensilta, "I think it's built into every person the need to destroy something.") That channel is free of charge, but other entrepreneurs have created 24-hour pay-per-month websites and apps offering similarly specialized programming, e.g., "Zombie Go Boom" (actors taking chain saws to things; \$5 a month), "Hungry Monk Yoga" (posing in orange robes while teaching martial arts; \$15 a month), and "Lather Fantasies" (clothed people "excessively shampooing each other's hair"; \$20 a month). (An April Wall Street Journal report noted that the "lather" channel "sounds kinkier than it actually is.")

Recurring themes

(Recent examples of traditional weird news themes repeated over "News of the Weird's" 28 years, along with updates on a few of our favorite characters.)

- Restaurants in Tokyo continue their vigilance for unique, attention-demanding animal themes to attract diners. Eateries showcasing tableside cats, rabbits, owls, hawks and even snakes have tried their hands, with the latest being Harry, offering food and drink and 20 to 30 teacup-size hedgehogs for diners to fondle while awaiting meal service. The equivalent of \$9 brings an hour of cuddling rights.

- Fine Points of the Law: In some states, as News of the Weird has reported, visitors with the barest "right" to occupy property (e.g., invited in for one night but never left) cannot be evicted except by court order, which might take weeks to obtain. In April, owners in Flint, Michigan, and Nampa, Idaho, were outraged that nothing could be done quickly to remove squatters from their vacated houses. (The Nampa squatter produced a "lease" that, though fraudulent, was enough to send the sheriff away.)

- Smooth Getaway: The December burglary of the Halifax bank in Sale, England, drew attention even though the hour was just after midnight because Jamie Keegan and Marc Shelton (both age 33) had tried to haul away an ATM, but it fell out the back of their van, producing calamitous noise (and sparks in the road). (Also, the ATM had an "out of order" sign on it, raising still another question about the efficacy of the crime.) In February the Minshall Street Crown Court sentenced the pair to 40 months each in prison. (Bonus: In court, Shelton helpfully corrected the legal record by reminding officials that the pair's crime was actually

"burglary" and not, as written, "robbery.")

- The most recent suspect to have the bright idea to try biting off his fingertips (to avoid identification) was Kirk Kelly, wanted in Tampa for violating probation and picked up by police in February in Akron, Ohio. While being detained in Akron, he had begun to chew the skin off his fingers. Even if he had succeeded, he was easily identified as Kirk Kelly because of his body tattoos ("Port Tampa" and "813" Tampa's area code).

- More DIY Masters: (1) Randy Velthuisen had lived in the house in Everson, Washington, for 20 years, but in April he accidentally set it afire while attempting to kill weeds with a blowtorch. It was an uninsured total loss. Mused Velthuisen, "It just made downsizing a hell of a lot easier." (2) In January, four units in an apartment house in midtown Detroit were accidentally burned out by a tenant attempting to kill a bedbug that had bitten him. He had tried to light it up, but by the time the flames were extinguished, he was badly burned, his and three adjacent units were uninhabitable, and two dozen others had suffered water damage.

- Funeral directors who mix up bodies (either accidentally or, in some cases, fraudulently) are not uncommon, but Thomas Clock III of Clock Funeral Home at White Lake (Whiteside, Michigan) was charged with a bit more in April. Not only did Clock allegedly fail to bury the ashes of the late Helen Anthony in December (interring an empty box instead), but when the family asked for a specific burial date, Clock allegedly told them that no workers were available and that the family would

have to dig the cemetery plot themselves for which Clock helpfully advised using a "post hole digger." (And they did.)

Updates

- Two News of the Weird All-Time Favorites: (1) Obsessive litigant Jonathan Lee Riches asked a federal court in Billings, Montana, in April to somehow issue a well-meaning "restraining" order against Donald Trump to force Trump out of the presidential race on the ground that he fears assassination. Riches wrote that he loves and adores Trump but suggested as a candidate John McCain (who is "less fiery"). (2) Mr. "Beezow Doo-doo Zoppity-bop-bop-bop," 34, was arrested in January for assaulting an Evergreen State College (Olympia, Washington) police officer. Mr. Zoppitybop-bop-bop (originally, Jeffrey Wilschke) had made News of the Weird several years back with arrests under his new name in Wisconsin and Iowa.

- In April, the Sacramento Bee revealed (from freedom of information requests) that University of California, Davis, officials had spent at least \$175,000 in scarce state higher-education funds merely to attempt to scrub the Internet of references to the notorious 2011 incident in which a campus police officer deliberately pepper-sprayed the faces of restrained, helpless protesters. The public relations venture was part of a campaign by the school's chancellor, Linda Katehi, to rehabilitate her image after cutbacks to academic programs. (Other critics ridicule as futile almost any attempt ever to scrub news from the Internet.)

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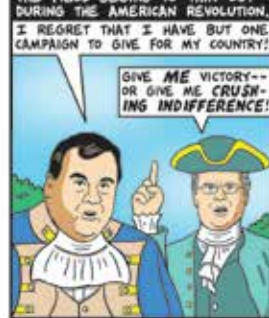
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by TOM TOMORROW



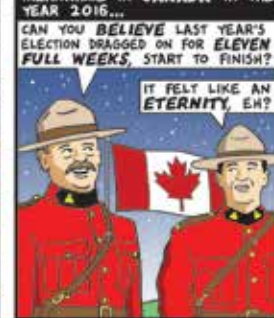
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